



October 29th 2023
30th Sunday of Ordinary
Time

Pastor: Fr. Henry Smolenaars
Fr. Henry Email: frhenrys@gmail.com
Hospital Chaplain: Fr. Wieslaw Papuga
Priest on Call: 902-746-8233 (Emergencies)
Office hours: Monday to Friday
 from 9:30 am to 1:00 pm
Church email : stambrosemail@gmail.com
Bulletin email: stambrosebulletin1@gmail.com
Tabitha Centre: 902-742-8960
Reconciliation/confession is held on Wednesday
 after mass from 7:00-8:00

MASS INTENTIONS – Oct. 28th – November 5th 2023

St. Ambrose Co-Cathedral (Yarmouth):

- Sat. 4 pm Parishioners
- Sun. 9am Anniv. Yvonne Eldridge
- Sun. 11:15 am Anna MacIntyre Chisholm
- Tues. 6:30 Fr. Tom McQuade
- Wed. 6:30 pm All Souls
- Thurs: 9 am Mary & Wilfred Bishara
- Fri. 9 am Anniv. Albani DeViller
- Sat. 4 pm Rosmary & Barbara Feener
- Sun. 9 am Parishioners
- Sun. 11:15 am Ruth Baker

Our Lady of Lourdes (Melbourne):

- Sun. 10 am October 29 All Souls
- Sun. 10 am November 5 Anniv. Mary Ellen Saulnier

REFLECTION: The High Calling of Love “You shall



love the Lord, your God, with all your heart, with all your soul, and with all your mind. This is the greatest and the first commandment. The second is like it: You shall love your neighbor as yourself. The whole law and the prophets depend on these two commandments.” Think about the many things you desire in life. What would make up that list? Perhaps there are many good things that would be

included, such as a desire for strong family relationships, good health, a happy life, good friends, and financial security. Perhaps there are other things that would be included, such as success in an occupation, nice vacations, a new home, and fun adventures in life. If you were to make a list like this that began with your deepest desire, what would come first? We might all know what should come first, but if you were to honestly examine the desires of your heart right now, what would be on the top of that list? Ideally, the first and greatest desire of our souls would be the two greatest commandments. Above all else you will desire to love God with all your heart, soul and mind and love your neighbor as yourself. Is that the deepest desire of your heart? What’s important to note is that we ought not love God with most of our heart, soul and mind. We don’t just love Him with 51% and then allow ourselves to disseminate the other 49% to other loves. No, 100% of our love must go to God. God must be the single and exclusive object of our love. If you were to give to God 100% of your love, what would you have left for others? The glorious nature of our love of God is such that the more love we offer to God, the more we have to give away to others. When we give our love to God, He does not take it away from us and keep it for Himself in a selfish way as if He is jealous and possessive. Instead, loving God transforms our ability to love in such a way that we have even more than we started with. We are limited creatures and we are limited in our ability to love. God is infinite and His love is infinite in nature. Therefore, when we give our limited love to God, we receive back from Him His infinite love. This love is then able to overflow from our lives and can be distributed without reserve. So back to our original question: Do you love God with all your heart, with all your soul, and with all your mind? If you do, then it means that every part of who you are is caught up in the mind and will of God. It means that you continuously seek to understand God and all that He has revealed to you. It means that you seek to comprehend His perfect will for you every day of your life. It means that you choose only that which God wills and that you do so with passion, zeal and fervor. It means that you are continuously attentive to God, respond to His gentle promptings of grace, and are led by Him every moment of every day of your life. That is a

high calling! But it is the calling you have been given. Then, and only then, will you be loving yourself with the love of God by opening yourself to His outpouring of love, and only then will you be able to act as an instrument of God’s love to those around you.

Reflect, today, upon the high and definitive calling you have been given to love God with every fiber of your being. Your love must become all-consuming. It must be total and without hesitation. It will require the complete sacrifice of your life, the full purging of your sins, the denunciation of all selfishness and a heart that is open to the infinite power of God’s transforming touch. Because God commanded this, it is possible. It is possible to become a great saint. Shoot for nothing less. Never give up on this high calling, and know that it is the only way to the fulfillment in life that you deeply desire. *My loving Lord, You have given everything to me and ask for everything in return. Please help me to understand Your perfect love and to choose it with all my might. I do love You, dear Lord. Help me to love You with all that I am. Jesus, I trust in You.* – My Catholic Life

QUOTE OF THE WEEK: Remembering the sufferings



of Christ and the crown that came from those sufferings which gave new radiance to the faith. The whole company of saints bears witness to the unfailing truth that without real effort no one wins the crown. –St. Thomas Becket

GILLES BOUDREAU & FRIENDS CANCER HELP

FUND: There will be a roast beef supper and auction happening November 4th 4:00pm to 7:00pm at the Knights of Columbus Hall. The cost \$15.00 per serving and includes tea, coffee & desert. For tickets, please contact Peter Keech at 902-749-1640 or Melina Boudreau at 902-740-0286. Eat in or take out/Delivery available by contacting Melina.

ULTREYA: The Yarmouth and Area Ultreya will be held November 2nd 2023 at Marian Hall at 7pm. We hope to see you then! De Colores!

ARE YOU NEW TO SAINT AMBROSE PARISH?

Would you like help in understanding the Mass - what the gestures, symbols, and prayers represent?

Join us at the Parish Centre Sundays beginning November 19th at 10:15 to 11:00 (the same time the children are in their catechism classes). We will be meeting upstairs (turn left and around corner). No registration or fee. For more information email search.stambrose@gmail.com

FOOD BANK: Next weekend November 4th & 5th, is



our turn to support the Yarmouth Food Bank. Non-perishable goods and monetary donations are appreciated. Members of the Knights of Columbus will be on hand before all the masses to receive the donations.

DO YOU LIKE TO SING: The 11:15 Choir is looking to

welcome new members to their team. We practice Wednesday evenings at Marian Hall, 7:15 – 8:45. If you are interested in sharing your talents in praising God, please feel free to contact anyone of the choir members. Remember, those who sing, pray twice – Saint Augustine.

TAIZE PRAYER: Come for a time of reflection and

song. Thursday November 2nd 2023 from 8:00pm to 8:00 pm at the Holy Trinity Church, 61 William St.

IN REMEMBRANCE: On November 4th the



Legionares will be placing flags on the graves of the Vetrans at Pinkney’s Point Cemetery at 10:00am, Melbourne Cemetery at 10:45am and Comeau’s Hill cemetery 11:30. Everyone is welcome to come.



Our sympathy is extended to the family and friends of
 Tara Lee Amon
 Eternal rest grant unto her O Lord and let perpetual light shine upon her.