



August 10th, 2025 19th Sunday of Ordinary Time

Pastor: Fr. Henry Smolenaars
Fr. Henry Email: frhenrys@gmail.com
Hospital Chaplain: Fr. Wieslaw Papuga
Priest on Call: 902-746-8233 (Emergencies and Sacrament of the sick)
Office hours: Monday to Friday
from 9:30 am to 1:00 pm
Church email : stambrosemail@gmail.com
Bulletin email: stambrosebulletin1@gmail.com
Tabitha Centre: 902-742-8960
Confession/Adoration Wednesday 7:00-8:00

MASS INTENTIONS – August 9th– 17th, 2025

St. Ambrose Co-Cathedral (Yarmouth):

Sat. 4 pm George Clayton Jr.
Sun. 9am Parishioners
Sun. 11:15 am Monique Belliveau Kaizer
Tues. 6:30 pm Jeannette Deveau
Wed. 9 am Adeline Cook
Thurs. 11 am Funeral Mass in Melbourne for Theresa Harris
Fri. 9 am Anniv. Madelyn Doucette
Sat. 4 pm Michael Pothier
Sun. 9am Anniv. Rose Deveau
Sun. 11:15 am Parishioners

Our Lady of Lourdes (Melbourne):

Sun. 10 am Aug. 10 Ronnie LeBlanc
Sun. 10 am Aug. 17 Yvonne Surette

REFLECTION: Vigilance, Attentiveness, Action



Jesus said to his disciples: “Gird your loins and light your lamps and be like servants who await their master’s return from a wedding, ready to open immediately when he comes and knocks. Blessed are those servants whom the master finds vigilant on his arrival. Amen, I say to you, he will gird himself, have the servants recline at table, and proceed to wait on them.” Vigilance, hard work, determination,

attentiveness, fidelity—these are some of the qualities that Jesus is speaking about. To “gird your loins” means that you are immediately prepared for some challenging task. You are ready for the hard work ahead and are committed to it. To “light your lamps” implies that you are not in the dark but that your mind is enlightened in such a way that you are able to see that which is the will of God. As we go through life, it is easy to become complacent in the things of faith. It is easy to become lazy, disinterested, distracted, and unfocused. This parable goes on to speak of a thief who tries to break into a house in the middle of the night. This is Jesus’ way of saying that the evil one, with his lies and attacks, is constant, vicious, forceful, and unpredictable. For that reason, we must never grow tired of being vigilant in the spiritual life and must always be attentive to the light of God’s voice. How attentive are you to the mission of Christ on a daily basis? This is an essential question to answer honestly. Most people will find that they become distracted from the mission God has given to them. We experience countless things every day that compete for our attention. Many of those competing voices might not appear to be sinful. For example, perhaps a certain hobby has become the dominant focus of your free time. Or perhaps responsibilities at work have spilled over into your family time. Or perhaps some painful or even enjoyable experience has had your full attention for some time. Though it is obvious that sinful distractions in life are evil, it might not always be as obvious that there are many other neutral distractions that are a real problem. The problems they can produce are a lack of attentiveness to the will of God and a lack of readiness to engage the will of God the moment He calls. Imagine, for example, that a very important person calls you to ask for a favor. Most likely you would drop all you were doing and respond immediately. But, sadly, when the King of the Universe attempts to speak to us and inspire us to some mission, we can be too distracted to even listen, let alone respond with immediacy and zeal. This is a problem. If, however, a person is continually attentive to the voice of God and responds to His interior promptings as soon as they are received, then Jesus says that this person is truly blessed and that He will “have the servants recline at table, and proceed to wait on them.” In other

words, the result of being vigilant in our attentiveness to the inspirations of God is that God Himself will reward us with His service. He will invite us to the table of spiritual rest, peace, joy, and fulfillment. He will serve us His mercy, which will be more than we could ever imagine. Reflect, today, upon the call from God to always be attentive to His voice the instant He speaks. Reflect upon how aware you are of His constant presence in your life and His ongoing communication. Know that if you can form a habit of always listening, then you will never miss out on the grace-filled mission given to you by our Lord. Always listen to Him, seek out His still and gentle voice, and be ready to respond to Him every time He calls. *My ever-speaking Lord, You have so much to say and so much to reveal. Please enlighten my mind and strengthen my resolve to always listen to you and respond with all my heart. Your will is perfect and will lead me to a life of the deepest joy and fulfillment. May I believe this with all my heart and act accordingly. Jesus, I trust in You.* -My Catholic Life

KNIGHTS OF COLUMBUS NEWS: Monthly Meeting:



will be held on Tuesday August 12, 2025 at the Knights of Columbus Hall, all members are invited. Executive meeting at 6.00pm; General meeting at 7.30

WANT TO BECOME CATHOLIC? Are you a non-



Catholic interested in the Catholic faith? Are you thinking you might want to become Catholic? Are you a Catholic adult who never celebrated your 1st Communion and/or Confirmation? Then RCIA is for you. RCIA will be starting this fall at St. Ambrose. If you are interested then please contact the office for a form you can fill out to sign up. Come and join us this fall!

WORK DONE ON OUR LADY OF CALVARY

MONUMENT: The monument in Our Lady of Calvary Cemetery has been in bad shape for some time. A mason was asked to fix it 3 years ago, but never came. Last year, someone else was asked to fix it. It has now finally been repaired. Some people have mentioned the state of disrepair that it was in. It was not from lack of trying to get it fixed. Thankfully the work is now completed. Fr. Henry

QUOTES OF THE WEEK: - A Christian is not his own



master, since all his time belongs to God. -St. Ignatius of Antioch

-The affairs of God are accomplished little by little and almost imperceptibly. The Spirit of God is neither violent or hasty. He does all things in his time. -St. Vincent de Paul

MARRIAGE ENCOUNTER WEEKEND: Looking to strengthen your marriage? experience a marriage encounter weekend September 26-28, 2025 being held at Between The Hearts Renewal Centre, Amherst NS. A Marriage Encounter Weekend experience is a special opportunity for husbands and wives to reconnect, deepen their love, and rediscover the joy of being together. It’s not marriage counseling, a retreat, or a group therapy session - this is private time just for the two of you to grow as a couple. For more information, contact Joanne or Ron Arsenault, 506-451-8489 or email ron.joanne.arsenault@wwme.org

COFFEE SOCIALS: Will be held after all the masses



next weekend August 16th & 17th in the Jubilee room. Please join us for a cup.

OFFICE CLOSED: The office will be closed on Monday August 11th and Friday August 15th, 2025 to accommodate the staff attending Catholic Summer Camp. It will be opened Tuesday August 12th to Thursday August 14th for regular hours of operation. Please keep the youth and their leaders in your prayers this coming week.



Our sympathy is extended to the family and friends of
John William Deveau
Eternal rest grant unto him O Lord and let perpetual light shine upon him.