



26th Sunday in Ordinary Time September, 28 & 29 2019

Pastor: Fr. Henry Smolenaars
Parish Deacon: Rev. Mr. Stephen Bourque
Fr. Henry Email: frhenrys@gmail.com

Office hours: Monday to Friday
 from 9:30 am to 1:00 pm

Church email : stambrosemail@gmail.com
Bulletin email: stambrosebulletin1@gmail.com
Tabitha Centre: 902-742-8960

Reconciliation/confession is available every Saturday 11 am-noon at St. Ambrose Co-Cathedral.

MASS INTENTIONS – September 28–October 6, 2019

Sat. 4pm Anniv. Vera Regina B. Piegas and Rosa Hattie
6pm (Melbourne) Anniv. Elizabeth Saulnier

Sun. 9am Parishioners
11:15am Anniv. Wallace Hubbard and Anniv. Bernard & Mineva Deveau

Mon. No Mass

Tues. 6:30pm Intentions of Adeline Cook and Intentions of Dorothy Bowers

Wed. 6:30pm Lillian Charchuck and Dorothy Powell

Thur. 9am Ian MacDonald and Anthony R. Doucette

Fri. 9am Majorie Doucette and Ron Muisse

Sat. 4pm Parishioners
6pm (Melbourne) Eric Saulnier

Sun. 9am Intentions of Bob & Donna Earle and Mary Lucy Parker
11:15am Lloyd Fitzgerald and Vincent Che

IF YOU WOULD LIKE TO BRING UP THE GIFTS in the offertory procession at a weekend Mass (if you are a family member of the person the Mass is for) please see the greeters at least 20 minutes before Mass begins.

Please note: The weekday Mass will be cancelled in the event of a funeral Mass. The Mass intention scheduled for that day will be offered at a later date.

MONTHLY POT LUCK & COFFEE SOCIAL:

The coffee socials will be held the weekend of October 12th & 13th after the Saturday 4pm Mass and the Sunday 9am Mass. The pot luck is taking place Sunday, October 13th, following the 11:15am Mass at the Parish Center Dining Hall. Please bring a dish to

share with the community and bring a friend. The Knights will be there to accept items.

KNIGHTS OF COLUMBUS NEWS:

Monthly Meeting: Tuesday October 8th, all members invited.



5:30pm executive meeting
 6:30pm supper
 7:30pm general meeting

Community Breakfast: Sunday, October 20th from 9am -noon at the Knights of Columbus Hall. Adults - \$7.00 and children under 12 -\$3.50. Eat in or take out.

Assembly 1428 meeting: Tuesday October 20th at 7pm. All members invited.

Weekly soup kitchen: every Tuesday from 11am to 1pm. Everybody welcome.

WHAT IS COFFEE & CREED?

All adults are invited to learn more about their faith and have a discussion about being Catholic in today's world (also have coffee and some sweets!). We are located downstairs and to the left in the parish centre. Classes are from 10:15 to 11:00 every Sunday that the children have classes. No registration required. This year's topic: Catholic morality – the moral teachings of the Church.



GRIEF SESSION A day session on 'understanding your grief and how you may help someone with their journey' will be held at the Old Orchard Inn on Monday September 30. For more information contact Bertha Brannen Grief Recovery Specialist at info@rubyconsultants.ca or 902 740-2146.

CHRIST LIFE NEWS

Our next session of *Discovering Christ* will begin on October 10, 2019. All parishioners are encouraged to invite family members or friends who may be searching for the meaning of their lives. *Discovering Christ* is a seven week experience with great free dinners, an engaging Bible inspired message, discussion and conversation about the message. There is no cost to participate, but registration is required. To learn more or to register go to <http://www.stambroseyarmouth.ca>, email ChristLife.Yarmouth@gmail.com or call the office.



ASSEMBLY REGISTRATION NOW OPEN:



Registration is now open for our 8th annual Assembly of the People of God. On **October 25-26** the faithful are invited to gather with Archbishops Mancini and Dunn at Mount Saint Vincent University to discern and discuss matters of faith in our diocese. Watch for more details, updates, and other Assembly news in the Halifax-Yarmouth News Service (Tuesdays). For information and to register go to www.halifaxyarmouth.org/assembly

FOOD BANK:



Next weekend October 5th-6th will be our turn to support the Yarmouth Food Bank. Non-perishable goods and monetary donations are appreciated.



EMPOWERED MEN'S CONFERENCE:

It's not too late to register for the 2nd annual Catholic Men's Empowered Conference being held in Halifax, at the Bella Rosa Arts Center, October 4-5, 2019. The Empowered conference is a call to men to be challenged and grow in faithfulness to serve God, the Church, and especially their families. This conference is an opportunity for men to become more engaged in their faith, whether they're lukewarm or already on fire! In addition, the conference helps men find their purpose, meet others who are like-minded looking for a spiritual experience, allows men to feel comfortable talking about their faith, support one another, share their struggles including spiritual ones while rediscovering their role as men in the church and families. Given the current Parish/Church restructuring, our church needs her men today more than ever to become inspired and to inspire others. For more information visit our website or contact us at empoweredccfm@hotmail.com.

CATHOLIC'S WOMEN'S LEAGUE:



monthly meeting will take place October 7 – the executive meet at 6:30 pm. – regular meeting to follow at 7:00 pm. The barrell of groceries raised \$1457.05 and the winner was Linda Morton.

QUOTE OF THE WEEK:



To succeed in your intentions, entrust yourselves to the Blessed Virgin Mary always, but especially in moments of difficulty and darkness. –St. John Paul II

UPDATE FROM THE ST. AMBROSE REFUGEE

COMMITTEE: Good news we have heard that our Burundi family of five will be arriving in Yarmouth on October 10th. We have also secured an apartment for the family and moving day will be next week October 1st. There may be a need for a few items which will be posted in the next bulletin but the most immediate need will be a carseat for the youngest child and a washer and dryer. If anyone has one to donate could you please call the parish office and we would be happy to pick it up. Please keep the family in your prayers as they enter into this new transition.

REFLECTION:

Do you want to be a saint? Hopefully the answer is "Yes." But what about this question: Do you think you *can* become a saint? This may be more difficult to answer. It's easy to dream of sanctity and to desire it, but when faced with the task of achieving it, discouragement can easily set in. Discouragement comes when you see the high call of holiness and conclude that you will never be able to achieve it. You may become fixated upon a certain fault and give up, thinking that you are destined to remain lukewarm and that's it. You may feel as though you are a nice person and that will have to suffice. But God has great plans for you! He not only calls you to be a saint, He knows you can become one. The key is to allow His Mercy to become so clear to you that you begin to realize sanctity is possible. Holiness, or sanctity, is not achieved because we are good; rather, it's achieved because God is merciful and we have chosen to fix our gaze upon that Mercy. Never doubt the truth that you are both *called* to be a saint and that you *can* become a saint.

Reflect upon these two questions today. Do I *want* to become a saint and *can* this be achieved in my life? Look for ways that you get discouraged at the thought of holiness. Whatever it is that is causing discouragement in you is false. It's not the truth. Let the Mercy of God appear before your eyes and realize that His Mercy is able to be received by you. And when you are open to receiving the Mercy of God, you will begin your journey to true sanctity.

Lord, I do desire to become holy as a result of Your abundant Mercy.
 – Saint Faustina