



**2<sup>nd</sup> Sunday of Ordinary  
Time  
January 16<sup>th</sup>, 2022**

**Pastor:** Fr. Henry Smolenaars  
**Hospital Chaplain:** Fr. Wieslaw Papuga  
 902 - 746 – 8233 (Hospital)  
**Parish Deacon:** Rev. Mr. Stephen Bourque  
**Fr. Henry Email:** frhenrys@gmail.com  
**Office hours:** Monday to Friday  
 from 9:30 am to 1:00 pm  
**Church email :** stambrosemail@gmail.com  
**Bulletin email:** stambrosebulletin1@gmail.com  
**Tabitha Centre:** 902-742-8960  
**Reconciliation/confession** is held on Wednesday  
 after mass from 9:30-10:00

**MASS INTENTIONS – January 15<sup>th</sup>- 23<sup>th</sup>, 2022**

**Sat. 4pm** Marjorie LeBlanc and Kenneth Ryan  
**Sun. 9am** Pius and Cecilia Landry and William Cottreau  
**Sun. 10am (Melbourne)** Audrey Muise  
**Sun. 11am** Parishioners  
**Wed. 9am** Anniv. Frank Muise and Daniel Poirier  
**Sat. 4pm** Anniv. Ron Muise and Kenny Ryan  
**Sun. 9am** Parishioners  
**Sun. 10am (Melbourne)** Anniv. Loring Clairmont  
**Sun. 11am** Lois Armstrong and Anniv. Helena Quinn

**LIVE STREAM MASS AT ST. AMBROSE:** We live stream mass every Wednesday at 9 am and on the weekend at the Saturday 4pm and Sunday at 11 am mass on a rotating basis. The next scheduled mass is always posted on our website's main page. If you want to watch, go to our web site at [www.stambrosearmouth.ca](http://www.stambrosearmouth.ca) or go to our YouTube channel [www.youtube.com/c/SaintAmbroseParish/videos?view=57](http://www.youtube.com/c/SaintAmbroseParish/videos?view=57)

**EMAIL TRANSFERS:** are available. Please send to [stambrosemail@gmail.com](mailto:stambrosemail@gmail.com) Please add your envelope number or personal information for income tax purposes.

**REFLECTIONS: Words of Wisdom From our Blessed**



**Mother His mother said to the servers, "Do whatever he tells you."** This short and direct

statement from our Blessed Mother says all we need to know. "Do whatever He tells you." What else do we need to know in life?

The hard part, of course, is following that advice. It's easy to believe it, to preach it and to commit ourselves to doing everything that our Lord says, but it's another thing to actually follow through and fulfill His divine will.

That short exhortation calls us to two things: 1) To discern what Jesus wants of us and, 2) To freely embrace that which we discern. How are you doing in these two areas?

First of all, discerning the will of God can be hard in the sense that it requires a wholehearted attentiveness to His gentle and subtle voice. God does not impose His will on us; rather, He respectfully and quietly invites us to listen. He waits until we give Him our full attention and then reveals His will one step at a time. Yes, some things have been made clear already through public revelation such as the avoidance of sin and the embrace of faith, hope and love. But when we are ready to let those general commands enter practically into our daily lives, we must be ready to give God our full attention.

Second, we should realize that God's will, when properly discerned, is not always easy to embrace. He requires everything of us. He is a "jealous God" in the sense that He wants our total surrender. The good news is that if we are willing to give Him everything in total obedience, we will discover that our lives are completely fulfilled.

Reflect, today, upon this twofold invitation spoken by our Blessed Mother. Reflect upon how ready you are to listen to God's will and how ready you are to do His will, no matter what it is. If you are ready for this, you are on the path toward holiness.

*Dear Blessed Mother, thank you for your perfect words of wisdom. Help me to accept your advice in my life. Help me to know what your Son wills of me and then help me to embrace His holy and perfect will. Lord, I give You my life and choose to surrender all to You. Jesus, I trust in You. ~My Catholic Life*

**WHAT NAME DO YOU PUT ON YOUR DONATION**



**CHECK?** All checks for the parish whether you are at mass at Our Lady of Lourdes or St. Ambrose Co-Cathedral, should have on them **St. Ambrose**

**Parish.** Any donation for the cemeteries, Our Lady of Calvary Cemetery, Our Lady of Lourdes, St. Gabriel's Comeau's Hill or St. Raphael's Pinkney's Point now have to be made out to **St. Ambrose Parish** as well. All money goes into the one account but is kept track of separately for each church and cemetery.

**ELECTRONIC DOOR OPENER:** We are pleased to tell you we now have an electronic door opener on one of the church doors. The door will only be operational during the times when the church is open. If you wish to use the door it is the one located to the left of the main entrance doors when facing the church.

**IN PERSON MASSES:** We have reopened the masses to 50 people. Wednesday masses will be a first come first served. The weekend masses will have to return to a lottery system and we will contact you if your name has been drawn. With the constant changes of COVID 19 restrictions this is subject to change. Please check our website main page in case masses have to be cancelled. [www.stambrosearmouth.ca](http://www.stambrosearmouth.ca)

**ARE YOU LOOKING FOR A WAY TO DEEPEN YOUR RELATIONSHIP WITH GOD?**

Join us this Lent for an Introduction to Ignatian Spirituality. No prior knowledge is necessary. Open to anyone who is seeking assistance to grow closer to our God, regardless of your spirituality or if you currently pray at all. Each week we will discuss what St. Ignatius of Loyola taught about gratitude and a passionate response to our generous God's invitation to know Him. Topics include: Praying with scripture; Praying the Examen - St. Ignatius urged his followers to pray the Examen each day even if they did not have time to pray anything else; Understanding discernment; Principles for making good decisions; and more. 500 years ago, St Ignatius' life was changed by a cannonball and his spiritual insights have changed millions of lives since.

Beginning Thursday March 3 at 7:00 p.m., repeating beginning Monday March 7 at 2:00 p.m. No fee, but pre-registration is required, please email [ChristLife.yarmouth@gmail.com](mailto:ChristLife.yarmouth@gmail.com) or call or text Helen at 902 742-6216 to register or with any questions. Masks required upon entering building, proof of vaccination, and any other Department of Health Covid requirements will be followed.

**MESSAGE FROM FATHER HENRY:** I have to say that for me this year Christmas was a bit depressing. Not having the crowds changes things. It didn't feel like the celebration it usually is. Having said that, I do think that Jesus gave Himself to us in a powerful way even though it might not have been in the normal way. As we start the New Year, let's continue to pray that this year is the end for COVID. To all those who gave me gifts, I thank you for your kindness and generosity. For all those who help and have helped in the various ministries in St. Ambrose Parish, I thank you. Church would not be the same without the generous giving of yourself. So too, thank you to everyone who supports us financially. Your generous giving makes it possible to be able to worship in our beautiful churches. May God continue to bless each and every one of us in the coming year.

**QUOTE OF THE WEEK:** God's love call us to move beyond fear. We ask God for the courage to abandon ourselves unreservedly, so that we might be moulded by God's grace, even as we cannot see where that path may lead us. -St. Ignatius Loyola



**SEPARATED AND DIVORCED CATHOLICS:** Marriage is a lifetime commitment; however, separation and divorce can occur resulting in wounds of stress and pain. The Catholic Church seeks to reach out to divorced people in an effort to help heal the wounds, while affirming its teaching on the permanence of marriage. Anyone interested can contact the marriage tribunal in the diocese where one lives. For more information, please view our website at [www.halifaxarmouth/marriage-tribunal](http://www.halifaxarmouth/marriage-tribunal) or contact: Cathy Targett: [ctargett@halifaxarmouth.org](mailto:ctargett@halifaxarmouth.org) or 902-429-9800 ext. 321.