



4th Sunday of Ordinary Time
February 1st & 2nd, 2020

Pastor: Fr. Henry Smolenaars
Parish Deacon: Rev. Mr. Stephen Bourque
Fr. Henry Email: frhenrys@gmail.com

Office hours: Monday to Friday
 from 9:30 am to 1:00 pm

Church email : stambrosemail@gmail.com
Bulletin email: stambrosebulletin1@gmail.com
Tabitha Centre: 902-742-8960

Reconciliation/confession is available every Saturday 11 am-noon at St. Ambrose Co-Cathedral.

MASS INTENTIONS February 1st – 9th, 2020

Sat. 4pm Parishioners
6pm (Melbourne) Anniv. Dora & Snookie Harris

Sun. 9am Rose Emma Jacquard and Marie J Doucette
11:15am Antoinette Belliveau and Susan Churchill

Mon. No Mass
Tues. 6:30pm Intentions of Carol & Kerri Bourque and Sarah Theriault

Wed. 6:30pm Anniv. Donald Rodgerson and Stanley Ogden

Thur. 9am Martha Surette and Loretta Vanderdonk
Fri. 9am Anniv. Marjorie DeViller and Special Intentions

Sat. 4pm Anniv. Bob Delaney and Anniv. Sid Power
6pm (Melbourne) Evelyn Pothier

Sun. 9am Harold Doucette and Edwin & Marie Doucette
11:15am Parishioners

IF YOU WOULD LIKE TO BRING UP THE GIFTS in the offertory procession at a weekend Mass (if you are a family member of the person the Mass is for) please see the greeters **at least 20 minutes before Mass begins.**

Please note: The weekday Mass will be cancelled in the event of a funeral Mass. The Mass intention scheduled for that day will be offered at a later date.

FOOD BANK: This weekend, February 1st-2nd, is our turn to support the Yarmouth Food Bank. Non-perishable goods and monetary donations are appreciated.



COFFEE SOCIALS: The coffee socials will be held next weekend after the Saturday 4pm Mass and the Sunday 9am Mass.



The pot luck is taking place on Sunday following the 11:15am Mass at the Parish Center Dining Hall. Please bring a dish to share with the community and bring a friend. The Knights of Columbus will be there to accept items.

CENOTAPH IN PINKNEY'S POINT: There is discussion on erecting a cenotaph this year to the four Pinkney's Point soldiers who died during World War one and two: Peter Clements (Clairmont), Bourneuf Freeman Pothier, Arthur John Surette and Nathen Raymond Harrington. Pinkney's Point is the only major community in the Wedgeport Legion 155 catchment area to not have a cenotaph or war memorial monument. Members of these families and other community members are asked to call Cyrille LeBlanc 902-663-2908, cyrilleleblanc@ns.sympatico.ca of the Wedgeport Legion to help out or for more information. Veterans Affairs Canada can contribute 50% of costs. 2020 is the 75th anniversary of Victory in Europe Day (May 8, 1945). The Saint Raphaël cemetery association and the Lestantue Club have been contacted.

KNIGHTS OF COLUMBUS NEWS: Monthly Meeting: Tuesday February 11th, all members invited.

5:30pm executive meeting
 6:30pm supper
 7:30pm general meeting

Community Breakfast: Sunday, February 16th from 9am -noon at the Knights of Columbus Hall. Adults - \$7.00 and children under 12 -\$3.50. Eat in or take out.

CATHOLIC WOMEN'S LEAGUE NEWS: The Monthly meeting will take place Monday February 3rd in the Jubilee Room. Executive meet at 6:30pm- regular meeting to follow at 7:00 pm.



INCOME TAX RECEIPTS: 2019 income tax receipts are now available and can be picked up in the entrance of the church.

QUOTE OF THE WEEK: In the twilight of life, God will not judge us on our earthly possessions and human successes, but on how well we have loved. -St. John of the Cross



MATTHEW 18: Meet every Wednesday Evening in the Jubilee Room at 7:15pm, after Mass. Everyone is welcome to come and join us in song and praise, we pray for all intentions and for the world. Need a prayer for someone or need to be prayed for yourself. Come, delight in the Lord and in His Presence. Everyone welcome.

ADORATION CHAPEL: There is a very special place where Jesus actually resides where you can go and be alone with him. Quiet your soul in prayer or in silence with Jesus in the Blessed Sacrament. He is literally waiting for you in our little Adoration Chapel.



If you want a radical change in your life, this may be what you are looking for. This is an opportunity to be still and hear the voice of God. If interested, please call Debbie Murphy-Payie at 902-740-2005.


ULTREYA NEWS: There will be a meeting February 6th, 2020 in the Marian Hall from 5:30 to 6:30pm for the Cursillo School of Leaders followed by the regular Ultreya meeting at 7pm. Clare is Hosting. **Cursillo Weekend 2020.** Men's Weekend _ Sept. 17-20. Women's Weekend_ Sept 24-27. Please contact: **Men's:** Chester Muise 902-648-2557 ckmuise@eastlink.ca **Women's:** Janice Bourque 902-740-515 janbourque@eastlink.ca

REFLECTION: The Beatitudes offer us an invitation to the highest calling of holiness we can obtain. They are not mere commands forbidding us to sin; rather, they are invitations to live on a level higher than humanly possible. They are callings to authentic sanctity. Jesus states that the one who mourns is blessed. At first this may not make much sense. Why would it be a good thing to mourn, to be sorrowful? Christian sorrow, or mourning, is the appropriate and healthy response



to many situations in life. In particular, holy sorrow is the correct response we should have to sin, tragedy and hurt. An empathetic heart is one that sees the sin or hurt of another and enters into that hurt with true love and compassion. One is "blessed" when this form of holy sorrow is present because it is this sorrow that motivates us to love. True mourning is a form of mercy and concern shown toward another. The result of this form of sorrow is the personal holiness of the person who is mourning.

Reflect, today, upon your own ability to have a truly empathetic heart. Reflect upon your sincere reaction toward others. When you see someone caught in a life of sin, for example, how do you react? Do you simply judge and condemn? Or do you foster compassion and mercy in your heart? Allow yourself, this day, to grow in holy sorrow, and the end result will be an increase in sanctity. As you grow in personal sanctity, you will see abundant blessings bestowed upon you. *Lord, I pray that I may embrace all of the Beatitudes that You have taught us. I pray, especially, that my heart may grow in empathy for those who are hurting, confused and caught in a life of sin. As I grow in holy sorrow for them, I thank You for the blessings You will bestow upon me. Jesus, I trust in You.* -My Catholic Life



Our sympathy is extended to the family and friends of
 Rebecca Anne LeBlanc, Jean Pius Landry and Paul Kenneth Hubbard
 Eternal rest grant unto them O Lord and let perpetual light shine upon them.

SHROVE TUESDAY PANCAKE SUPPER: Tuesday, February 25th in the dining hall from 4:30-6pm \$6.00 per person \$4.00 for children 10 & under Includes pancakes, sausages and tea or coffee