

**13<sup>th</sup> Sunday in Ordinary Time  
June 29<sup>th</sup> & 30<sup>th</sup>, 2019**

**Pastor:** Fr. Henry Smolenaars  
**Parish Deacon:** Rev. Mr. Stephen Bourque  
**Fr. Henry Email:** frhenrys@gmail.com  
**Office hours:** Monday to Friday  
 from 9:30 am to 1:00 pm  
**Church email :** stambrosemail@gmail.com  
**Bulletin email:** stambrosebulletin1@gmail.com  
**Tabitha Centre:** 902-742-8960

**Reconciliation/confession** is available every Saturday 11 am-noon at St. Ambrose Co-Cathedral.

**MASS INTENTIONS – June 29 – July 7, 2019**

**Sat. 4pm** Narcisse & Freda Surette and Jean Cottreau  
**6pm (Melbourne)** Agnes Doucette

**Sun. 9am** Parishioners  
**11:15am** Anniv. Marie Anita Surette and Anniv. Francis James Robinson

**Mon. No Mass**

**Tues. 6:30pm MASS CANCELLED - 11am Funeral Mass for Evangeline Robicheau, & 2pm for Paula Bishara**

**Wed. 6:30pm** Rosalie Anderson and Marjorie Doucette

**Thur. 9am** Lorraine DeViller and Allan LeBlanc

**Fri. 9am** Well-being of Paul Pryce and Edwin Doucette

**Sat. 4pm** Lee Saulnier and Anniv. Madeline Nixon  
**6pm (Melbourne)** Carl Fitzgerald

**Sun. 9am** Anniv. Genevieve Breen and Anniv. Curits LeBlanc  
**11:15am** Parishioners

**IF YOU WOULD LIKE TO BRING UP THE GIFTS** in the offertory procession at a weekend Mass (if you are a family member of the person the Mass is for) please see the greeters **at least 20 minutes before Mass begins.**

*Please note:* The weekday Mass will be cancelled in the event of a funeral Mass. The Mass intention scheduled for that day will be offered at a later date.

**KNIGHTS OF COLUMBUS NEWS:**

**Monthly meeting-** Tuesday July 9<sup>th</sup>, all members invited  
 6:30pm executives meeting  
 7:00pm general meeting (no supper)



**Food Bank:** Next weekend, June 6<sup>th</sup> & 7<sup>th</sup>, is our turn to support the Yarmouth Food Bank. Nonperishable goods and monetary donations are appreciated.

**ULTREYA:** Please join us for our next Ultreya on Thursday, **July 4<sup>th</sup>** at 7pm in the Marian Hall. Pubnico will be hosting this month. See you there!



**VACATION BIBLE SCHOOL:** **July 15<sup>th</sup>-19<sup>th</sup>** from 9am to noon at the Parish Centre. \$20.00. The registration form is available at the entrance of the church, the parish office and on the website.



**CATHOLIC SUMMER CAMP:** **August 11<sup>th</sup> - 16<sup>th</sup>** at Johnston Christian Park, South Range, Digby County. \$200.00 early bird fee if registered by June 28<sup>th</sup>. After June 28<sup>th</sup>, the registration will be \$225.00. You can get a registration form at the entrance of the church, the parish office or on the website.



**COADJUTOR ARCHBISHOP APPOINTMENT:**

 On Friday, **July 5**, at the 12:15 Mass at Saint Mary's Cathedral Basilica, Bishop Dunn will take office as coadjutor archbishop of our diocese. During Mass he will present his letter of appointment to Archbishop Mancini and his Consultors. This act will make his appointment official. All are invited to join us as we welcome and pray for our Coadjutor Archbishop Brian Dunn. A reception will follow.

**KEEPING CHRIST AT THE CENTER - Spiritual Exercises 2019** with guest speaker Sr. Teresa MacDonald, FOH. **July 17- 19** at St Catherine of Siena Church, on Bayers Rd. Wednesday & Thursday (July 17 & 18) will be full days from 9am - 4pm, including talks, silence, lunch and Mass. Friday (July 19) will go until noon, ending with Mass and lunch together. You're free to attend the whole retreat or just parts of it. Just please indicate in your registration message which



days you'll be with us, so we can be properly prepared for the daily lunches. Registration for the whole retreat is \$30, one day, \$15. Please register online at <https://www.franciscansofhalifax.com/registraion>


**SHOULD YOU CHEW A HOST?** Should you chew the Host when you receive Communion? Last weekend we celebrated Corpus Christi. Recently someone asked me if it was OK to chew the Host they receive. The Church doesn't have a position on whether a Catholic chews the Eucharist or not. The idea you shouldn't chew the host appears to have been the practice of some Catholics before the Second Vatican Council, which is where people are getting the idea that you shouldn't chew. But not chewing has never been required or even officially encouraged by the magisterium of the Church. **What is required by the Church is that Catholics receive communion reverently.** This means bowing before receiving, saying "Amen" in respond to "the Body of Christ," and receiving either on the hand or tongue. This is because the Eucharist is *not* ordinary food and drink but is Jesus Christ himself. - Fr. Henry



**ST. AMBROSE REFUGEE COMMITTEE UPDATE:** The Haj Hassan family have been with us for almost a year and they continue to make progress with their new life in Yarmouth. The children are progressing in school, and the parents are working hard in their English classes as well. Committee members continue to assist in many ways: getting to doctors and dentist appointments, assisting with finances, providing babysitting, helping with driver's license tests, purchasing a family vehicle, assisting with resumes, and job searches. As you may recall, in response to the crisis in Syria, we were originally planning to sponsor two brothers and their families. Hesham's visa was denied, which allowed us to successfully sponsor the Haj Hassan family last year. We just found out that Imad's visa was denied (after a four-year wait.) While this is sad news, it does allow our committee to move forward with sponsoring other refugees. As we move forward, we are excited to announce that we will be sponsoring a family of 5 from Burundi! Burundi is a small, predominantly Christian,

densely populated country in Central-East Africa with many economic and political challenges. About 90% of the population relies on subsistence agriculture. Food shortages, poverty, and a lack of clean water contribute to a 60% chronic malnutrition rate among children. Migration flows into and out of Burundi have consisted overwhelmingly of refugees from violent conflicts. Renewed violence erupting in April 2015, has caused another outpouring of refugees that need help. Our committee has been busy with this rewarding work. We would welcome other parishioners to join us as we begin the process to welcome our new family to Yarmouth. As in the past, we will need help securing and preparing a place for our family to live. We will also need beds and linens. If you have questions, or would like to join our committee with your gifts of time and talent, please phone or E-Mail: (902) 749-0152 [tonydorian@gmail.com](mailto:tonydorian@gmail.com) We also ask that you keep Hesham and Imad and their families in your prayers.



 **QUOTE OF THE WEEK:** Try to keep your soul always in peace and quiet, always ready for whatever our Lord may wish to work in you. It is certainly a higher virtue of the soul, and a greater grace, to be able to enjoy the Lord in different times and different places than in only one. - St. Ignatius of Loyola



9-4  
 © 2008 Bill Keenan, Inc.  
 Dist. by King Features Synd.  
 www.familycircus.com  
 "If God is way up there in Heaven, shouldn't I pray a lot louder?"