



January 15th, 2023
2nd Sunday of Ordinary Time

Pastor: Fr. Henry Smolenaars
Fr. Henry Email: frhenrys@gmail.com
Hospital Chaplain: Fr. Wieslaw Papuga
Priest on Call: 902-746-8233 (Emergencies)
Office hours: Monday to Friday
 from 9:30 am to 1:00 pm
Church email : stambrosemail@gmail.com
Bulletin email: stambrosebulletin1@gmail.com
Tabitha Centre: 902-742-8960
Reconciliation/confession is held on Wednesday after mass from 7:00-8:00

MASS INTENTIONS —January 14th- 22nd 2023

St. Ambrose Co-Cathedral (Yarmouth):

Sat. 4 pm William Murphy and Florence Murphy
Sun. 9am Parishioners
Sun. 11:15 am Albert & Sarah Theriault and Francis Chisholm
Tues. 6:30pm LeBlanc & Levy Families and Stanley Surette
Wed. 6:30 pm Noella DeMille and Raymond & Eleanor Cottreau
Thurs: 9 am Anniv. Frank Muise and Jerry MacKenzie
Fri. 9 am Sis Redfurn and Fred Emin Sr.
Sat. 4 pm Anniv. Lawrence and Beryl Melanson
Sun. 9 am Pius & Cecile Landry and Int. Of Linda Randall
Sun. 11:15 am Parishioners

Our Lady of Lourdes (Melbourne):

Sun. 10 am Jan. 15 Audrey Muise
Sun. 10 am Jan. 22 Ina DeViller

REFLECTION: Behold, the Lamb of God! John the Baptist saw Jesus coming toward him and said, "Behold, the Lamb of God, who takes away the sin of the world." Saint John the Baptist speaks these words about Jesus at the moment that he sees Jesus coming to him in the distance. John knew, by the



inspiration of the Holy Spirit, that Jesus was the "Lamb of God." He knew, by this interior revelation, that Jesus would become the Sacrificial Lamb Who would lay down His life for the salvation of the world. Perhaps John did not know the details of how this would happen, but he didn't need to. He was content knowing this sacred mission of the Messiah, and he was content knowing that Jesus was that, Messiah.

Today, as we ponder John's words, we are able to see them more clearly. Jesus is the One Who gave His life on the Cross for the remission of sins. He is the One Whom we now receive sacramentally in Holy Communion as the "Lamb of God." It is His flesh and His blood, poured out for us, that we now consume with the deepest reverence and love.

At Mass, these are the final words spoken by the priest after the consecration and prior to Holy Communion. Every time we participate in the Holy Mass, we relive this moment in which John saw our Lord coming to Him.

As we begin this season of Ordinary Time, we are invited to come to know this Lamb of God more fully through His many teachings, miracles and actions done during His public ministry. In the Liturgy of the Word at every Mass, we are called to unpack these words of John, coming to understand the mystery of the life of Christ more fully. And through our participation in the reception of Holy Communion, we come to know Him Who is the Lamb of God in the most personal and intimate of ways, when we enter into holy union (Holy Communion) with Him. Reflect, today, upon these very familiar words of Saint John the Baptist. As you do, begin by prayerfully pondering the knowledge that John might have had about Christ the first time he saw Him. Why did John say these words? How fully did he understand their meaning? Did he know that his words would be echoed throughout time? As you prayerfully ponder the interior knowledge that John might have had at that time, try also to reflect upon all that we now know about these holy words. Reflect especially upon the suffering and death of the Lamb of God and the way in which He has transmitted His Saving Sacrifice to us in Holy Communion. What a gift! What a mystery! What a joy! Behold the Lamb of God within your heart, mind and soul, and prayerfully seek to know Him more fully this day.

Glorious Lamb of God, You have come and taken away the sins of the world through the sacrifice of Your sacred life on the Cross. Please help me to understand Who You are and all that You have done for me, especially every time I come to behold You and receive You in Holy Communion. Jesus, I trust in You.
 -My Catholic Life

ADORATION CHAPEL: There is a very special place



where Jesus actually resides where you can go and be alone with him. Quiet your soul in prayer or in silence with Jesus in the Blessed Sacrament. He is literally waiting for you in our little Adoration Chapel.

If you want a radical change in your life, this may be what you are looking for. This is an opportunity to be still and hear the voice of God.

If interested, please call Debbie Murphy-Payie at 902-740-2005

QUOTES OF THE WEEK: Let no one mourn that they



have fallen again and again, forgiveness has risen from the grave! – St. John Chrysostom

Pride makes us forgetful of our eternal interests. It causes us to neglect totally the care of our soul. -St. John de La Salle

LECTORS NEEDED: We are in need of people to



read at mass. As Christian disciples we are called to give the three T's of TIME, TALENT and TREASURE. Please consider becoming a lector. If you are interested, please call the office. We will be doing some training sessions after each mass once we have a few new people. Thank you for your generosity in giving back to the parish. Fr. Henry

ST. AMBROSE SKI TRIP: After a two-year break, we



are happy to say that the annual to Martock is coming up on Saturday, February 18th. The cost is \$30.00 a person. We have a limited number of spots so it will be first come first served. The event is for youth and families ages 8 and up. For more information, please contact the parish office 902-742-7151.

ALTAR SERVERS NEEDED: We are hoping to soon



be going back to having altar servers again at all of the masses. If you are a youth who has received first Communion and would like to help in this ministry, please contact the office.

SCENT FREE PLEASE! Please help us to



accommodate those who are sensitive to fragrances and other scented products. Thank you for not wearing perfume, cologne, scented hand lotions, scented hair products or other scented products!

OLD PALM: If anyone has old palm from last year,



you can leave it in the container at the back of the church starting next week or you may burn your old palm yourself at home.

PARISH LIBRARY: Did you know we have a parish



library in the Parish Center? We have many good books to choose from. Books on saints, spirituality, biographies and many other topics. Come and check out what we have and borrow one!

COFFEE SOCIALS: This Sunday, January 14th & 15th,



the coffee socials will be held after all the masses in the Jubilee Room Come join us for a cup.

DECREE OF NULLITY: "The Archdiocese of Halifax-

Yarmouth invites people with questions or concerns about the application for nullity process to contact the Marriage Tribunal Office. The office is open and ready to assist anyone who seeks additional information or guidance in how to begin the process. We can be reached by phone at 902-429-9800 ext. 321 or please visit the "Marriage Tribunal" on the Archdiocesan website www.halifaxyarmouth.org under "Pastoral Services".

ULTREYA: The next Yarmouth Area Ultreya will be



February 2nd at 7pm in the Marian Hall at St. Ambrose. Welcome to all!