



## April 28<sup>th</sup>, 2024 5<sup>th</sup> Sunday of Easter

**Fr. Henry Email:** frhenrys@gmail.com  
**Hospital Chaplain:** Fr. Wieslaw Papuga  
**Priest on Call:** 902-746-8233 (Emergencies and Sacrament of the sick)  
**Office hours:** Monday to Friday from 9:30 am to 1:00 pm  
**Church email :** stambrosemail@gmail.com  
**Bulletin email:** stambrosebulletin1@gmail.com  
**Tabitha Centre:** 902-742-8960  
**Reconciliation/confession** is held on Wednesday after mass from 7:00-8:00

### MASS INTENTIONS –April 20<sup>th</sup> – 28<sup>th</sup>, 2024

#### St. Ambrose Co-Cathedral (Yarmouth):

**Sat. 4 pm Parishioners**  
**Sun. 9am** Delphine & Joseph Deveau and deceased family  
**Sun. 11:15 am** Claire Boiphry-Amirault  
**Tues. 6:30 pm** Edwin & Lorraine Harding  
**Wed. 6:30 pm** Anniv. Arnie Bennett  
**Thurs: 9am** Lottie Nickerson  
**Fri. 9 am** Anniv. Marion Surette  
**Sat. 4 pm** Adele Doucette  
**Sun. 9am Parishioners**  
**Sun. 11:15 am** George Sapp

#### Our Lady of Lourdes (Melbourne):

**Sun. 10 am April 28** June & Donald Surette  
**Sun. 10 am May 5** Agnes Doucette

### REFLECTION Seeking to be Pruned



Jesus said to his disciples: "I am the true vine, and my Father is the vine grower. He takes away every branch in me that does not bear fruit, and every one that does he prunes so that it bears more fruit. You are already pruned because of the word that I spoke to you." Pruning a vine is an important part of helping it to grow and produce not only more fruit but the best fruit. If left

unpruned, a grape vine will eventually produce less fruit and poorer quality fruit. Good pruning helps to direct the nourishment of the vine to the new buds that are most fruitful. Jesus' teaching above uses the imagery of pruning a vine to help us understand that faith must lead to charity. First, Jesus says that He is the "true vine." He is the only source of the nourishment we need for the new life of grace. He is the only way to Heaven and salvation. Knowing our Lord and being attached to Him firmly is faith. Second, our Lord says that He takes away every branch that does not bear fruit. This indicates that faith without the good fruit of charity is dead and is like a branch on a vine that produces nothing. Third, when Jesus finds a branch that bears good fruit, he doesn't leave it alone. Instead, He prunes it with loving attention so that "it bears more fruit." To apply these teachings to your own life, begin by looking at your faith as if it were a branch firmly attached to a vine. Do you believe all that God has spoken through His holy Word? It is useful to regularly examine your conscience in regard to your faith. Since faith is the first step in the spiritual life, it must remain firmly grounded in the Truth God has revealed. This means we must regularly study the Word of God as it is revealed through the Scriptures and the catechetical teachings of the Church, and assent to those teachings with all our mind. Next, after affirming your faith in all that God has spoken through the Scriptures and the Church, try to examine your charity. Do you see concrete acts of love in your life that result from your faith? In other words, we can "love" many things in a purely emotional sort of way. But charity is based on faith, not on how we feel. Charity is the fruit of faith. What acts of charity can you point to in your life? What have you sensed God calling you to do in a selfless and sacrificial way? Have you done it? Finally, when you discover the ways that charity is alive within you, know that God will focus His pruning there. Pruning can be painful. It will require sacrifice, patience in the face of trial, overcoming selfishness, and doing things you don't feel like doing. In fact, sometimes God even makes charitable acts seem unpleasant as a way of pruning your motivations and making them more pure, based more on faith than on emotion. But this is good. Reflect, today, upon this holy imagery from Jesus. It's a lesson from nature that reveals the

supernatural life of grace at work. Don't be deterred by the pruning God wants to do. Embrace suffering with love, respond to injustice with forgiveness, offer mercy when you don't feel like it, and seek to serve selflessly those who seem undeserving. Doing so will prune you so that God will be able to build up His Kingdom in glorious ways through you. -My Catholic Life

### CURSILLO: The Women's Cursillo Weekend will be



held May 16-19 at St. Ambrose Parish. Cursillo is a Spanish word meaning "short course" in Christianity. It is a weekend that helps people to live as a Christian in normal everyday life and a desire to journey with Christ. Cursillo is not a retreat but an encounter with oneself, with Christ, and with others. If you or someone you know might be interested in learning more, please contact: Liz Richard: 902-307-6456.

### QUOTE OF THE WEEK: Start being brave about



everything, driving out darkness and spreading light as well. Don't look at your weakness, but realize that in Christ crucified you can do everything. -St Catherine of Siena

### KNIGHT OF COLUMBUS NEWS: Community



**Breakfast Sunday April 28<sup>th</sup>** 9:00 to 12:00 cost is \$10.00 Adults and 12 and under \$7.00. Take out is available. Proceeds to support the Fuel Bank.

### CATHOLIC SUMMER CAMP: August 4<sup>th</sup> - 9<sup>th</sup> at



Johnston Christian Park, South Range, Digby County. \$225.00 early bird fee if registered by June 30<sup>th</sup>. After this registration will be \$250.00. It's for youth ages 10 to 14 and you can get a registration form at the Parish office or on the website.

### SPONSORSHIP OPPORTUNITY: Every summer, we



run a Summer Camp for the youth. Some of the youth struggle to find financial resources to participate in this activity. If you are able and would like to make a contribution to help, send a youth to camp, please submit your donation into the collection at Mass (with pertinent information) or stop by the parish office. Please mark that you are sponsoring for summer camp.

### SHARE A CUP OF LOVE ON MOTHER'S DAY: CWL



members will be selling teacups filled with a variety of little plants as Mother's Day gifts. The cost is \$10 and proceeds will go to charities that support Moms in our community. May 11 & 12 - \$10 - after masses in the Jubilee room

### ST. AMBROSE QUILTERS: We meet Tuesday and

Wednesday from 1-4 p.m. at the parish center. Are you looking to have a quilt hand quilted? Contact Carolyn Pike (902)742-7470. Come visit - bring a craft, come for social time and have a cup of tea with the quilters.

### ULTREYA: The Yarmouth and Area Ultreya will be



held May 2<sup>nd</sup>, 2024 in Marian Hall at 7pm. We hope to see you then! De Colores!

### FOOD BANK: Next weekend, May 4<sup>th</sup> and 5<sup>th</sup> is our



turn to support the Yarmouth Food Bank. Non-perishable goods and monetary donations are appreciated. Members of the Knights of Columbus will be on hand before all the masses to receive the donations.



Our sympathy is extended to the family and friends of

Maureen Helen Hubbard, Chester Maurice Munroe, Terry Joseph Jacquard, Yvonne Leah Rodgerson and Violet Geraldine Muise. Eternal rest grant unto them O Lord and let perpetual light shine upon them.



Please welcome into our Christian community Le Nguyet Minh Nguyen and Ngan Din ha who were baptised on Sunday April 21, 2024.

Please keep Le Nguyet Minh, Nagn Dinh and their families in your prayers.