



May 7th, 2023 5th Sunday of Easter!

Pastor: Fr. Henry Smolenaars
Fr. Henry Email: frhenrys@gmail.com
Hospital Chaplain: Fr. Wieslaw Papuga
Priest on Call: 902-746-8233 (Emergencies)
Office hours: Monday to Friday
 from 9:30 am to 1:00 pm
Church email : stambrosemail@gmail.com
Bulletin email: stambrosebulletin1@gmail.com
Tabitha Centre: 902-742-8960
Reconciliation/confession is held on Wednesday
 after mass from 7:00-8:00

MASS INTENTIONS –May 7th – 14th2023

St. Ambrose Co-Cathedral (Yarmouth):

Sat. 4 pm Harold LeBlanc
Sun. 9am Yvonne Eldridge
Sun. 11:15 am Parishioners
Tues. 6:30 pm Troy Comeau
Wed. 6:30 pm Anniv. George Cottreau
Thurs: 9 am Estelle & Marion
Fri. 9 am Anniv. Russell Rodgeron Sr.
Sat. 4 pm Parishioners
Sun. 9 am Fr. Henry Smolenaars Anniversary of Ordination
Sun. 11:15 am Arnold & Marylon Muise

Our Lady of Lourdes (Melbourne):

Sun. 10 am May 7 Anniv. Kenneth Doucette
Sun. 10 am May 14 Elize Saulnier

QUOTE OF THE WEEK: Greed is not restricted to money, but also includes a desire for honours and places of distinction. The more a greedy person possesses, the more do they strive to ascend. And so it happens that when a greedy, ambitious person falls, the fall is disastrous. St. Anthony of Padua

REFLECTION: A Troubled Heart Jesus said to his disciples: “Do not let your hearts be troubled. You

have faith in God; have faith also in me. In my Father’s house there are many dwelling places. If there were not, would I have told you that I am going to prepare a place for you?”

These consoling and encouraging words, spoken by Jesus to the Apostles at the Last Supper, come immediately after Judas left to betray Jesus and after Jesus told Peter, in the presence of the others, that Peter would deny Jesus three times before the cock crowed. As a result, the Twelve (now Eleven) would have been discouraged, especially Peter. Jesus senses this and says, “Do not let your hearts be troubled...” Peter was told that he would soon commit a grave sin against Jesus. As we are later told, as soon as Peter committed these sins, he went out and wept bitterly. Perhaps, as he did, he would have recalled Jesus’ words: “Do not let your hearts be troubled...” Being tempted toward sin can be discouraging. But that can turn into a good thing. If we are not affected by our temptations, then we lack love for God. And if we give into those temptations and fail to experience sorrow, this is even worse. However, discouragement over our sins cannot remain; it must turn into its opposite, the virtue of hope. Hope will result from sin only when we hear and understand Jesus’ promise, seen above. Jesus not only tells the disciples not to be troubled, He also tells them why. Jesus promises them He will prepare a place for them in Heaven and will come to take them to that place in His Father’s House, despite their failings. By believing, Peter and the other apostles will be able to dispel the initial discouragement they feel over their failings and turn back to God with the anticipation of Heaven. Do you get discouraged by your sin? Begin by calling to mind any sin that you regularly struggle with. Habitual sin, especially, will lead to either sorrow, repentance and hope, or to a discouragement that ends in despair and the abandonment of virtue. Like Saint Peter, we must strive to weep bitterly over our sins. We must let our sins, and the temptation toward despair, become a motivation to regain hope, courage, and determination. This will only be possible if we always hear Jesus say to us, “Do not let your hearts be troubled...” We must sense His compassion and tenderness and allow that love to fill us with confidence that we will one day overcome all sin and be welcomed into the Father’s House. Reflect,

today, upon any sin with which you regularly struggle. As you do, consider whether your discouragement leads to despair or hope. Hope does not come from your ability to overcome sin on your own. It comes from the compassion of our Lord and His promise to redeem you. If you do have a troubled heart, that is good. It is the starting point for hope. Allow Jesus to lift your troubled heart and to point your eyes to Heaven. *-My Catholic Life*

FEAST DAY OF THE DIOCESE BEING CHANGED: The Archdiocese is in the process of seeking permission from Rome to change the patronal feast of the Archdiocese from the Feast of the Assumption (August 15) to the Feast of the Immaculate Conception of the Blessed Virgin Mary (December 8). This change is recommended because August 15 is a special day for the Acadians and they are involved in other festivities. As well December 8 is the date of the establishment of the new merged Archdiocese of Halifax-Yarmouth. The clergy have agreed with this change and this announcement is a way to consult all parishioners to see if you have any comments on this change. Please respond to Pauline (pamirault@halifaxyarmouth.org) by Monday, May 15.

NATIONAL WEEK FOR LIFE AND THE FAMILY: A reminder that the National Week for Life and the Family is coming up from May 7 to 14. The theme chosen for this year is Jesus’ words, “*Love one another. Just as I have loved you, you also should love one another*” (John 13:34). On our website’s main page, you will find some resources you may be interested in.

FOOD BANK: This weekend, May 6th & 7th, is our turn to support the Yarmouth Food Bank. Non-perishable goods and monetary donations are appreciated. Members of the Knights of Columbus will be on hand before all the masses to receive the donations.

FRIENDS OF MARY MEETING– There will be a social & meeting on Thursday, May 11 in the parish centre at 7:00 p.m. Anyone who is a Friend of Mary is welcome to attend. **How stamps are used to raise money:** Stamps are sent to the Leprosy Mission Canada and repackaged and sold to dealers. The

money made from sales is used to cure and care, supply medicine and rehabilitation to people affected by Leprosy. Stamps are to be trimmed leaving ¼ inch to ½ inch of paper border being careful not to damage the perforation. **Drop off** your stamps in the container in the entrance of the church

KNIGHT OF COLUMBUS NEWS: Monthly Meeting:



Tuesday May 9th, all members invited
 5:30pm executive meeting
 6:30pm supper

7:30pm general meeting **4th Degree meeting**
 Tuesday May 16th at 7:00pm **Community breakfast**
 May 28th 9:00 to 12:00 cost is \$10.00 Adults and 12 and under \$7.00. Take outs are also available.

SPRING CONCERT: St. Ambrose Spring concert,



Sunday May 7 at 7:00 pm. Freewill offering in aid of the Tabitha Center. Three choirs and an organist.

CATHOLIC SUMMER CAMP: We are happy to say



Catholic Summer Camp is on for **August 13th - 18th** at Johnston Christian Park, South Range, Digby County. \$200.00 early bird fee if registered by June 30th. After this registration will be \$225.00. You can get a registration form at the entrance of the church, the parish office or on the website.

SPONSORSHIP OPPORTUNITY: Every summer, we



run a Summer Camp for the youth. Some of the youth struggle to find financial resources to participate in this activity. If you are able and would like to make a contribution to help, send a youth to camp, please submit your donation into the collection at Mass (with pertinent information) or stop by the parish office. Please mark that you are sponsoring for summer camp.

CURSILLO SEAFOOD CHOWDER: Yarmouth Area



Cursillo Takeout Seafood Chowder Fundraiser Tickets are \$10 for chowder, homemade roll, and dessert. The tickets can be purchased from St. Ambrose Parish Office or from Kay Muise (902-653-0329), Liz Richard (902-307-6456) or Midge Rodgeron (902-742-4475) Pick up for the chowder May 27th between 3:30-5:30 at the Marian Hall.