



4th Sunday of Lent March 27th, 2022

Pastor: Fr. Henry Smolenaars
Hospital Chaplain: Fr. Wieslaw Papuga
 902 - 746 – 8233 (Hospital)
Parish Deacon: Rev. Mr. Stephen Bourque
Fr. Henry Email: frhenrys@gmail.com
Office hours: Monday to Friday
 from 9:30 am to 1:00 pm
Church email : stambrosemail@gmail.com
Bulletin email: stambrosebulletin1@gmail.com
Tabitha Centre: 902-742-8960
Reconciliation/confession is held on Wednesday
 after mass from 9:30-10:00

MASS INTENTIONS – March 26th- April 3rd, 2022

Sat. 4pm Parishioners
Sun. 9am Rose Deveau **and** Greg & Barb Deveau
Sun. 10am (Melbourne) Clifford and Vina Muise
Sun. 11am William Murphy **and** Florence Murphy
Wed. 9am Adele Robicheau and Irene Amirault
Sat. 4pm Anniv. Randy Patten **and** Lou Lesser
Sun. 9am Parishioners
Sun. 10am (Melbourne) Intentions of Alden Maillet
Sun. 11am Cody Saulnier **and** Thomas Thibault

LIVE STREAM MASS AT ST. AMBROSE: We live stream mass every Wednesday at 9 am and on the weekend at the Saturday 4pm and Sunday at 11 am mass on a rotating basis. The next scheduled mass is always posted on our website's main page. If you want to watch, go to our web site at www.stambrosearmouth.ca or go to our YouTube channel www.youtube.com/c/SaintAmbroseParish/videos?view=57

EMAIL TRANSFERS: are available. Please send to stambrosemail@gmail.com Please add your envelope number or personal information for income tax purposes.

REFLECTION: Coming to Your Senses-



Coming to his senses he thought, "How many of my father's hired workers have more than enough food to eat, but here am I, dying from hunger. I shall get up and go to my father and I shall say to him, 'Father, I have sinned against heaven and against you. I no longer deserve to be called your son; treat me as you would treat one of your hired workers.'"

Why do we cling to our sins? This passage comes from the story of the Prodigal Son. We should know that story well. The son decided to leave his father and take his future inheritance, spending it on a life of sin. When the money he had ran out, he was in desperate need. So, what did he do? He came to his senses!

This line alone is worth our meditation. First, it reveals what happens to a person who falls into a life of sin. In this case, the son eventually reaped the fruit of his sin. He found that his sin left him destitute and alone. He didn't know where to turn. And though our sins may not be to the extent of this son, we will all experience the empty effects of the sins we commit, just as this son did.

The profound insight we can gain from this son is that he did come around. Specifically, by "coming to his senses" he recognized two important things. First, he realized that he is worth more than a life of destitution. No one should have to live an impoverished and empty life. Therefore, by seeing his own dignity he came to realize that he was made for more.

Secondly, he knew he could turn to his father. What a blessing it was for him to know this. The reason he knew he could turn to his father was that his father clearly loved him with unconditional love. The mercy in the heart of the father was so strong that the son was aware of it and this awareness gave him confidence to turn to him.

Reflect, today, upon this twofold action. The son sees his misery and also sees his father as the person to whom he can confidently turn. We must strive to do the same in our own lives. The Father in Heaven will never reject us. No matter what we have done or how far we have turned away, the Father's love is perfect, relentless, unconditional and always inviting. He is ready and willing to dismiss every wrong we have done if we only turn to Him in confidence. Come to your senses in

regard to your sins! Let go of them, repent and trust in the mercy of God. ~My Catholic Life

FISH CHOWDER FRIDAYS: We will be offering take out fish chowder on the Fridays of Lent. If you wish to purchase the chowder, please call the office to place your order. The cost is \$6.00 and it may be picked up at the Marian Hall doors between 4:00 and 5:00.

STATIONS OF THE CROSS: will be held on every



Friday during Lent at St. Ambrose Co-Cathedral at 6:30pm. Each week, it will be led by a different group. Please note we will have a recorded one available on our website for the duration of Lent.

COVID RESTRICTIONS: We are pleased to announce that the restrictions have been lifted. That means no more mass schedules. However, we are still encouraging the use of masks and respecting the space of people around you.

EASTER FLOWERS: Anyone who would like to make



a donation towards Easter flowers for **Our Lady of Lourdes Church** in memory of a loved one may do so by either putting your donation in an envelope with your number on it and placing it in the collection basket or at the parish office.

FOOD BANK: Next weekend April 2nd-3rd, is our turn



to support the Yarmouth Food Bank. Non-perishable goods and monetary donations are appreciated. Please do not place monetary donations in your collection envelopes. The food bank is also in need of egg cartons.

KNIGHTS OF COLUMBUS NEWS: Monthly Meeting:



Tuesday April 12th, all members invited
 6:00pm executive meeting
 7:30pm general meeting

4th Degree meeting: Tuesday April 19th at 7pm. All members invited.

CATHOLIC WOMEN'S LEAGUE NEWS: A meeting of



the Catholic Women's League will take place Sunday April 3rd in the Jubilee Room. Please bring your stamps, cards and

yarn you are not using. You can also bring your smiles and ideas for fundraising.

PRAYER FOR UKRAINE: O Lord our God, look down with mercy on the Ukrainian people. Protect and save them from the unjust aggressors who seek to subdue them. Grant them steadfast trust in your mercy and protection.

O Mother of God, who gave us your miraculous icon at Zarvanytsia, intercede for the Ukrainian people, who run to the shelter of your mercy in their times of need.

O Lord Jesus Christ, have mercy on us. Grant peace and protection to the people of Ukraine. Give them strength and courage to defend what is good, right, and holy. Keep them safe from harm and provide for all their needs, both temporal and spiritual.

Hear our prayers, O Lord, and deliver us from distress, for You are merciful and compassionate and love mankind. To You we give glory: the Father, the Son, and the Holy Spirit, now and forever and ever. Amen

Donations to the Ukraine Humanitarian Crisis can be made through: (Any contribution to the Canadian Red Cross would be doubled by our government.)

- [Development and Peace](#)
- [Catholic Near East Welfare Association, Inc \(CNEWA\)](#)
- [Canadian Red Cross](#)

SEPARATED AND DIVORCED CATHOLICS: Healing

and Reconciliation Marriage is a lifetime commitment; however, separation and divorce can occur resulting in wounds of stress and pain. The Catholic Church seeks to reach out to divorced people in an effort to help heal the wounds, while affirming its teaching on the permanence of marriage. Anyone interested can contact the marriage tribunal in the diocese where one lives. For more information, please view our website at www.halifaxarmouth/marriage-tribunal or contact: Cathy Targett: ctargett@halifaxarmouth.org or 902-429-9800 ext. 321.

QUOTE OF THE WEEK: Sin is believing the lie that



you are self-created, Self-dependent and self-sustained. - St. Augustine