



February 11th, 2024
6th Sunday of Ordinary
Time

Fr. Henry Email: frhenrys@gmail.com
Hospital Chaplain: Fr. Wieslaw Papuga
Priest on Call: 902-746-8233 (Emergencies and Sacrament of the sick)
Office hours: Monday to Friday from 9:30 am to 1:00 pm
Church email : stambrosemail@gmail.com
Bulletin email: stambrosebulletin1@gmail.com
Tabitha Centre: 902-742-8960
Reconciliation/confession is held on Wednesday after mass from 7:00-8:00

MASS INTENTIONS – February 10th – 18th, 2024

St. Ambrose Co-Cathedral (Yarmouth):

Sat. 4 pm Special Intentions
Sun. 9am Parishioners
Sun. 11:15 am Howard & Emily LeBlanc
Tues. 6:30 pm Intentions of Neil & Janice Bourque
Wed. 9 am Ash Wednesday Lisa Hatt
Wed. 6:30 pm Ash Wednesday Gloria Mauro
Thurs: 9 am Intentions of Gert Doucette
Fri. 9 am Edward Deveau
Sat. 4 pm Erin Amon
Sun. 9am Marie Antoinette LeBlanc
Sun. 11:15 am Parishioners

Our Lady of Lourdes (Melbourne):

Sun. 10 am February 11 Evelyn Pothier
Wed. 6:30 pm February 14 Nicholas Clegg
Sun. 10 am February 18 Julia Deveau

REFLECTION: Restoration A leper came to Jesus and kneeling down begged him and said, “If you wish, you can make me clean.” Moved with pity, he stretched out his hand, touched him, and said to him, “I do will it. Be made clean.” In the Old Testament, Leviticus 14, God gave Moses a

purification rite to be used for those who were cured of leprosy. This detailed rite that spanned several days was used to reintegrate a healed leper back into society. After Jesus healed the leper in today’s Gospel passage, He ordered him to “go, show yourself to the priest and offer for your cleansing what Moses prescribed; that will be proof for them.” Thus, Jesus not only healed the man but instructed him that he was ready to be restored to the community. At that time, leprosy was a horrible disease, not only for its physical effects, but also because the leper was not permitted to be a part of the society. This was because leprosy was quite contagious. By keeping those infected separate, the disease did not spread as easily to others. As we ponder this healing, try to imagine not only the pain caused by the leper’s disease, but especially the pain caused by his isolation. Obviously, there were no phones at that time, no video chatting, and no means of communication from a distance. Therefore, isolation would have meant a complete loss of the person’s relationship with his family and friends, as well as his former livelihood, home and all that was a part of his life. On a spiritual level, the various illnesses that Jesus cured are, in part, to be seen as symbols of sin. In the case of leprosy, we should see this illness as a symbol of the effects of mortal sin. And mortal sin, unless it is cured by God’s forgiveness, has the effect of completely isolating a person from the life of grace. One becomes cut off from a relationship with God, as well as every other relationship that is centered in Christ. When one commits mortal sin and remains in that sin, that person is not capable of true love, since all grace is gone from their life. Therefore, their relationships become self-centered, demanding and unholy. For those who have fallen into mortal sin, this leper is a symbol of the way out. First, he came to Jesus and knelt down before Him. He humbled himself before our Lord, acknowledging that Jesus was the answer to his ailment. He then begged Jesus for help. But the way he begged Jesus is also revealing: he did not demand a healing but instead simply professed his faith in the fact that Jesus could heal him. And then he knelt there in trust and hope. This leper teaches us the perfect way to approach our Lord when we struggle with serious sin. Reflect, today, upon this leper. Try to understand his isolation and loss. Try

to understand his humility and faith. And seek to imitate the way that he comes to our Lord. Do not be afraid to humble yourself before God as you acknowledge the sins and other needs you have. Profess your faith in His almighty power and love, and place yourself into His hands of merciful love. He will not let you down. *-My Catholic Life.*

SERIES ON DEATH AND DYING: Sometimes we're confronted with a life changing diagnosis regarding our health or for someone who we love. Maybe a family member is approaching death, and decisions need to be made on how this happens. What decisions we make in these situations require moral discernment through the lens of our faith. We believe in the dignity and sacredness of human life at all stages, from conception to natural death. At the same time, our faith does not demand that life is to be sustained at all costs. As Catholics, our faith in Jesus Christ has much to teach us about living and dying well. Horizons of Hope is a series about this topic. If you want to learn about what the Church teaches on death and dying, **join me (Fr. Henry) for 2 evenings (Thursday February 22nd and 29th) at 6:30 in the Jubilee Room.**

ASH WEDNESDAY FAST AND ABSTINENCE



RULES: Every person 14 years of age or older must abstain from (not eat) meat. Every person between the age of 18 and 59 must also fast on Ash Wednesday meaning you can eat the equivalent of two meals that day. For example, you can choose to eat one normal meal and two other meals that add up to one meal. **Ash Wednesday mass times are Wednesday February 14th 9:00am and 6:30pm St. Ambrose and 6:30pm Our Lady of Lourdes in Melbourne.**

KNIGHT OF COLUMBUS NEWS: Nova Scotia Knights



of Columbus State Council Scholarship (value \$1000.00) Scholarships are available for Catholic students who will be attending first year University or Community College next year. Yarmouth Council 2181 will accept applications from students attending Yarmouth High, Par-en-Bas and Drumlin Heights. Students applying for a Nova Scotia State Scholarship will also be considered for a Council

2181 Scholarship (value \$500). Please consult your school guidance Councillor for application forms. Completed applications with supporting documents must be received by Council 2181 Scholarship Chairman Philippe Doucet on or before Friday March 8, 2024. If you require more information, please call 742-2970 or 748-1592.

ROSARY AFTER 9:00 AM MASS THURSDAY AND FRIDAY:

Come join us after 9 am mass on Thursday (currently) and Friday (starting Feb 16) to pray the rosary. Intentions for peace and conversion of hearts. Come and grow closer to God through the Blessed Virgin Mary.

STATIONS OF THE CROSS will begin on Friday,



February 16th and will continue every Friday during Lent at St. Ambrose Co-Cathedral at 6:30pm.

SHROVE TUESDAY PANCAKE SUPPER:



Tuesday, February 13th in the dining hall from 4:30-6pm, \$7.00 per person, \$5.00 for children 12 & under Includes pancakes, sausages and tea or coffee

FISH CHOWDER FRIDAYS:



We will be offering take out fish chowder on the Fridays of Lent starting on February 16th. If you wish to purchase the chowder, we ask you to call the parish office to place your order. The cost is \$7.00 and it may be picked up at the Marian Hall doors between 4:00 and 5:00.

COOFFEE SOCIALS:



Will be held after all the masses next weekend February 17th & 18th. Come join us for a cup.



Our sympathy is extended to the family and friends of George Raymond D’Eon and Marjorie Elizabeth Muise
 Eternal rest grant unto them O Lord and let perpetual light shine upon them.