



16th Sunday in Ordinary Time July 20th & 21st, 2019

Pastor: Fr. Henry Smolenaars
Parish Deacon: Rev. Mr. Stephen Bourque
Fr. Henry Email: frhenrys@gmail.com

Office hours: Monday to Friday
 from 9:30 am to 1:00 pm
Church email : stambrosemail@gmail.com
Bulletin email: stambrosebulletin1@gmail.com
Tabitha Centre: 902-742-8960

Reconciliation/confession is available every Saturday 11 am-noon at St. Ambrose Co-Cathedral.

MASS INTENTIONS – July 20 – July 28, 2019

Sat. 4pm Clarence Surette and Verna Hazelton
6pm (Melbourne) Anniv. Vincent Surette
Sun. 9am Parishioners
11:15am Eva Robicheau and Ray Bowers
Mon. No Mass
Tues. 6:30pm Anniv. Victor Amirault and Paula Bishara
Wed. 6:30pm Anniv. Donald F. Surette and Intentions of Millie Surette
Thur. 9am Stephen Charles and Dorothy Powell
Fri. 9am George Nickerson and Charles d'Entremont
Sat. 4pm Anniv. Lou Lesser and Special Intentions
6pm (Melbourne) Ervin DeViller
Sun. 9am Anniv. Audrey Boudreau and Rita Colgan Sears
11:15am Parishioners

IF YOU WOULD LIKE TO BRING UP THE GIFTS in the offertory procession at a weekend Mass (if you are a family member of the person the Mass is for) please see the greeters **at least 20 minutes before Mass begins.**

Please note: The weekday Mass will be cancelled in the event of a funeral Mass. The Mass intention scheduled for that day will be offered at a later date.

APPRECIATION WEEKEND - We will have Parishioner Appreciation next weekend in place of the coffee socials. Please join us for strawberry shortcakes after each Mass.



CATHOLIC WOMEN'S LEAGUE NEWS:



It is time to start collecting items for the Barrel of Groceries to bring to our September meeting. You will see ladies selling tickets in the various businesses over the summer months. Our support for the Hospital Hullabaloo. Thank you for your support.

KNIGHTS OF COLUMBUS NEWS:



Seafest Breakfast: Sunday, July 21, 9am to 12 noon, at the Knights of Columbus Hall. Eat in or take out. Adults \$7.00, children under 12, \$3.50

Knights of Columbus 2181 Richie Hubbard Memorial Golf Tournament – Yarmouth Links **August 22, 2019** - Mixed Scramble - EVERYONE WELCOME! Proceeds to assist youth to attend summer camp. See poster at entrance of Saint Ambrose for more information. To Register Call: Dwayne Murphy (902)742-6216 or Yarmouth Links (902)742-2161



SAVE THE DATE! Saturday, August 3rd, 9am - 12noon. A half day retreat open to all parishioners with Retreat Master Fr. Todd Arsenault L.C. starting with Mass upstairs at 9am in the church, followed by the retreat downstairs in the Jubilee Room. Please contact Coleen at 902-742-4924 for any further information. **This retreat will be replacing the retreat scheduled for July 27th.**



CATHOLIC SUMMER CAMP: August 11th - 16th at Johnston Christian Park, South Range, Digby County. The cost of registration is \$225.00. You can get a registration form at the entrance of the church, the parish office or on the website.



VOLUNTEERS NEEDED: We are looking for spare cleaners to help with the church cleanings once a month for 1 to 1.5 hours, Wednesday or Thursday mornings. If you are able to help, please contact the parish office at 902-742-7151. Thank you!



SHOULD YOU CHEW A HOST? Should you chew the Host when you receive Communion? Last weekend we celebrated Corpus Christi. Recently someone asked me if it was OK to chew the Host they receive. The Church doesn't have a position on whether a Catholic chews the Eucharist or not. The idea you shouldn't chew the host appears to have been the practice of some Catholics before the Second Vatican Council, which is where people are getting the idea that you shouldn't chew. But not chewing has never been required or even officially encouraged by the magisterium of the Church. **What is required by the Church is that Catholics receive communion reverently.** This means bowing before receiving, saying "Amen" in respond to "the Body of Christ," and receiving either on the hand or tongue. This is because the Eucharist is *not* ordinary food and drink but is Jesus Christ himself. - Fr. Henry

EMPOWERED MEN'S CONFERENCE:



We are excited to announce that you can now register for the 2nd annual Catholic Men's Empowered Conference being held in Halifax, at the Bella Rosa Arts Center, October 4-5, 2019.

The Empowered conference is a call to men to be challenged and grow in faithfulness to serve God, the Church, and especially their families. This conference is an opportunity for men to become more engaged in their faith, whether they're lukewarm or already on fire! In addition, the conference helps men find their purpose, meet others who are like-minded looking for a spiritual experience, allows men to feel comfortable talking about their faith, support one another, share their struggles including spiritual ones while rediscovering their role as men in the church and families. Given the current Parish/Church restructuring, our church needs her men today more than ever to become inspired and to inspire others. For more information visit our website or contact us at empoweredccfm@hotmail.com.



QUOTE OF THE WEEK: Your life consists in drawing nearer to God. To do this you must endeavour to detach yourself from visible things and remember that in a short time they will be taken from you. - Bl. John of Avila

LEGION COMMEMORATIVE SERVICE: A commemorative service to mark the end of active fighting in Korea will be held Saturday July 27, 2019 at 11 am followed by a reception all at the Wedgeport Legion. The legion's three living members that are veterans of the Korean War will be recognized. They are Nelson J. Deveau, Arnold Robert (Bob) Garron and Leslie J. Muise. A wreath will be laid at the monument in front of the hall. Any Korean War veterans from other areas are most welcomed and will be introduced. The public is invited.

PILGRIMAGE: Sept 27-Oct 7: Pilgrimage to Medjugorje where Our Lady has been appearing daily for 38 years. Cost of \$2095 (+ \$675 airport taxes/security/fuel surcharges) includes airfare from the Maritimes, (twin or triple) accommodation, daily breakfast & dinner and experienced local guide. (Optional single room supplement, \$200/p.) **INFO:** Hector Caissie at hectorcaissie@hotmail.ca or (506) 857-2295.

JESUS IS LORD STILL: The Atlantic Service Committee invites you to this annual summer conference which will be taking place August 9-11 2019 in Sackville New Brunswick. The weekend is for those struggling in their Faith, celebrating their Faith, deepening their Faith, stagnating in their Faith or for those who would like to experience the power of praise and worship in community. The guest speaker this year is Michelle Moran. There are registration forms at the entrance of the church or you can call 902-667-7179 for more information.

REFLECTION : "It is Jesus who stirs in you the desire to do something great with your lives, the will to follow an ideal, the refusal to allow yourselves to be grounded by mediocrity, the courage to commit yourselves humbly and patiently to improving yourselves and society, making the world more human and fraternal." - St. John Paul II

THANK YOU to all who contributed to our Catholic Summer Camp program. Through your generous donations we were able to help the youth who were in need of financial assistance. Please continue to pray as we prepare for our upcoming week at camp.

