



**19th Sunday of Ordinary
Time
August 6th & 7th, 2021**

Pastor: Fr. Henry Smolenaars
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Reconciliation/confession is available by appointment only at this time please call the office or email Fr. Henry directly for an appointment.

LIVE STREAM MASS AT ST. AMBROSE: We live stream mass every Wednesday at 9:00 am and on the weekend at the Saturday 4:00 pm, Sunday at 9:00 am or 11:00 am mass on a rotating basis. The next scheduled mass is always posted on our website's main page. If you want to watch, go to our web site at www.stambroseyarmouth.ca or go to our YouTube channel www.youtube.com/c/SaintAmbroseParish/videos?view=57

EMAIL TRANSFERS: are available. Please send to stambrosemail@gmail.com Please add your envelope number or personal information for income tax purposes.

REFLECTIONS: Interior Murmuring The Jews murmured about Jesus...Jesus answered and said to them, "Stop murmuring among yourselves." Jesus was the object of gossip, ridicule, belittlement, etc. They "murmured" about Him. What a silly thing for the people to do. In the passage above, Jesus was giving one of His most glorious and profound teachings. He was continuing His teaching on the Most Holy Eucharist, the Gift of His Body and Blood as the Bread of Life. He said, "I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world." And upon hearing this teaching, they murmured about Him. Again, what a silly thing for many to do at that time. But sadly, this same thing still happens in a variety of ways today. Every Sunday (and every day if we are able) we are given the opportunity to consume the Body and Blood, Soul and Divinity of the Messiah, the King of all Kings, the Savior of the World, the Creator, Omnipotent and Glorious God! Yet, what do so many of us do? We come to Mass disinterested, distracted, and more concerned about what we will be doing later in the day than what we are doing at the Holy Mass. This is a sad truth that needs to be corrected. "If we but understood the gift of the Holy Mass we would die instantly out of love," said St. John Vianney. Do you understand the Mass? Murmuring about Jesus' teaching on the Eucharist does not necessarily have to be only something we say out loud. We "murmur" about Jesus interiorly

when we fail to understand, accept and enter into this glorious gift. Murmuring is the same as lacking a complete conviction and embrace of this gift. Perhaps we do not murmur externally with our words, but we may find we murmur interiorly in the sense that we lack interest in this Precious Gift. Reflect, today, upon whether or not your heart is fully engaged with the Holy Eucharist. When you think about going to Mass are you overwhelmed with joy and a deep spiritual longing? Or do you look at it as an obligation you need to fulfill? If it is more of an obligation you need to fulfill, then you may have more of an interior "murmuring" than you realize. *Lord, help me to see You in the Holy Mass. Help me to long for You in the Most Holy Eucharist. May I never lack proper faith and devotion. May I always be filled with a deep love for You present in this Sacred Gift! Jesus, I trust in You.*

Courage to Reconcile "If your brother sins against you, go and tell him his fault between you and him alone. If he listens to you, you have won over your brother. If he does not listen, take one or two others along with you, so that every fact may be established on the testimony of two or three witnesses. If he refuses to listen to them, tell the Church. If he refuses to listen even to the Church, then treat him as you would a Gentile or a tax collector." Presented here is a clear method of problem solving given to us by Jesus. First of all, the fact that Jesus offers a basic method of problem-solving reveals that life will present us with problems to be solved. This should not surprise us or shock us. It's just life. Too often, when someone sins against us or they live in a publicly sinful way, we enter into judgment and condemnation. As a result, we can easily write them off. If this is done, it's a sign of a lack of mercy and humility on our part. Mercy and humility will lead us to desire forgiveness and reconciliation. Mercy and humility will help us to see others' sins as opportunities for greater love rather than as reasons to condemn. How do you approach people who have sinned, especially when the sin is against you? Jesus makes it clear that if you are sinned against you should go to great lengths to win the sinner back. You should spend much energy in love of them and do

everything possible to reconcile and to bring them back to the truth. You must start with a one-on-one conversation. From there, bring other trusted people into the conversation. The ultimate goal is the truth and to do all you can to let the truth restore your relationship. Only after you have tried everything should you then wipe the dust from your feet and treat them as a sinner if they are not won over to the truth. But even this is an act of love in that it is a way of helping them see the consequences of their sin. Reflect, today, upon who it is that you may need to reconcile with. Perhaps you have not yet even had that initial personal conversation required as a first step. Perhaps you're afraid to initiate it or perhaps you've already written them off. Pray for grace, mercy, love and humility so that you can reach out to those who hurt you in the way Jesus wants. *Lord, help me to let go of any pride I have that keeps me from being merciful and seeking reconciliation. Help me to reconcile when the sin against me is small or even great. May the compassion of Your heart fill mine so that peace can be restored. Jesus, I trust in You. ~My Catholic Life*

QUOTE OF THE WEEK: There would be neither rich nor poor if everyone, after taking from their wealth enough for their personal needs, gave to others what they lacked. -St. Basil

CATHOLIC WOMEN'S LEAGUE NEWS: Archbishop Brian Joseph Dunn and Father Henry Smolenaars will celebrate St. Ambrose Catholic Women's League 100th anniversary mass on August 26, 2021, at 6:30 p.m. Further details and invitation to attend will follow. This event will be live streamed.

KNIGHTS OF COLUMBUS NEWS: Monthly Meeting: Tuesday August 10th, 2021 all members invited 6:00pm executive meeting and 7:30pm general meeting.

MASS INTENTIONS- August 7th – 15th, 2021

Sat. Aug. 7 4pm Parishioners

Sun. Aug. 8 9am Conrad, Mickey & Curtis LeBlanc and George Bain

Sun. Aug.8 10am (Melbourne) Dave Boudreau

Sun. Aug. 8 11am Ryan Saulnier and Nelly van der Donk Muise

Wed. Aug. 11 9am 10th Anniv. Austin Burke and Adeline Cook

Sat. Aug. 14 4pm Robert Raymond Doucette and Intentions of Russel & Rebecca Frotten

Sun. Aug. 15 9am Corrine D'Eon and William Hersey

Sun. Aug. 15 10am (Melbourne) Larry DeViller

Sun. Aug. 15 11am Parishioners

Please note we will not be carrying the gifts for the offertory until further notice.

Please note: The weekday Mass will be cancelled in the event of a funeral Mass. The Mass intention scheduled for that day will be offered at a later date.