



**5th Sunday of Ordinary
Time
February 6th, 2022**

Pastor: Fr. Henry Smolenaars
Hospital Chaplain: Fr. Wieslaw Papuga
 902 - 746 – 8233 (Hospital)
Parish Deacon: Rev. Mr. Stephen Bourque
Fr. Henry Email: frhenrys@gmail.com
Office hours: Monday to Friday
 from 9:30 am to 1:00 pm
Church email : stambrosemail@gmail.com
Bulletin email: stambrosebulletin1@gmail.com
Tabitha Centre: 902-742-8960
Reconciliation/confession is held on Wednesday
 after mass from 9:30-10:00

MASS INTENTIONS – February 5th – 13th, 2022

Sat. 4pm Marjorie DeViller and Arthur LeFave
Sun. 9am Albert Holmes and Harold McNabb
Sun. 10am (Melbourne) Roland Surette
Sun. 11am Parishioners
Wed. 9am Rosalind Saulnier and Jarvis Saulnier
Sat. 4pm Parishioners
Sun. 9am Marguerite Thibault and Lee Berrouard
Sun. 10am (Melbourne) Evelyn Pothier
Sun. 11am Wesley Spinney and Patsy Post-Nodimovich

LIVE STREAM MASS AT ST. AMBROSE: We live stream mass every Wednesday at 9 am and on the weekend at the Saturday 4pm and Sunday at 11 am mass on a rotating basis. The next scheduled mass is always posted on our website's main page. If you want to watch, go to our web site at www.stambrosearmouth.ca or go to our YouTube channel www.youtube.com/c/SaintAmbroseParish/videos?view=57

EMAIL TRANSFERS: are available. Please send to stambrosemail@gmail.com Please add your envelope number or personal information for income tax purposes.

REFLECTIONS: The Deep Waters of Faith: “Put out into deep water and lower your nets for a catch.”



It’s interesting to note that Jesus did not simply tell Peter and the Apostles to put out into the water; rather, He told them to put out into the “deep water.” This is significant.

At the close of the great jubilee year of 2000, Saint Pope John Paul II wrote an apostolic letter, *Novo Millennio Ineunte* in which he began by quoting this Gospel passage. This passage set the tone for the rest of his letter in which he called for a new evangelization for the coming millennium.

“Put out into the deep!” What should we take from this? What should we hear Jesus speaking to us? We should hear Him calling us to “lower our nets” in a tireless and committed way so as to draw many others to the Gospel. When Peter and the Apostles did this in the boat, they caught so many fish that their nets were tearing and they were greatly astonished. This is a prophetic action given to us to tell us that we must evangelize with the utmost enthusiasm and zeal, searching far and wide for God’s lost sheep.

The world we live in can be brutal at times. So many people are lost and confused. Sin is rampant and despair is prevalent. Our world is in desperate need of a Savior and we are the ones Jesus desires to use to gather a huge catch and to find those in greatest need. Jesus desired the Apostles to catch the fish that were in the deep waters as a way of saying that there are countless souls in our world who are far from God. There are many people “swimming” in an ocean of confusion and pain. It is these people, in particular, that Jesus wants to draw in. It’s our responsibility to heed the command of our Lord and to seek them out.

Reflect, today, upon these words of Jesus: “Put out into the deep water.” In what way is Jesus asking this of you? How is it that He is calling you to go out of your comfort zone and “lower your nets?” What is it that He wants of you and how does He desire to use you to further the mission of evangelization? Heed His command and you, too, will be amazed at the good fruit that is born!

Lord of infinite mercy, I desire to give myself to You for Your service and glory. I desire to go forth, at Your command, looking for the souls in most need of Your abundant mercy. Give me the grace I need

to be faithful to the calling You have given to me so that Your loving mercy will reach those most in need. Jesus, I trust in You. ~My Catholic Life

ARE YOU LOOKING FOR A WAT TO DEEPEN YOUR RELATIONSHIP WITH GOD?

Join us this Lent for an Introduction to Ignatian Spirituality. No prior knowledge is necessary. Open to anyone who is seeking assistance to grow closer to our God, regardless of your spirituality or if you currently pray at all. Each week we will discuss what St. Ignatius of Loyola taught about gratitude and a passionate response to our generous God’s invitation to know Him. Topics include: Praying with scripture; Praying the Examen - St. Ignatius urged his followers to pray the Examen each day even if they did not have time to pray anything else; Understanding discernment; Principles for making good decisions; and more. 500 years ago, St Ignatius’ life was changed by a cannonball and his spiritual insights have changed millions of lives since.

Beginning Thursday March 3 at 7:00 p.m., repeating beginning Monday March 7 at 2:00 p.m.

No fee, but pre-registration is required, please email ChristLife.yarmouth@gmail.com or call or text Helen at 902 742-6216 to register or with any questions.

NOVA SCOTIA KNIGHTS OF COLUMBUS STATE SCHOLARSHIP



(value \$1000.00) Scholarships are available for Catholic students and who will be attending first year University or Community College next year. Yarmouth Council 2181 will accept applications from students living in the geographic area served by our Council (including the area of the former Wedgeport Council). Scholarships are awarded based on academic standing and volunteer activities. Students applying for a Nova Scotia State Scholarship will also be considered for a Council 2181 Scholarship which is valued at \$500.00. Please consult your school guidance councillor for application forms. Completed applications with supporting documents must be received by Council 2181 Scholarship Chairman Philippe Doucet on or before Friday, March 11, 2022. If you require more information, please call 742-2970 or 748-1592.

FOOD BANK: Even though we cannot hold our usual food bank collection, we would like to remind parishioners that the food bank still needs our help. This weekend February 5th and 6th would normally be a food bank collection time. Please consider making a donation during the next few weeks. The food bank is only collecting donations of money at this time. You can make a donation in one of the following ways:



1. You can place your donation in an envelope marked FOOD BANK and drop it off at the Parish Centre mail slot between the hours of 9:30 to 1:00.
2. You can mail your donation directly to the food bank treasurer, Art McPhee at 4624Hwy 1, Woodvale NS, B5A 5B1.

QUOTE OF THE WEEK: Health is God’s great gift,



and we must spend it entirely for him. Our eyes should see only for God, our feet walk only for him, our hands labour for him alone; in short, our entire body should serve God while we still have time. ~ St. John Bosco

OLD PALM: If anyone has old palm from last year, you can leave it in the container at the back of the church or you may burn your old palm yourself at home.



LENTEN DAILY DEVOTION BOOKLETS: Drawn to the Cross is the daily Lenten devotion booklet that is available for pick up at the church entrance or Parish Centre office for \$2.00.



Our sympathy is extended to the family and friends of
 Helen Ann Doucette, M.M. Yvonne Hurlburt
 and Elaine Margaret Ryan
 Eternal rest grant unto them O Lord and let perpetual light shine upon them.