



**6<sup>th</sup> Sunday of Ordinary Time**  
**February 15<sup>th</sup> & 16<sup>th</sup>, 2020**

**Pastor:** Fr. Henry Smolenaars  
**Parish Deacon:** Rev. Mr. Stephen Bourque  
**Fr. Henry Email:** frhenrys@gmail.com

**Office hours:** Monday to Friday  
 from 9:30 am to 1:00 pm

**Church email :** stambrosemail@gmail.com  
**Bulletin email:** stambrosebulletin1@gmail.com  
**Tabitha Centre:** 902-742-8960

**Reconciliation/confession** is available every Saturday 11 am-noon at St. Ambrose Co-Cathedral.

**MASS INTENTIONS February 15<sup>th</sup> – 23<sup>th</sup>, 2020**

**Sat. 4pm** John Surette and Raymond & Annie Hubbard  
**6pm (Melbourne)** Audrey Muise

**Sun. 9am Parishioners**  
**11:15am** Kenneth Bourque and Intentions of Theresa Schmunk

**Mon.** No Mass

**Tues. 9 am** George & Sarah Thibault and Connie DeViller

**Wed. 6:30pm** Pius Landry and Eric Hatfield

**Thur. 9am** Intentions of Kenneth Doucette and Intentions of Louise James

**Fri. 9am** Intentions of Pauline and Intentions of the Pothier Family

**Sat. 4pm** Richard Doucette and Francis & Emily Muise  
**6pm (Melbourne)** Barbara & Sonny Muise

**Sun. 9am** Anniv. Marc Boudreau and Paul Fitzgerald  
**11:15am Parishioners**

**IF YOU WOULD LIKE TO BRING UP THE GIFTS** in the offertory procession at a weekend Mass (if you are a family member of the person the Mass is for) please see the greeters **at least 20 minutes before Mass begins.**

*Please note:* The weekday Mass will be cancelled in the event of a funeral Mass. The Mass intention scheduled for that day will be offered at a later date.

**COFFEE SOCIALS:** The coffee socials will be held next weekend after the all the Masses.



**KNIGHTS OF COLUMBUS NEWS: Community**



**Breakfast:** Sunday, February 16<sup>th</sup> from 9am -noon at the Knights of Columbus Hall. Adults \$7.00 and children under 12 \$3.50. Eat in or take out.

**NOVA SCOTIA KNIGHTS OF COLUMBUS State Scholarship (value \$1000.00)** Scholarships are available for Catholic students and who will be attending first year University or Community College next year. Yarmouth Council 2181 will accept applications from students living in the geographic area served by our Council (including the area of the former Wedgeport Council). Scholarships are awarded based on academic standing and volunteer activities. Students applying for a Nova Scotia State Scholarship will also be considered for a Council 2181 Scholarship which is valued at \$500.00. Please consult your school guidance counselor for application forms. Completed applications with supporting documents must be received by Council 2181 Scholarship Chairman Philippe Doucet on or before Friday, March 13, 2020. If you require more information, please call 742-2940 or 748-1592.

**LIVING WATER:** A Lenten retreat on Christ



encounter with the Samaritan woman. Saturday, February 29, 2020. 9:00am to noon in the Jubilee Room. On the third Sunday of Lent, we read of the mysterious encounter between Jesus and the Samaritan woman. It takes place while Jesus is resting alone near Jacob's Well and his disciples have gone into town to get some supplies before continuing their journey. That encounter is the subject of this Retreat. For further information please call Coleen 902 742-4924 or Helen 902 742-6216

**ROSARY:** Not too late for New Year's resolutions



and not too early to think about Lent! You are welcome to join us, the Rosary Group, every Thursday afternoon at 2:00 p.m. in the Jubilee Room (Saint Ambrose Church basement). We pray 3 Mysteries

of the Rosary and the Divine Mercy Chaplet. About 1 hour 15 minutes. If the Jubilee Room is previously booked, we relocate to the Parish Centre! Need information, call Polly at 902-742-4475. Looking forward for you to join us.

**PRO-LIFE ROSARY:** Come and join us as we pray the Rosary for Pro-Life every Friday morning, beginning at 8:20 am, before the weekday Mass; our winter Mass schedule is in the Jubilee Room. (No week-day Mass, No Rosary!) Please join us in praying for the preservation



of Life from Conception to Natural Death".

**PALM:** It's getting close to that Lenten time of year



again. If you have old palm, the proper thing to do with it is burn it. If you are unable to do this, you can return it to the church by placing it in the container in the entrance. We will burn it and use it for ashes on Ash Wednesday. -Fr. Henry

**ASH WEDNESDAY FAST AND ABSTINENCE**



**RULES:** Every person 14 years of age or older must abstain from (not eat) meat. Every person between the age of 18 and 59 must also fast on Ash

Wednesday meaning you can eat the equivalent of two meals that day. For example, you can choose to eat one normal meal and two other meals that add up to one meal.

**ASH WEDNESDAY MASS SCHEDULE:** St. Ambrose's

masses will take place at 9:00am and 6:30 pm. Our Lady of Lourdes' will take place at 6:30pm.

**MARRIAGE ENCOUNTER:** Join Worldwide Marriage

Encounter this spring for a weekend of meaning, rediscovery and love for husbands and wives. June 5 – 7, 2020 Our Lady of Grace Monastery, Monastery, Nova Scotia. For more information, email [renewmarriage@gmail.com](mailto:renewmarriage@gmail.com) or text or call 902-314-8541

**WHAT NAME DO YOU PUT ON YOUR DONATION CHECK?**

The question was asked recently about what name should we put on the check for donations. All checks for the parish whether you are at mass at Our Lady of Lourdes or St. Ambrose Co-Cathedral, should have on them **St. Ambrose Parish**. This money goes into the one account but is kept track of separately for each church. We only have two parish accounts, the second account is for the cemeteries. If it is a check, it should have on it

**Our Lady of Calvary Cemetery** with the name of the intended cemetery on the memo line. If it is intended for Our Lady of Lourdes Cemetery in Melbourne, then it will be added to their account. -Fr. Henry

**QUOTE OF THE WEEK:** Act as if every day were the



last of your life, and each action the last you perform. – St. Alphonsus Liguori

**REFLECTION:** Do you want to be a saint? Hopefully

the answer is "Yes." But what about this question: Do you think you *can* become a saint? This may be more difficult to answer. It's easy to dream of sanctity and to desire it, but when faced with the task of achieving it, discouragement can easily set in. Discouragement comes when you see the high call of holiness and conclude that you will never be able to achieve it. You may become fixated upon a certain fault and give up, thinking that you are destined to remain lukewarm and that's it. You may feel as though you are a nice person and that will have to suffice. But God has great plans for you! He not only calls you to be a saint, He knows you can become one. The key is to allow His Mercy to become so clear to you that you begin to realize sanctity is possible. Holiness, or sanctity, is not achieved because we are good; rather, it's achieved because God is merciful and we have chosen to fix our gaze upon that Mercy. Never doubt the truth that you are both *called* to be a saint and that you *can* become a saint.

Reflect upon these two questions today. Do I *want* to become a saint and *can* this be achieved in my life? Look for ways that you get discouraged at the thought of holiness. Whatever it is that is causing discouragement in you is false. It's not the truth. Let the Mercy of God appear before your eyes and realize that His Mercy is able to be received by you. And when you are open to receiving the Mercy of God, you will begin your journey to true sanctity. -My Catholic Life

**SHROVE TUESDAY PANCAKE SUPPER:** Tuesday,



February 25<sup>th</sup> in the dining hall from 4:30-6pm \$6.00 per person \$4.00 for children 10 & under Includes pancakes, sausages and tea or coffee. Please support our youth!