



14th Sunday in Ordinary Time July 6th & 7th, 2019

Pastor: Fr. Henry Smolenaars
Parish Deacon: Rev. Mr. Stephen Bourque
Fr. Henry Email: frhenrys@gmail.com

Office hours: Monday to Friday
from 9:30 am to 1:00 pm
Church email : stambrosemail@gmail.com
Bulletin email: stambrosebulletin1@gmail.com
Tabitha Centre: 902-742-8960

Reconciliation/confession is available every Saturday 11 am-noon at St. Ambrose Co-Cathedral.

MASS INTENTIONS – July 6 – July 14, 2019

Sat. 4pm Lee Saulnier and Anniv. Madeline Nixon
6pm (Melbourne) Carl Fitzgerald
Sun. 9am Anniv. Genevieve Breen and Anniv. Curits LeBlanc
11:15am Parishioners
Mon. No Mass
Tues. 6:30pm Anniv. Stanley Bishara Jr. and Special Intentions
Wed. 6:30pm Viola Lombard and Sarah Theriault
Thur. 9am Irmgard Lachapelle and Clifford Saulnier
Fri. NO MASS- 11am Mass at The Meadows
Sat. 4pm Parishioners
6pm (Melbourne) Alfred J. Muise
Sun. 9am Diane Rosati and Helena Quinn
11:15am Madelyn Doucette and Marjorie DeViller

IF YOU WOULD LIKE TO BRING UP THE GIFTS in the offertory procession at a weekend Mass (if you are a family member of the person the Mass is for) please see the greeters **at least 20 minutes before Mass begins.**

Please note: The weekday Mass will be cancelled in the event of a funeral Mass. The Mass intention scheduled for that day will be offered at a later date.

COFFEE SOCIAL: The coffee socials will be held next weekend, **July 13th & 14th** after all of the Masses. Please stop by for some food, coffee and fellowship!



CATHOLIC WOMEN'S LEAGUE NEWS:



It is time to start collecting items for the Barrel of Groceries to bring to our September meeting. You will see ladies selling tickets in the various businesses over the summer months. Our support for the Hospital Hullaballoo. Thank you for your support.

KNIGHTS OF COLUMBUS NEWS:

Monthly meeting- Tuesday July 9th, all members invited
6:30pm executives meeting
7:00pm general meeting (no supper)



Food Bank: This weekend is our turn to support the Yarmouth Food Bank. Nonperishable goods and monetary donations are appreciated.



Knights of Columbus 2181 Ritchie Hubbard Memorial Golf Tournament - Yarmouth Links August 22, 2019 - Mixed Scramble - EVERYONE WELCOME!



Proceeds to assist youth to attend summer camp. See poster at entrance of Saint Ambrose for more information. To Register Call: Dwayne Murphy (902)742-6216 or Yarmouth Links (902)742-2161

KEEPING CHRIST AT THE CENTER - Spiritual Exercises 2019



with guest speaker Sr. Teresa MacDonald, FOH. **July 17- 19** at St Catherine of Siena Church, on Bayers Rd. Wednesday & Thursday (July 17 & 18) will be full days from 9am - 4pm, including talks, silence, lunch and Mass.

Friday (July 19) will go until noon, ending with Mass and lunch together. You're free to attend the whole retreat or just parts of it. Just please indicate in your registration message which days you'll be with us, so we can be properly prepared for the daily lunches. Registration for the whole retreat is \$30, one day, \$15. Please register online at <https://www.franciscansofhalifax.com/registraion>

FOR THE GREATER GLORY OF GOD: Retreat on St. Ignatius of Loyola (Feast day July 31st) - Saturday, July 27, 9am to 12 noon in St. Ambrose Jubilee Room. This retreat reflects on St. Ignatius as a pilgrim seeking the great-



er glory of God and draws out several virtues necessary for our own pilgrimage through life. It looks at how St. John the Baptist, a kindred spirit of St. Ignatius, taught his followers to seek the greater glory of God. It will delve into the examine prayer, a practical tool St. Ignatius warmly recommended in order to see God's action in our own lives, and respond with faith, with hope and with love. No fee or registration. Sponsored by Regnum Christi - Yarmouth. For more information please call Coleen at 902-742-4924.

SAVE THE DATE! Saturday , August 3rd, 9am - 12noon.



A half day retreat open to all parishioners with Retreat Master Fr. Todd Arsenault L.C. starting with Mass upstairs at 9am in the church, followed by the retreat downstairs in the Jubilee Room. Please contact Coleen at 902-742-4924 for any further information.



Our sympathy is extended to the families and friends of Joseph Maclsaac, Margaret Flanagan, Evangeline Robicheau, Paula Bishara and Arthur Cottreau.

Eternal rest grant unto them O Lord and let perpetual light shine upon them.

VACATION BIBLE SCHOOL: July 15th-19th from 9am to noon at the Parish Centre. \$20.00. The registration form is available at the entrance of the church, the parish office and on the website.



CATHOLIC SUMMER CAMP: August 11th - 16th at Johnston Christian Park, South Range, Digby County. \$200.00 early bird fee if registered by June 28th. After June 28th, the registration will be \$225.00. You can get a registration form at the entrance of the church, the parish office or on the website.



SHOULD YOU CHEW A HOST? Should you chew the Host when you receive Communion? Last weekend we celebrated Corpus Christi. Recently someone asked me if it was OK to chew the Host they receive. The Church doesn't have a position on whether a Catholic chews the Eucharist or not. The idea you shouldn't chew the host appears to have been the practice of some Catholics before the Second Vatican Council, which is where people are getting the idea that you shouldn't chew. But not chewing has never been required or even officially encouraged by the magisterium of the Church. **What is required by the Church is that Catholics receive communion reverently.** This means bowing before receiving, saying "Amen" in respond to "the Body of Christ," and receiving either on the hand or tongue. This is because the Eucharist is *not* ordinary food and drink but is Jesus Christ himself. - Fr. Henry

STEUBENVILLE ATLANTIC: This weekend over 500 young people, their chaperones, group leaders, the Steubenville organizing team, as well as a ministry team from Franciscan University in the US will gather for our 13th annual Steubenville Youth Conference in Halifax. Fifteen youth, 5 chaperones and 2 peer leaders will be attending from St. Ambrose parish. Please keep all involved in your prayers as they pray, play, and encounter Christ who wants to assure us all that we Belong. (1 John 3.1)



SACRAMENT OF THE SICK: For those who wish to receive Sacrament of the Sick, just a reminder that I am sometimes not available because I am away. Please remember that you do not need to wait until the last minute. - Fr. Henry



Anointing the sick

QUOTE OF THE WEEK: No matter how good food is, if poison is mixed with it, it may cause the death of those who eat it. So it is with conversation. A single word, an evil action, an unbecoming joke, is often enough to harm one or more listeners, and may later cause them to lose God's grace.



-St. John Bosco