



**1st Sunday of Lent
February 20th & 21st, 2021**

Pastor: Fr. Henry Smolenaars
Hospital Chaplain: Fr. Wieslaw Papuga 902-746-8233
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Fr. Henry Email: frhenrys@gmail.com
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 from 9:30 am to 1:00 pm
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Reconciliation/confession is available by appointment only at this time please call the office or email Fr. Henry directly for an appointment.

MASS INTENTIONS--February 20th -28th, 2021

Sat.	Feb.20	4pm	Herbert Maillet and Anne MacEachern
	Feb .21	9am	Marc Boudreau and Greg & Barb Deveau
Sun.	Feb. 21	10am (Melbourne)	Doris Fitzgerald
	Feb.21	11am	Parishioners
Wed.	Feb. 24	9am	Robert White and Alvin Rodgerson
Sat.	Feb.27	4pm	Arnold & Agnes Porter and Helen & Doug Melanson
Sun.	Feb.28	9am	Parishioners
	Feb. 28	10am (Melbourne)	Theresa Harris
	Feb. 28	11am	Tingy Jackson and Nelly Vanderdonk-Muise

Please note we will not be carrying the gifts for the offertory until further notice.

Please note: The weekday Mass will be cancelled in the event of a funeral Mass. The Mass intention scheduled for that day will be offered at a later date.

STATIONS OF THE CROSS: began on Friday, February 19 and will continue every Friday during Lent at St. Ambrose Co-Cathedral at 6:30pm. Each week, it will be led by a different group. We will be following safety protocols so it will be a first come first served basis. Please note we will record the first week and it will be available on our website for the duration of Lent.



LIVE STREAM MASS AT ST. AMBROSE: We live stream mass every Wednesday at 9:00 am and on the weekend at the Saturday 4:00 pm, Sunday at 9:00 am or 11:00 am mass on a rotating basis. The next scheduled mass is always posted on our website's main page. If you want to watch, go to our web site at www.stambroseyarmouth.ca or go to our YouTube channel www.youtube.com/c/SaintAmbroseParish/videos?view=57

EMAIL TRANSFERS: are available. Please send to stambrosemail@gmail.com Please add your envelope number or personal information for income tax purposes.

QUOTE OF THE WEEK: Fasting and almsgiving are the two wings of prayer that enable it to gain momentum and more easily reach even to God. -St. Augustine



REFLECTION: A Time for True Prayer But when you pray, go to your inner room, close the door, and pray to your Father in secret. And your Father who sees in secret will repay you. One of the most important parts of true prayer is that it takes place deep in the inner room of your soul. It is there in the inner depths of your being that you will meet God. Saint Teresa of Ávila, one of the greatest spiritual writers in the history of our Church, describes the soul as a castle in which God dwells. Meeting Him, praying to Him and communing with Him requires that we enter into the deepest and innermost chamber within this castle of our soul. It is there, in the innermost dwelling that the full glory and beauty of God is discovered. God is not just a God who is "out there" far away in Heaven. He is a God Who is closer and more intimate than we could ever imagine. Lent is a time, more than any other time of the year, when we must strive to make that journey inward so as to discover the Indwelling of the Most Holy Trinity. What does God want of you this Lent? It's easy to begin Lent with more superficial commitments, such as giving up a favorite food or doing an extra good deed. Some choose to use Lent as a time to get in better physical shape, and others decide to dedicate more time to spiritual reading or other holy exercises. All of this is good and useful.



But you can be certain that the deepest desire of our Lord for you this Lent is that you pray. Prayer, of course, is much more than saying prayers. It's not only saying the rosary, or meditating upon Scripture, or reciting beautifully composed prayers. Prayer is ultimately a relationship with God. It's an encounter with the Triune God Who dwells within you. True prayer is an act of love between you and your Beloved. It's an exchange of persons: your life for God's. Prayer is an act of union and communion by which we become one with God and God becomes one with us. The great mystics have taught us that there are many levels to prayer. We often begin with the recitation of prayers, such as the beautiful prayer of the rosary. From there we meditate, ponder and reflect deeply upon the mysteries of our Lord and His life. We come to know Him more fully and, little by little, discover that we are no longer just thinking about God, but we are gazing at Him face to face. As we begin the holy season of Lent, reflect upon your practice of prayer. If the images of prayer presented here intrigue you, then make a commitment to discover more. Commit yourself to the discovery of God in prayer. There is no limit and no end to the depth to which God wants to draw you through prayer. True prayer is never boring. When you one discovers true prayer, you they discover the infinite mystery of God. And this discovery is more glorious than anything you could ever imagine in life. *My divine Lord, I give myself to You this Lent. Draw me in so that I may come to know You more. Reveal to me Your divine presence, dwelling deep within me, calling me to Yourself. May this Lent, dear Lord, be glorious as I strengthen my love and devotion through the discovery of the gift of true prayer. Jesus, I trust in You.* ~My Catholic Life

INCOME TAX RECEIPTS: 2020 income tax receipts can be picked up at the Parish Centre Office Monday to Friday between the hours of 9:30-1:00.

KNIGHTS OF COLUMBUS NEWS: NOVA SCOTIA KNIGHTS OF COLUMBUS STATE SCHOLARSHIP (value \$1000.00) Scholarships are available for Catholic students and who will be attending first year University or Community College next year. Yarmouth Council 2181 will accept applications



from students living in the geographic area served by our Council (including the area of the former Wedgeport Council). Scholarships are awarded based on academic standing and volunteer activities. Students applying for a Nova Scotia State Scholarship will also be considered for a Council 2181 Scholarship which is valued at \$500.00. Please consult your school guidance councillor for application forms. Completed applications with supporting documents must be received by Council 2181 Scholarship Chairman Philippe Doucet on or before Friday, March 12, 2021. If you require more information, please call 742-2940 or 748-1592.

FORMATION COLLECTION: On March 5 & 6 the Archdiocese will launch the Formation Collection. The collection is for:

- Adult Faith Formation – Through programs offered by the archdiocese, as well as through partnerships with organizations like the Atlantic School of Theology, we strive to create and provide opportunities to form adults and equip them to share Christ with others
- Catechetical Formation –We will explore new methods and expressions of catechesis to engage both children and adults. Catechesis is an ever evolving and changing ministry, yet the core teachings of the Church remain unchanged and must be passed on.
- Pastoral Formation –Through retreats, study days and training sessions for priests, deacons and lay leaders, we will work to form leaders for the ever-changing ministry contexts they face today. Please be as generous as you can be at this time.



Our sympathy is extended to the family and friends of
 Father Maurice LeBlanc
 Eternal rest grant unto him O Lord and let perpetual light shine upon him.