



June 9th 2024
10th Sunday of Ordinary
Time

Fr. Henry Email: frhenrys@gmail.com
Hospital Chaplain: Fr. Wieslaw Papuga
Priest on Call: 902-746-8233 (Emergencies and Sacrament of the sick)
Office hours: Monday to Friday from 9:30 am to 1:00 pm
Church email : stambrosemail@gmail.com
Bulletin email: stambrosebulletin1@gmail.com
Tabitha Centre: 902-742-8960
Reconciliation/confession is held on Wednesday after mass from 7:00-8:00

MASS INTENTIONS –June 8th – 16th 2024

St. Ambrose Co-Cathedral (Yarmouth):

Sat. 4 pm Parishioners
Sun. 9am Alcide Landry
Sun. 11:15 am Bernard Bourque
Tues. 6:30 pm Anniv. Donald Moody
Wed. 6:30 pm Special Intentions
Thurs: 9 am Sandy MacKinnon
Fri. 9 am Claude & Elizabeth Robicheau
Sat. 4 pm Frances M. Surette
Sun. 9am Parishioners
Sun. 11:15 am Barb & Greg Deveau

Our Lady of Lourdes (Melbourne):

Sat. 6 pm June 8 Nancy & Enos Jacquard
Sun. 10 am June 16 Adam Surette

REFLECTION: Sincere Repentance “Amen, I say to you, all sins and all blasphemies that people utter will be forgiven them. But whoever blasphemes against the Holy Spirit will never have forgiveness, but is guilty of an everlasting sin.” For they had said, “He has an unclean spirit.” Jesus spoke these words to the crowds who had gathered around His home in Capernaum because two groups of people had just

spoken very critically of Him in a public way. First, some of His extended family arrived and said to everyone, “He is out of his mind.” And then some of the scribes from Jerusalem said, “He is possessed by Beelzebul.” Thus, Jesus states clearly that their blasphemy is a sin against the Holy Spirit and will have everlasting consequences. Why is it that certain sins will never be forgiven? What exactly is a sin against the Holy Spirit? Traditionally, our Church has identified this sin in a couple of ways. First, it is a sin of final impenitence, that is, the sin of obstinately persisting in grave sin. Obstinacy, or the refusal to repent, is a sin that cannot be forgiven, simply because the person committing it never seeks forgiveness. They become so entrenched in their sin that they refuse to change. Thus, the mercy of God is incapable of entering into them. Second, it has also been identified as presumption, meaning a person sins while expecting God to forgive. Presumption is more subtle; however, it also has the effect of keeping a person from the sincere repentance that is needed for forgiveness. The presumptuous person never fully repents and amends their life as long as they remain in their sin. Of all the many sins you struggle with or might struggle with in the future, pay special attention to the sins against the Holy Spirit. Though we should never think we have a right to God’s forgiveness, we must always believe that God’s mercy is so great that the moment we humbly acknowledge our sin and sincerely repent of it, God will forgive. But the key is “sincerity.” In order to be forgiven, the repentance within us must be sincere, authentic, real and complete. We cannot fool God. We can certainly fool ourselves, but not God. One of the best ways to regularly be certain that you are not guilty of any sin against the Holy Spirit is by going to the Sacrament of Confession and confessing your sins with openness, thoroughness and humility. Own your sin. Acknowledge it. Experience sorrow for it. Resolve to change. Then confess it and trust in God’s mercy. Reflect, today, upon any way that you lack sincerity and thoroughness in your repentance from sin. Are you honest with yourself about the sins you have committed? Have you taken ownership of those sins? If so, have you also confessed them to God and firmly resolved never to commit them again?

Take repentance seriously so that you never even begin to fall down the slippery slope that leads to any sin against the Holy Spirit.
Most merciful Lord, You offer forgiveness to all who come to You with humility and sincere sorrow. Please fill me with these virtues and give me the resolve to change as I open myself to Your unfathomable mercy. Jesus, I trust in You.
-My Catholic Life

SAVE THE DATE - Eucharistic Congress: October



18-20, 2024 Archbishop Dunn has invited the faithful of the Archdiocese of Halifax-Yarmouth to pray for the upcoming Eucharistic Congress. The Congress will be an important time in the life of our diocese when all the faithful are invited to gather to pray, learn, and reflect on the gift of the Eucharist. As we prepare for this exciting event, we invite everyone to prayer for the success of the Congress; that the Holy Spirit will guide all our planning and stir the hearts of many of the faithful to come to the Congress. The theme for the Congress is **Communion to Heal the World** If you did not receive your copy of the prayer when you entered the church, please pick one up at the tables in entrance. The website dedicated to all things Eucharistic Congress is www.halifaxyarmouth.org/congress

KNIGHT OF COLUMBUS NEWS: Monthly Meeting:



Tuesday June 11th, all members invited 5:30pm executive meeting, 6:30 supper and 7:30pm general meeting. **4th Degree Meeting** will be on June 18th at 7:00 pm. **Baby Bottle Campaign** is ending on Father’s Day weekend. If you have not picked up your bottle there are spares at the entrance of the church. Thank you for your support!

MASS OF THE ASSUMPTION OF MARY -CHOIR:

Mass of the Assumption of Mary – Choir - We will have a choir during the mass on August 15 as part of the World Acadian Congress 2024. We are looking for interested people. - Mass will take place on Thursday, August 15 at 10:30 a.m. in Ste-Anne Church. - The first practice for the choir will take place on Sunday, June 9 at 6:30 p.m. in Ste-Anne Church. Music will be distributed at practice

and we will sing in parts. Come and celebrate Acadian Day! Information: devillerclayde@gmail.com, 902-740-1338

CATHOLIC SUMMER CAMP: August 4th - 9th at



Johnston Christian Park, South Range, Digby County. \$225.00 early bird fee if registered by June 30th. After this registration will be \$250.00. It’s for youth ages 10 to 14 and you can get a registration form at the Parish office or on the website.

COFFEE SOCIALS: are being held the weekend of



June 29th and 30th. Please note this will take place the last weekend of June for this month only. Come join us for a cup.

QUOTE OF THE WEEK: Do not readily or lightly put



your trust in appearances, but weigh things well, and after testing everything carefully, cling to what is good and reject evil. -St. Gregory of Sinai

DECREE OF NULLITY: "The Archdiocese of Halifax-Yarmouth invites people with questions or concerns about the application for nullity process to contact the Marriage Tribunal Office. The office is open and ready to assist anyone who seeks additional information or guidance in how to begin the process. We can be reached by phone at 902-429-9800 ext. 321 or please visit the "Marriage Tribunal" on the Archdiocesan website www.halifaxyarmouth.org under "Pastoral Services".



Our sympathy is extended to the family and friends of
 Russel Peter Frotten
 Eternal rest grant unto him O Lord and let perpetual light shine upon him.