



**1st Sunday of Lent  
February 29<sup>th</sup> & March 1<sup>st</sup>,  
2020**

**Pastor:** Fr. Henry Smolenaars  
**Parish Deacon:** Rev. Mr. Stephen Bourque  
**Fr. Henry Email:** frhenrys@gmail.com

**Office hours:** Monday to Friday  
from 9:30 am to 1:00 pm  
**Church email :** stambrosemail@gmail.com  
**Bulletin email:** stambrosebulletin1@gmail.com  
**Tabitha Centre:** 902-742-8960

**Reconciliation/confession** is available every Saturday 11 am-noon at St. Ambrose Co-Cathedral.

**MASS INTENTIONS February 29<sup>th</sup> – March 8<sup>st</sup>, 2020**

**Sat. 4pm Parishioners**  
**6pm (Melbourne) Basil & Ann Doucette**  
**Sun. 9am Curtis LeBlanc and Rita d'Entremont**  
**11:15am Cathy Hubbard and Thomas Thibault**

**Mon.** No Mass  
**Tues. 6:30pm Stephen Charles and Mike Cook**  
**Wed. 6:30pm Cecilia Landry and Edward Robicheau**  
**Thur. 9am Arthur Fitzgerald and Pauline Blades**  
**Fri. 9am Angie McCarthy and Jane Muise**  
**Sat. 4pm Parishioner**  
**6pm (Melbourne) Evelyn Pothier**  
**Sun. 9am Anniv. George Fournier and Leona & Percy Muise**  
**11:15am John Lombard and Viola Lombard**

**IF YOU WOULD LIKE TO BRING UP THE GIFTS** in the offertory procession at a weekend Mass (if you are a family member of the person the Mass is for) please see the greeters **at least 20 minutes before Mass begins.**

*Please note:* The weekday Mass will be cancelled in the event of a funeral Mass. The Mass intention scheduled for that day will be offered at a later date.

**FISH CHOWDER FRIDAYS:** Beginning Friday, February 28<sup>th</sup> in the dining hall at the parish centre, 4:30-6:30pm, \$6.00 per person. Includes chowder, roll, tea or coffee. Please support our youth who will be attending the Steubenville Atlantic conference this Summer. Thank You!



**COFFEE SOCIALS:** The coffee socials will be held next weekend after the Saturday 4pm Mass and the Sunday 9am Mass. The pot luck is taking place on Sunday following the 11:15am Mass at the Parish Center Dining Hall. Please bring a dish to share with the community and bring a friend. The Catholic Women's League will be there to accept items.

**KNIGHTS OF COLUMBUS NEWS: Monthly Meeting:** Tuesday **March 10<sup>th</sup>**, all members invited.  
5:30pm executive meeting  
6:30pm supper  
7:30pm general meeting

**Community Breakfast:** Sunday, **March 15<sup>th</sup>** from 9am -noon at the Knights of Columbus Hall. Adults \$7.00 and children under 12 \$3.50. Eat in or take out.

**NOVA SCOTIA KNIGHTS OF COLUMBUS State Scholarship (value \$1000.00)** Scholarships are available for Catholic students who will be attending first year University or Community College next year. Yarmouth Council 2181 will accept applications from students living in the geographic area served by our Council (including the area of the former Wedgeport Council). Scholarships are awarded based on academic standing and volunteer activities. Students applying for a Nova Scotia State Scholarship will also be considered for a Council 2181 Scholarship which is valued at \$500.00. Please consult your school guidance counselor for application forms. Completed applications with supporting documents must be received by Council 2181 Scholarship Chairman Philippe Doucet on or before Friday, March 13, 2020. If you require more information, please call 742-2940 or 748-1592.

**COMING THIS LENT: PRESENCE: THE MYSTERY OF THE EUCHARIST. Do you ever feel like God is far away?** The whole story of salvation is the story of God being present to his people – in Eden, in the wilderness, in the Temple, and finally in the Person of Jesus Christ. But the story does not stop there. God is still here with us. Under the appearance of bread and wine, Jesus Christ is truly present in his Body, Blood, Soul, and Divinity. In the Eucharist, the God of the universe invites us into

a deeper experience of his perfect love – and he is waiting for you. *Presence* explores the radical mystery of God's love expressed in the Eucharist and shows how in this sacrament God is really present to help and strengthen us at every step of life's journey. *Presence* invites each one of us into a deeper, more intimate union with God. God is ready and waiting for us – all we need to do is receive his gift. Stay tuned for more information.

**FOOD BANK:** This weekend, February 29-March 1, is our turn to support the Yarmouth Food Bank. Non-perishable goods and monetary donations are appreciated.




**STATIONS OF THE CROSS:** will began on Friday, February 28 and will continue every Friday during Lent at St. Ambrose Co-Cathedral at 6:30pm. Each week, it will be led by a different group.



**QUOTE OF THE WEEK:** Remember that the Christian life is one of action, not of speech and daydream. Let there be few words and many deeds, and let them be done well. – Saint Vincent





God's abundant blessings upon Jesse Edward Steeves and Trina Anne Saulnier who were married on February 25<sup>th</sup> 2020 at St. Ambrose Co-Cathedral.

As you begin your married life together, may you trust and rely on God's Holy Presence for guidance, direction and strength.

**MARCH ULTREYA /SCHOOL OF LEADERS:** Will take place at the Marian Hall, Thursday March 05, 2020 Cursillo School of Leaders - 5:30 to 6:30pm. Ultreya - 7pm. Wedgeport is Hosting. News: Cursillo Weekend 2020. Men's Weekend Sept. 17-20. Women's Weekend Sept 24-27.

Please contact: Men's: Chester Muise 902-648-2557 [ckmuise@eastlink.ca](mailto:ckmuise@eastlink.ca) and Women's: Janice Bourque 902-740-5156 [janbourque@eastlink.ca](mailto:janbourque@eastlink.ca)

**REFLECTION:** Fed Rightly- We have a basic, unspoken fear of being deprived of food. So, we try to outfox the caprices of nature and its seasons, hoping that we never have to go hungry. But something has run amok when fear of being deprived of food drives us to manipulating, bullying, controlling, overproducing, depleting, hoarding and consuming – not just food, but fuel and forests, water and whatever resource we cannot live without. Ravenous for something, we try to still our anxiety with whatever brings comfort most quickly. With a voracious need, we bully our way into the world's stores and consume everything in sight.

Frederick Buechner's definition of a glutton is true – of individuals and of communities: A glutton is one who raids the icebox for a cure for spiritual malnutrition! The habit of "raiding" spoils our appetite, even as it leaves us ever unsatisfied. The late M. F. K. Fisher wrote: "I cannot count the good people I know who would be better if they bent their spirits to the study of their own hungers."

So, take a moment to reexamine cravings, hungers, yearnings, compulsions and impulses as natural and right – *but in need of being fed at the right level.* Fast from instant gratifications.

**CATHOLIC WOMEN'S LEAGUE NEWS:** The Monthly meeting will take place Monday March 2<sup>nd</sup> in the Jubilee Room. Executive meet at 6:30pm- regular meeting to follow at 7:00 pm. Remember to bring stamps, cards and yarn. New members are always welcome.



**WORLD DAY OF PRAYER:** This year's World Day of Prayer will be taking place on March 6<sup>th</sup> 2020 at 6:30pm. The country is Zimbabwe and it will be held at the Salvation Army on Brunswick Street. A social will follow and everyone is welcome.

**NO SCENTS PLEASE:** This is a friendly reminder to please refrain from wearing scented products to mass.

