



**18th Sunday of Ordinary
Time
July 31st, 2022**

Pastor: Fr. Henry Smolenaars
Fr. Henry Email: frhenrys@gmail.com
Hospital Chaplain: Fr. Wieslaw Papuga
Priest on Call: 902-746-8233 (Emergencies)
Office hours: Monday to Friday
 from 9:30 am to 1:00 pm
Church email : stambrosemail@gmail.com
Bulletin email: stambrosebulletin1@gmail.com
Tabitha Centre: 902-742-8960
Reconciliation/confession is held on Wednesday
 after mass from 7:00-8:00

MASS INTENTIONS –July 30th- August 7th, 2022

St. Ambrose Co-Cathedral (Yarmouth):

Sat. 4pm Parishioners
Sun. 9am Delby & Louise Saulnier **and** Int. Harriet Gallant
Sun. 11am Marjorie LeBlanc **and** Alyre Comeau
Tues. 6:30pm Anniv. Sandra Surette **and** Anniv. Leo Mooney
Wed. 6:30 pm Richard Moulaison and Elmer P. Muise
Thurs: 9 am Anniv. Madelyn Doucette **and** Adele Robicheau
Fri. 9 am Violet Stoddard **and** George Bain
Sat. 4 pm Estelle & Henry Surette **and** Corrine Jacquard
Sun. 9 am Parishioners
Sun. 11 am Nelson Blanchard **and** Blaine Anthony
Our Lady of Lourdes (Melbourne):
Sun. 10 am July 31st Gertrude Surette
Sun. 10 am Aug. 7th Melissa Holly Burke (LeBlanc)

DO YOU HAVE FAMILY THAT HAVE LEFT THE CHURCH: Do you want to learn more about how to approach family and friends who have drifted away from the Church or who have never had a faith life? The diocese wants to help in teaching parishioners how to evangelize. Click on the link below to sign up and learn. <https://www.halifaxarmouth.org/invite>

LIVE STREAM MASS AT ST. AMBROSE: We live stream mass every Thursday at 9 am and on the weekend at the Saturday 4pm and Sunday at 11 am mass on a rotating basis. The next scheduled mass is always posted on our website's main page. If you want to watch, go to our web site at www.stambroseyarmouth.ca or go to our YouTube channel www.youtube.com/c/SaintAmbroseParish/videos?view=57

QUOTE OF THE WEEK: When we hear people talk of riches, honours and amusements of the world, let us remember that all things have an end, and let us say: My God, I wish for you alone and nothing more." -St. Alphonsus Liguori



PARISH PICNIC: A parish picnic is happening this Sunday, July 31st at Ellenwood Park from 11 AM to 2 PM, sponsored by the Knights of Columbus. The food will be provided for by the Knights and the Parish. Bring your families and children, there will be games for all ages. Because we need to be able to plan for how much food to have on hand, we need to have a sign-up sheet. Kindly sign in the sheet at the entrance of the church and indicate the number of people per family that will be attending the picnic. We look forward to seeing you for the BBQ. Participants are asked to bring their own lawn chairs to sit in.



REFLECTION: A Life Without Possessions "Take care to guard against all greed, for though one may be rich, one's life does not consist of possessions."



Imagine what your life would be like if you had no possessions. Imagine that all you had was the clothing you wore and you went through life relying upon the generosity of others. Though, at first, this may seem like an irresponsible way to live, there are some who are called to a form of this life for a sacred reason. Those called to strict religious life are called to embrace the life of poverty, owning nothing themselves, for a reason. The reason is highlighted in this Gospel. Too often in life we become consumed with our possessions. It's true that material things can add "spice" to life. They can be fun, entertaining,

comforting, etc. But the danger of becoming attached to the things of this world is that we begin to rely upon the pleasure they bring more than we rely upon the spiritual possessions which are of much greater value. It's not that material possessions are bad, in and of themselves; rather, it's that the spiritual possessions God wants us to obtain are of infinitely greater value. Most are not called to live lives of material poverty, but all are called to live lives of poverty in spirit. This means that, though we live in the world, we are not to be of the world. We are to keep our hearts attached only to the greatest treasures of life: faith, hope and charity. When greed and love of material possessions draw us from these spiritual treasures, we must recommit ourselves to the discovery of their great value.

Reflect, today, upon any struggle you have with greed. If that does not sit well with you and if you find yourself immediately trying to justify your attachment to material things, then you may need this reflection more than you know. The Lord wants to give you so much more than this world can offer you. Do not make the choice to become attached to that which is "cheap" from an eternal perspective. Strive to embrace those true riches that will remain with you forever.
Lord of true riches, help me to always keep my heart set on the riches You bestow and to never settle for those things that can never fully satisfy me. I desire the wealth of Heaven, dear Lord, not the riches of Earth. Help me to live the spiritual poverty I am called to live so as to obtain all that You desire for me. Free me from greed and selfishness and help me to find true joy in Your holy will. Jesus, I trust in You. -My Catholic Life

FRANCISCAN AT HOME: Do you want to learn more about our Catholic faith from the comfort of your home and on your own timetable? Saint Ambrose Parish in partnership with the Franciscan University of Steubenville is now offering **FRANCISCAN AT HOME** - Online learning at your convenience.

There is no cost to participate and all courses are self paced. Numerous courses are available, including Four Pillars of the Catechism, Eucharistic Renewal, Forming Faith at Home and many




others. You can complete a course, or just take individual workshops depending on your interests. You can view a sample at: <https://franciscanathome.com/sample-workshop> For more information or instruction on how-to sign-up email us at christlife.yarmouth@gmail.com

CEMETERY GRAVESTONES: A big thank you to the Knights of Columbus for taking on the task of straightening gravestones in Our Lady of Calvary Cemetery. This is an ongoing project they have taken on, which will take some time to complete. Thank you for helping to make this cemetery safe and look better. Fr. Henry

ULTREYA! ULTREYA! ULTREYA! The Yarmouth Area Cursillo Movement will be starting Ultreyas on September 1st, 2022 and each 1st Thursday of the month at 7 pm in Marian Hall at St. Ambrose Parish. Feel free to bring a friend who might be interested in the Cursillo Movement to experience an Ultreya. Public Health recommendations will be in place. De colores!!

FOOD BANK: Next weekend, August 6th & 7th, is our turn to support the Yarmouth Food Bank. Non-perishable goods and monetary donations are appreciated. Members of the Knights of Columbus will be on hand before all the masses to receive the donations.




 Our sympathy is extended to the family and friends of
 Irene (Surette) Polson
 Eternal rest grant unto her O Lord and let perpetual light shine upon her.

OFFICE CLOSED: The office and church will be closed on Monday, August 1st for the Civic Holiday. The office will also be closed Monday August 8th and Friday August 12 to accommodate the staff for summer camp.