



December 1st, 2024 1st Sunday of Advent

Pastor: Fr. Henry Smolenaars
Fr. Henry Email: frhenrys@gmail.com
Hospital Chaplain: Fr. Wieslaw Papuga
Priest on Call: 902-746-8233 (Emergencies and Sacrament of the sick)
Office hours: Monday to Friday from 9:30 am to 1:00 pm
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Bulletin email: stambrosebulletin1@gmail.com
Tabitha Centre: 902-742-8960
Confession/Adoration Wednesday 7:00-8:00

MASS INTENTIONS – Nov. 30th–December 8th, 2024

St. Ambrose Co-Cathedral (Yarmouth):

Sat. 4 pm Madeline Moulaison
Sun. 9am Parishioners
Sun. 11:15 am Hans Weidenfeld
Tues. 6:30 pm Malcolm & Philip Trefry
Wed. 6:30 pm Jean Cottreau
Thurs: 9 am Betty Surette
Fri. 9 am Albertino Maio
Sat. 4 pm Anniv. Clarence Surette
Sun. 9am Special Intentions
Sun. 11:15 am Parishioners

Our Lady of Lourdes (Melbourne):


Sun. 10 am Dec. 1 Hilda and Alfred Harris
Sun. 10 am Dec. 8 Nicholas Clegg

REFLECTION: Supernatural Instinct “Beware that your hearts do not become drowsy from carousing and drunkenness and the anxieties of daily life, and that day catch you by surprise like a trap. For that day will assault everyone who lives on the face of the earth. Be vigilant at all times and pray that you have the strength to escape the tribulations that are imminent and to stand before the Son of Man.” “That day.” These two words are spoken twice in the passage above. To which day is our Lord


referring? Clearly, He is referring primarily to the day of our final judgment and is warning us to make sure we are prepared for it in case it were to come at an unexpected moment. So how do we prepare? Animals have the natural gift of instinct. They know how to survive, how to reproduce, how to gather food and how to avoid danger. They know this because God has implanted this knowledge within them. By this natural gift of instinct, they know what to do and what to avoid. We, as humans, also have basic natural instincts. But our natural instincts are only sufficient to help us accomplish that which the animals accomplish. Therefore, if we are to gain an even greater knowledge and are to know how to properly prepare ourselves spiritually for the sudden and unexpected coming of Christ, then we need more. The way we most properly prepare is through a special grace by which God reveals Himself and His will to our human reason. When that happens, we will know the best way to be fully prepared for “that day” the moment it comes. Perhaps one of the best ways to describe this ability is by describing it as a “supernatural instinct.” When our natural instincts become open to grace, and when the information on which we base our daily decisions in life comes to us by an ongoing and personal revelation from God through the infused gift of faith, then we will find that we simply know what to do and what to avoid. By analogy, just as a bird knows to fly south for the winter or a salmon knows to return to its place of birth to lay its eggs, so we will “know” within our spirit how to best serve the will of God and, thus, be most fully prepared for His imminent return. “Supernatural instinct” is nothing other than us allowing the grace of God to enter our lives so as to take control of everything we do and to lead us into the fulfillment of the perfect and glorious will of God. When that happens, we can be certain that we are perpetually prepared for all that comes and will never be caught by surprise like a trap. Reflect, today, upon whether you are daily led by the knowledge of God’s will alive within you as a supernatural instinct. If this language seems foreign to you, then perhaps it is a time to ponder the question “Why?” Why aren’t you led by God’s grace through an ongoing gift of supernatural knowledge of His will? And if this language does resonate within you, then spend time pondering this gift and being grateful for the

way that God has truly taken over your day-to-day life.
 -My Catholic Life

KNIGHT OF COLUMBUS NEWS: Monthly Meeting:


 Tuesday, December 10th, all members invited. **Executive Meeting** at 6:00pm
General meeting at 7:30. **4th Degree meeting** will be on December 17th at 7:00pm with healing Rosary starting at 6:30pm for all our sick Brother Knights.
Community Breakfast Fundraiser: No Knights of Columbus breakfast for the month of December.

CATHOLIC WOMEN’S LEAGUE NEWS:


 Parishioners and friends are invited on **Saturday, December 7, 2024 from 1-3 p.m.** to a Christmas social hosted by Catholic Women's League in the Jubilee Room. Ashley Rhyno, will talk on the Senior Safety Program and Fraud & Scams. A topic happening daily in our lives. A cookie and tea social will end the afternoon.

GRIEF SUPPORT GROUP: The group support is to provide a safe welcoming place where people understand the difficult emotions of grief. It takes place Saturday December 7th, 10:00am to 1:30pm and lunch will be provided. Please register with Joan Tufts at joantufts@gmail.com or 902-778-1402. Please let them know of any food restrictions.


FOOD BANK:

 This weekend, November 30th-December 1st, is our turn to support the Yarmouth Food Bank. Non-perishable goods and monetary donations are appreciated. Members of the Knights of Columbus will be on hand before all the masses to receive the donations.

ULTREYA:

 The Yarmouth and Area Ultreya will be held December 5th 2024 at Marian Hall at 7pm. We hope to see you then! De Colores!


CHRISTMAS FLOWERS:

 Anyone wishing to donate towards Christmas flowers for **Our Lady of Lourdes** in memory of a loved one may do so at the office or you can put your donation in an envelope with your name and envelope number on it along with “in memory of _____” written on it and place it in the collection basket.


RECONCILIATION SERVICE: There will be a reconciliation service Thursday December 12th at 6:30 pm here at St. Ambrose. Why not make this Christmas extra special with feeling the deep forgiveness this sacrament can give?

USHERS NEEDED: We are in need of more ushers for the 4:00 mass on Saturdays. If you are interested, please contact Ron Surette at 902-742-7482.

COFFEE SOCIALS:

The coffee socials will be held  after all the masses the weekend of December 14th and 15th. Come join us in the Jubilee Room for a cup.

CHRISTMAS MUSIC CONCERT:

 Saint Ambrose is having their annual *Night of Joy Christmas concert* on Sunday, December 15 at 7:00 p.m. Proceeds to Tabitha Centre.



Our sympathy is extended to the family and friends of
 Rose Marie Muise
 Eternal rest grant unto her O Lord and let perpetual light shine upon her.

CHRISTMAS/NEW YEAR’S SCHEDULE:

December 24 Tuesday– St. Ambrose

6:00 pm Children’s Mass
 8:00 pm
 10:00 pm

December 24 or 25 – Our Lady of Lourdes

To be determined

December 25 Wednesday – St. Ambrose

10:00 am

January 1 Wednesday– St. Ambrose

10:00 am

PLEASE NOTE: The diocese has directed that we will not have mass before 6:00 pm on Christmas Eve.

