



July 28th 2024
17th Sunday of Ordinary
Time

Pastor: Fr. Henry Smolenaars
Fr. Henry Email: frhenrys@gmail.com
Hospital Chaplain: Fr. Wieslaw Papuga
Priest on Call: 902-746-8233 (Emergencies and Sacrament of the sick)
Office hours: Monday to Friday from 9:30 am to 1:00 pm
Church email : stambrosemail@gmail.com
Bulletin email: stambrosebulletin1@gmail.com
Tabitha Centre: 902-742-8960
Confession/Adoration Wednesday 7:00-8:00

MASS INTENTIONS –July 27th – August 4th, 2024

St. Ambrose Co-Cathedral (Yarmouth):

Sat. 4 pm Special Intentions
Sun. 9am Parishioners
Sun. 11:15 am Joan Surette
Tues. 6:30 pm Lisa Hatt
Wed. 6:30 pm Anniv. Jessie Surette
Thurs: 9 am Anniv. Leo Mooney
Fri. 9 am Madelyn Doucette
Sat. 4 pm Hilda Gloade
Sun. 9am Anniv. Terry Doucette
Sun. 11:15 am Parishioners

Our Lady of Lourdes (Melbourne):

Sun. 10 am July 28 June Surette
Sun. 10 am Aug. 4 Anne LeBlanc


REFLECTION: Journeying in Faith and Prayer Then Jesus took the loaves, gave thanks, and distributed them to those who were reclining, and also as much of the fish as they wanted. When they had had their fill, he said to his disciples, “Gather the fragments left over, so that nothing will be wasted.” The people who were present for this miracle of the multiplication of loaves and fish had to journey to be there. First, they followed Jesus to the other side of the Sea of Galilee, and then they followed Him up a mountain in a remote area. This is significant

because it tells us that a miracle of such magnitude could only take place for those who had faith and acted on that faith. Jesus could have easily performed this miracle in the Temple in Jerusalem or in a synagogue where people doubted Him. If He did that, then many of His skeptics and critics would have seen His almighty power with their own eyes. Jesus could have also done this miracle in Nazareth, His hometown, in the presence of His extended family and friends. Perhaps if He had done this, then they would have come to believe in Him. But Jesus didn’t do this incredible miracle in places where faith was lacking. Instead, He went to a remote area where only those who truly wanted to be with Him were present. Note that the actions by which Jesus performed this miracle are similar to the way He instituted the Holy Eucharist during the Last Supper. We read above that Jesus “took the loaves, gave thanks, and distributed them...” Though this miracle is recorded in all four Gospels, in John’s Gospel it is a prelude to Jesus’ Bread of Life Discourse in which Jesus teaches, “I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst.” Therefore, this miracle of the multiplication of the loaves and fish should be seen as a teaching about the Eucharist. It is in the Eucharist that Jesus feeds us to superabundance. The Eucharist is the gift of His very life and the food that will bring us to eternal life. Unfortunately, it seems that very few people ever discover the gift of the Eucharist. Many people look at their participation in Mass as a duty that they must fulfill rather than as an invitation to share in the superabundant life. The only way we will discover the superabundant life given to us through the Eucharist is by working to imitate the faith of the people whom Jesus fed on that mountain. Again, the people who received this miracle had to journey either around or across the sea and climb a mountain. So also with us, the only way to come to a fruitful participation in the Eucharist is to make a concerted effort. The journey we make is one of faith, and the mountain we climb is one of prayer. Unless we believe deeply in our Lord, believe in the superabundant and transforming power of the Eucharist, seek it out faithfully every week and do so prayerfully, we will never be fed in this superabundant way. Reflect, today, upon the symbolism of Jesus traveling to this remote area so

as to perform this most incredible miracle. See this journey that you are invited to take as a journey toward the discovery of the superabundant grace bestowed upon you through the Most Holy Eucharist. The only way that you will receive this grace is by committing yourself to the journey of faith and prayer. Don’t miss out. Don’t ignore the incredible value of this Gift. Seek out our Lord and discover His Gift of superabundant grace within your fruitful participation in the Holy Mass. *-My Catholic Life*

WANT TO BECOME CATHOLIC? *Are you a non-Catholic interested in the Catholic faith? Are you thinking you might want to become Catholic? Are you a Catholic adult who never celebrated your 1st Communion and/or Confirmation?* Then RCIA is for you. RCIA will be starting this fall at St. Ambrose. If you are interested then please contact the office for a form you can fill out to sign up. Come and join us this fall!

EUCCHARISTIC CONGRESS: Introducing Eucharistic Congress keynote speaker

 Archbishop Richard W. Smith He was born in Halifax, Nova Scotia on April 28, 1959. He studied at St. Mary’s University, graduating with a bachelor’s degree in commerce and at the Atlantic School of Theology in Halifax, where he earned a Master of Divinity degree in 1985 and was ordained to the priesthood on May 23, 1987 for the Archdiocese of Halifax. Within the Archdiocese of Halifax, he served in a number of positions including vicar general and he was responsible for the pastoral ministry of French-speaking Catholics in Halifax. Archbishop Smith was chaplain to the deaf community in Halifax from 1986-1991. He was also a professor of theology at St. Peter’s Seminary in London, Ont. in addition to serving simultaneously as pastor of three communities. He was appointed Bishop of Pembroke on April 27, 2002 by Pope St. John Paul II and ordained to the episcopate on June 18, 2002. He received his episcopal consecration on the following June 18 from Archbishop Marcel Gervais, with Archbishops Terrence Prendergast, S.J., and Austin-Emile Burke serving as co-consecrators. Pope Benedict XVI appointed him to the Metropolitan See of Edmonton on March 22, 2007. Archbishop Smith serves as President of the

Catholic Bishops of Alberta and the Northwest Territories, and is past president of the Canadian Conference of Catholic Bishops from 2011-2013. He has also been a member and chairman of the Episcopal Commission for Christian Education, and spiritual adviser to the Catholic Women’s League of Canada. Archbishop Smith is currently a member of the Board of the Canadian Catholic Bioethics Institute. For more information or to register go to <https://www.halifaxyarmouth.org/congress2024>.


ULTREYA: The next Yarmouth Area Cursillo Movement Ultreya is on August 1st, 2024 at 7pm at St. Ambrose Marian Hall.

FOOD BANK: Next weekend, August 3rd and 4th, is our turn to support the Yarmouth Food Bank. Non-perishable goods and monetary donations are appreciated. Members of the Knights of Columbus will be on hand before all the masses to receive the donations.

QUOTE OF THE WEEK: Your way of acting should be different from the world’s way; the love of Christ should come before all else. -St. Benedict

PICNIC BBQ THANK YOU: A BIG thank you to the Knights of Columbus who helped organize the event and cook the food last Sunday and to all of you who attended to make it a great day! Fr. Henry

ACTS OF KINDNESS FOOD PANTRY: Just a reminder that you can put food in our food pantry by the tennis court at anytime.



Our sympathy is extended to the family and friends of
Ernest Frederick Muise, Harriet Ann Gallant,
Dennis Joseph Frotten, Catherine Lorna Goyer
and Margaret Rose Atkinson
Eternal rest grant unto them O Lord and let
perpetual light shine upon them.