



**4th Sunday of Lent
March 30th & 31st, 2019**

Pastor: Fr. Henry Smolenaars
Parish Deacon: Rev. Mr. Stephen Bourque
Fr. Henry Email: frhenrys@gmail.com

Office hours: Monday to Friday
 From 9:30 am to 1:00 pm

Church email : stambrosemail@gmail.com
Bulletin email: stambrosebulletin1@gmail.com
Tabitha Centre: 902-742-8960

Reconciliation/confession is available every Saturday 11 am-noon at St. Ambrose Co-Cathedral.

MASS INTENTIONS – Mar.30 – Apr.7, 2019

Sat. 4pm Helen Mealnson and Doug Melanson
6pm (Melbourne) Celeste Muisse

Sun. 9am Nicole (Belliveau) Dearman and Earle Hayes
11:15am Parishioners

Mon. No Mass

Tues. 6:30pm Junior Fitzgerald and Anniv. Randy Patten

Wed. 6:30pm Anniv. Alvina Pothier and Louis & Celeste Doucette

Thur. 9am Richard LeBlanc and Susan Churchill

Fri. 9am Barb & Greg Deveau and Joseph LeBlanc

Sat. 4pm Anniv. Sister Margaret Bourque and Carole Nickerson
6pm (Melbourne) Andrew Doucette

Sun. 9am Parishioners
11:15am Aidaen Mitchell and William Cottreau

IF YOU WOULD LIKE TO BRING UP THE GIFTS in the offertory procession at a weekend Mass (if you are a family member of the person the Mass is for) please see the greeters **at least 20 minutes before Mass begins.**

Please note: The weekday Mass will be cancelled in the event of a funeral Mass. The Mass intention scheduled for that day will be offered at a later date.

STATIONS OF THE CROSS: will be held every Friday during Lent at **St. Ambrose Co-Cathedral** and **Our Lady of Lourdes** at **7pm**. At St. Ambrose, it will be led by a different group each week.



FISH CHOWDER FRIDAYS: Please join us in the dining hall at the parish centre every Friday during Lent for fish chowder from 4:30-6:30pm. The cost is \$6.00 per person and includes chowder, roll, tea or coffee.



KNIGHTS OF COLUMBUS NEWS:



Food Bank: Next weekend, **April 6th & 7th**, is our turn to support the Yarmouth Food Bank. Nonperishable goods and monetary donations are appreciated.

Executive meeting- Tuesday **April 9th- 5:30pm.** 6:30pm supper, 7:30pm general meeting. All members invited.

Assembly 1428 meeting- Tuesday **April 16 at 7pm.** All members invited.


Round Table Invitation- The NS Knights of Columbus are working with Fr. Craig Cameron, Chaplain for St. Mary's and Dalhousie to help bring men, 18 years and older attending university, together in a group called a Round Table. This will encourage them to learn more about their faith, help those less fortunate and develop leadership skills within a fraternity of like-minded men. If you know young men attending one of these universities, please let them know that the Knights are hosting a dinner/information night at St. Mary's Basilica Hall on Spring Garden Road, **April 3 at 6:30pm.** Anyone planning to attend should advise Sean Kelly at smdnskofc@gmail.com.

THE CATHOLIC WOMEN'S LEAGUE: Catholic Women's League meeting, **April 1st - 6:30pm** executive, 7:00pm, an RCMP member will be our guest speaker addressing various aspects of fraud. Bring a friend. No regular formal meeting.



EASTER FLOWERS: Anyone who would like to make a donation towards Easter flowers in memory of a loved one may do so by either putting your donation in an envelope with your number on it and placing it in the collection basket or you may make your donation at the parish office.





Please welcome into our Christian community Christopher Philip Fraser and Elizabeth Maria Dubé who were baptised on Sunday March 24, 2019.

Please keep Christopher and Elizabeth and their families in your prayers.

BISHOP HERE CELEBRATING MASSES THIS WEEK-



END: Our Bishop will be here this weekend, **March 31st**, to celebrate the 9:00 and 11:15 Masses at St. Ambrose. Please come and join him.

IMPORTANT - PEOPLE READING AND EXTRAORDINARY EUCHARISTIC MINISTERS:



If you are a reader or an extraordinary Eucharistic minister, please make sure you **check in at the sacristy at least 15 minutes before Mass begins.** - Fr. Henry



REFLECTION: What are you hungry for? What are the deepest desires of your heart? To be known and loved? To connect with others? To make a difference? To know God? These yearnings lead us to return "home" like the prodigal son, to seek and fulfill a higher purpose and to find meaning for our lives.

When we ignore and deny these yearnings, we feel empty. We attempt to fill ourselves with things that cannot satisfy us: food, alcohol, Netflix, shopping. In doing this, we behave like the prodigal son, squandering our inheritance - the rich gift of the yearnings God himself has placed within our hearts.

Led by our innermost yearnings, we turn to God who constantly seeks us and who alone lavishly fulfills the longings of our hearts. In cooperation with such lavish grace, we respond to God's voice speaking deep within our hearts by loving one an-

other and crafting lives of peace and purpose, even in the midst of pain and struggle.

-Jessica Koch NPM 2019

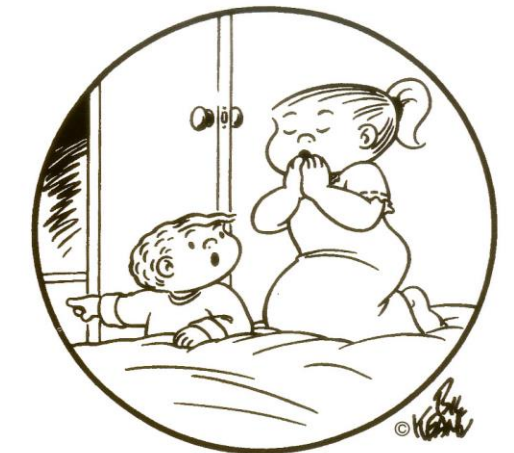
MARRIAGE ENCOUNTER: Join us on a Worldwide *Marriage Encounter* Marriage Encounter weekend and enrich your relationship for a lifetime of love. **May 3 - 5, 2019** at Between The Hearts Renewal Centre, Amherst, NS. Open to husbands and wives throughout Atlantic Canada. For more information, or to sign up email renewmarriage@gmail.com or call 902-314-8541.

PILGRIMAGES: *Pilgrimage* to Ste. Anne of Beauré, Cap de la Madeleine & St. Joseph's Oratory. Departure from Halifax from August 19-26, 2019 (\$893.00 with double room). For more information contact Juanita Bates at 902-466-0625 or [e-mail juanitabates1987@gmail.com](mailto:juanitabates1987@gmail.com)

Pilgrimage to Portugal and Northern Spain October 8 to 18 2019. For more information contact Marie Desjardins 1-207-868-5027 email mariedesjardins1949@gmail.com



THE FAMILY CIRCUS



"No, Dolly, our father art downstairs watching TV."



QUOTE OF THE WEEK:

We need to find God, and he cannot be found in noise and restlessness. God is the friend of silence.

- St. Theresa of Kolkata