



30th Sunday of Ordinary Time
October 23rd, 2022

Pastor: Fr. Henry Smolenaars
Fr. Henry Email: frhenrys@gmail.com
Hospital Chaplain: Fr. Wieslaw Papuga
Priest on Call: 902-746-8233 (Emergencies)
Office hours: Monday to Friday
from 9:30 am to 1:00 pm
Church email : stambrosemail@gmail.com
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Tabitha Centre: 902-742-8960
Reconciliation/confession is held on Wednesday after mass from 7:00-8:00

MASS INTENTIONS — October 22nd – 30th, 2022

St. Ambrose Co-Cathedral (Yarmouth):

Sat. 4pm Lorna Burnham and Nelson Muise
Sun. 9am Anniv. Larry Saunders and Adele Robicheau
Sun. 11:15am Parishioners
Tues. 6:30pm Mass Cancelled (Funeral Mass 10:am)
Wed. 6:30 pm Marilyn Muise and Anniv. Rosalind & Jarvis Saulnier
Thurs: 9 am Frank Muise and Daniel Poirier
Fri. 9 am Intentions Frank & Doris Thibeau and Carol Cyr
Sat. 4 pm Parishioners
Sun. 9 am Conrad, Mickey & Curtis LeBlanc and Ray Miller
Sun. 11:15 am Anniv. Viola Lombard and John Lombard

Our Lady of Lourdes (Melbourne):

Sun. 10 am Oct. 23 Nicholas Clegg
Sun. 10 am Oct. 30 For all Souls

ALL SAINTS' PARTY: On October 30th after the 11:15am Mass we will be having a children's All Saints' party in the Jubilee Room. Children of all ages (including babies) can dress up as saints and say a word or two about their chosen saint. There will be games and activities. Everyone is invited. Light snacks will be served. Contact Leila with any questions at 902-307-5966.

WANT TO BECOME CATHOLIC? Are you a non-Catholic interested in the Catholic faith? Are you thinking you might want to become Catholic? Are you a Catholic adult who never celebrated your 1st Communion and/or Confirmation? Then RCIA is for you. RCIA will be starting this fall at St. Ambrose. If you are interested then please contact the office for a form you can fill out to sign up. Come and join us this fall!



REFLECTION: True Righteousness Jesus addressed this parable to those who were convinced of their own righteousness and despised everyone else. [Luke 18:9](#)

This Scripture passage is the introduction to the Parable of the Pharisee and Tax Collector. This parable offers quite a contrast between two general attitudes. First, the Pharisee's attitude reveals that he is very impressed with himself, thinking highly of his public image, and is unaware of his own sin. Second, the tax collector's attitude reveals that he is deeply aware of his own sin, is sorry for it and knows he is in need of God's mercy. The result of these two very different attitudes is that the tax collector went home justified whereas the Pharisee did not.

What does it mean to be justified? It means that the tax collector had a clear conscience and was grounded in the truth. He knew his need for mercy, begged for it and received it. He did not lie to himself, to others or to God. He knew who he was and it is this truth that allowed God to exalt him. The tax collector's justification came through the forgiveness of his sins and the bestowal of the mercy of God in his life.

The Pharisee may have felt good about himself to a certain extent in that he elevated himself for all to see. He was convinced of his own self-righteousness but, in truth, was not righteous. He was only self-righteous. He was living a lie and most likely believed that lie and even may have convinced others of that lie. But the fact remained, the Pharisee was not righteous and he was not truly justified.

What we must take from this passage is a profound realization of the importance of living in the truth. Those who paint a false image of themselves may fool themselves and may even fool others. But

they will never fool God and they will never be able to achieve true peace in their soul. We each must realize the humble truth of our sin and weakness and, in that realization, beg for the only remedy – the mercy of God.

Reflect, today, upon the prayer of this tax collector: "O God, be merciful to me a sinner" ([Luke 18:13](#)). Make it your prayer. Admit your sin. Acknowledge your need for the mercy of God and allow that mercy to exalt you within the righteousness of God.

Lord of all righteousness, Jesus Christ, please be merciful to me, for I am a sinner. I acknowledge my sin and my weakness and I beg for Your abundant mercy. Please pour forth Your mercy and help me to open my heart to all that You wish to bestow. Help me to live in the humble truth, dear Lord. Jesus, I trust in You. -My Catholic Life

QUOTE OF THE WEEK: Do not lose heart, even when



you should discover that you lack qualities necessary for the work which you are called. He who called you will not desert you, but the moment you are in need, he will stretch out his life saving hand. -St. Angela Merici

KNIGHTS OF COLUMBUS NEWS: Community



Breakfast will restart for the coming year on October 23rd from 9:00am to 12:00pm. Adults \$10.00 and Children \$7.00.

MASS TIME CHANGE: Please note that the mass



time has changed back to 11:15am. This is to accommodate the catechism program.

ULTREYA: The next Yarmouth Area Ultreya will be



November 3rd at 7pm at the Marian Hall at St. Ambrose. Welcome to all!

HOW TO PRAY: As I mentioned last week in my



homily, there is a format you can use in prayer using the word **ACTS**. It's based on the Lord's Prayer.

A is for Adoration "Our Father, who art in heaven, hallowed be thy name." Start your prayers with praise. Praise God for who he is. Acknowledge his greatness. Starting with a heart full of worship reminds you just Who you're praying to and the great power he has to answer your prayers.

C is for Confession "forgive us our debts, as we also have forgiven our debtors" Tell God you're sorry for where you've fallen short, where your actions haven't lived up to God's expectations, where haven't done something you should have. Then, ask God's forgiveness and help to do better next time. **Don't skip this one!** Don't fool yourself into thinking you don't have anything to confess. You're human – and so you sin, daily. Consider what you've done and what left undone. God's ready to forgive, but you first have to confess and ask for forgiveness.

T is for Thanksgiving "For thine is the kingdom and the power and the glory forever" Tell God "thank you" for his work in your life. Give thanks for all the blessings of this life. This one is crucial, too. Sometimes maybe we can struggle to see the blessings. The trials can overshadow them and we get caught up in not looking for the good. Being intentional about praying for thanksgivings can make you aware of just how many blessings you have – even in the midst of trials.

S is for Supplication "Give us this day our daily bread" Ask God for your specific requests for yourself and others. Share what's on your heart and where you need God's help, guidance, and healing. Pray about the need's others have shared with you and come along beside them in prayer. This is the time to lay it all with God and fully open your heart. As you pray, though, prepare your heart to accept God's response to these prayers. Know he may not answer in the way you expect or wish, but he will answer in his way and in his timing. You have to yield your heart to God – "not my will, God, but yours be done." Fr. Henry



Our sympathy is extended to the family and friends of
Katherine Marguerite Shaughnessy, Gerard MacKinnon, Norman Thomas Griffin and Annie Beatrice Johnson
Eternal rest grant unto them O Lord and let perpetual light shine upon Them.