



July 7th 2024
14th Sunday of Ordinary
Time

Pastor: Fr. Henry Smolenaars
Fr. Henry Email: frhenrys@gmail.com
Hospital Chaplain: Fr. Wieslaw Papuga
Priest on Call: 902-746-8233 (Emergencies and Sacrament of the sick)
Office hours: Monday to Friday from 9:30 am to 1:00 pm
Church email : stambrosemail@gmail.com
Bulletin email: stambrosebulletin1@gmail.com
Tabitha Centre: 902-742-8960
Confession/Adoration Wednesday 7:00-8:00

MASS INTENTIONS –July 6th – 14th, 2024

St. Ambrose Co-Cathedral (Yarmouth):

Sat. 4 pm Bob LeFave
 Sun. 9am Parishioners
 Sun. 11:15 am Michael D. Bourque
 Tues. 6:30 pm Donald Baler
 Wed. 6:30 pm Madeline Nixon
 Thurs: 9 am Lucille Deveau
 Fri. 9 am Special Intentions D'Eon Family Reunion
 Sat. 4 pm Fedelis Moulaison
 Sun. 9am Margaret Chisholm
 Sun. 11:15 am Parishioners

Our Lady of Lourdes (Melbourne):

Sun. 10 am July 7 Harvey & Alice Saulnier
 Sun. 10 am July 14 Anniv. Roland Surette

REFLECTION: *Wonder and Awe Before the Eucharist:* While they were eating, he took bread, said the blessing, broke it, gave it to them, and said, "Take it; this is my body." Then he took a cup, gave thanks, and gave it to them, and they all drank from it. He said to them, "This is my blood of the covenant, which will be shed for many." At the holy Mass, as soon as the priest pronounces the words of the consecration, transforming the bread and wine into the Body and Blood, Soul and Divinity of Jesus Christ our Lord, he genuflects, rises, and

then says, "The mystery of faith." What is "the mystery of faith?" Oftentimes, when we say that something is a mystery, we mean that the conclusion is hidden but that there are certain clues to help solve the mystery. And once the mystery is solved, everything is clear and it is no longer a mystery. "The mystery of faith" is much different. Those words are spoken at Mass immediately after the consecration as a way of drawing the faithful into a holy awe and amazement of what just took place. But this mystery can only produce wonder and awe if the reality of what just took place is understood through the gift of faith. Faith is knowing and believing without perceiving the reality before us with our five senses or through logical deduction. In other words, faith produces true knowledge of a spiritual reality that can only be known, understood and believed through spiritual insight. Therefore, if we attend the Mass and have been gifted with the knowledge of faith, then as soon as the consecration of the bread and wine takes place, we will cry out interiorly, "My Lord and my God!" We will know that God the Son is present before us in a veiled way. Our eyes do not perceive, nor do any of our senses reveal to us the great reality before us. We cannot rationally deduce what just took place. Instead, we come to know and believe that the Son of God, the Savior of the World, is now present before us in His fullness, under the veil of mere bread and wine. In addition to the divine presence of our Lord and our God, the entire Mystery of our Redemption is made present. Saint Pope John Paul II tells us that in this moment there is a "oneness in time" that links the *Paschal Mystery*, that is, the Life, Death and Resurrection of Jesus, to every moment that the Eucharist is celebrated and made present through the words of consecration. And that unity between each Mass and the *Paschal Mystery* "leads us to profound amazement and gratitude" (*Ecclesia de Eucharistia*, #5). Do you sense and experience this profound amazement and gratitude each time you attend the Holy Sacrifice of the Mass? Do you realize as you attend the Mass and as the words of consecration are spoken that the entire Mystery of your redemption is made present before you, hidden from your eyes but visible to your soul by faith? Do you understand that it is God the Second Person of the Most Holy Trinity Who descends to us to dwell

with us in that moment of time in this glorious Sacrament? Reflect, today, upon the hidden but real Mystery of Faith. Allow yourself to be drawn into a wonder and awe at what you are privileged to attend. Let your faith in the Most Holy Eucharist grow by being open to a deepening of this gift of faith through spiritual insight and belief. Behold this great Gift of the Eucharist with the eyes of faith and you will be drawn into the wonder and awe that God wants to bestow upon you. *-My Catholic Life*

FOOD BANK: This weekend July 6th & 7th, is our turn to support the Yarmouth Food Bank. Non-perishable goods and monetary donations are appreciated. Knights of Columbus members will be on hand to receive the donations.


EUCHARISTIC CONGRESS: October 18-20, 2024.

Communion to Heal the World
 Leading up to the Congress in October we ask you to pray. Copies of the prayer can be found at the entrance of the church. We are excited to welcome Blessed Carlo Acutis to the Congress! The archdiocese is in the midst of making plans to bring the relics of Blessed Carlo Acutis to Canada in the fall. The relics will play a part of the Youth Night of the Congress on October 17 as well as be available for veneration at different times throughout the Congress. Blessed Carlo Acutis, a Catholic Italian teenager who died from cancer in 2006, was beatified October 10, 2020 in Assisi, Italy. Acutis was a gamer and computer programmer who loved soccer and the Eucharist. Pope Francis referred to Carlo as a model of holiness in a digital age. Carlo's life is an example of how young people can use and enjoy technology, including the internet and social media appropriately while growing in their relationship with Christ. The College of Cardinals voted for the teen's canonization on July 1st. He will be the first millennial to be canonized as a saint. To learn more about the Congress or to register: www.halifaxyarmouth.org/congress2024


ANNUAL CHURCH PICNIC: This year, we are trying something different. We will be having an outdoor mass at 10:00 am on Sunday July 21st at Ellenwood Lake Provincial Park located 1888 Mood Road in

Deerfield. Following this mass will be a barbecue which will be cooked by the Knights of Columbus with the food being supplied by the parish. To do this, we will be canceling both the 9 am and 11:15 am masses at Saint Ambrose that morning. For those who would not like to attend at Ellenwood, there is still the 4:00 pm mass at St. Ambrose on Saturday and the 10:00 am mass on Sunday at Our Lady of Lourdes in Melbourne. There will be sign-up sheets at the entrance of the Church for the next few weeks for those who wish to attend so we know how much food is needed for the Barbecue. This is a community building event meant to help us get to know one another better. Please remember to bring a chair. Fr. Henry

KNIGHT OF COLUMBUS NEWS: Monthly Meeting:

 Tuesday July 9th, all members invited 5:30pm executive meeting, 6:30 supper and 7:30pm general meeting. **4th Degree Meeting** will be on July 16th at 7:00 pm. **Antique Show Community Breakfast** Saturday July 20th. **Baby Bottle Campaign** ended on Father's Day. For those who have not returned their bottles, the secured container will remain at the entrance of the church until July 28th. Thank you for your support!

WANT TO BECOME CATHOLIC? *Are you a non-*

 *Catholic interested in the Catholic faith? Are you thinking you might want to become Catholic? Are you a Catholic adult who never celebrated your 1st Communion and/or Confirmation? Then RCIA is for you. RCIA will be starting this fall at St. Ambrose. If you are interested then please contact the office for a form you can fill out to sign up. Come and join us this fall!*



Our sympathy is extended to the family and friends of
 Clifford Francois Amirault and Harold Joseph Muise
 Eternal rest grant unto them O Lord and let perpetual light shine upon them.