



June 22nd, 2025 The Most Holy Body and Blood of Christ

Pastor: Fr. Henry Smolenaars
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Confession/Adoration Wednesday 7:00-8:00

MASS INTENTIONS – June 14th – 22nd, 2025

St. Ambrose Co-Cathedral (Yarmouth):

Sat. 4 pm Parishioners
Sun. 9am Siffroi & Estelle LeBlanc
Sun. 11:15am Richard Robicheau
Tues. 6:30 pm Intentions of Eldon Bowers
Wed. 6:30 pm Linda Lusk
Thurs. 9 am Intentions of the Memorial Club
Fri. 9 am Esther Rose Frotten
Sat. 4 pm Dorothy Veronica Kent
Sun. 9am Parishioners
Sun. 11:15am Nancy Cook

Our Lady of Lourdes (Melbourne):

Sun. 10 am June 22nd Jerome Jacquard
Sun. 10 am June 29th Daniel Surette

RFLECTION Wonder and Awe Before the Eucharist



While they were eating, he took bread, said the blessing, broke it, gave it to them, and said, “Take it; this is my body.” Then he took a cup, gave thanks, and gave it to them, and they all drank from it. He said to them, “This is my blood of the covenant, which will be shed for many.” At the holy Mass, as soon as the priest pronounces the words of the consecration, transforming the bread and wine into

the Body and Blood, Soul and Divinity of Jesus Christ our Lord, he genuflects, rises, and then says, “The mystery of faith.” What is “the mystery of faith?” Oftentimes, when we say that something is a mystery, we mean that the conclusion is hidden but that there are certain clues to help solve the mystery. And once the mystery is solved, everything is clear and it is no longer a mystery. “The mystery of faith” is much different. Those words are spoken at Mass immediately after the consecration as a way of drawing the faithful into a holy awe and amazement of what just took place. But this mystery can only produce wonder and awe if the reality of what just took place is understood through the gift of faith. Faith is knowing and believing without perceiving the reality before us with our five senses or through logical deduction. In other words, faith produces true knowledge of a spiritual reality that can only be known, understood and believed through spiritual insight. Therefore, if we attend the Mass and have been gifted with the knowledge of faith, then as soon as the consecration of the bread and wine takes place, we will cry out interiorly, “My Lord and my God!” We will know that God the Son is present before us in a veiled way. Our eyes do not perceive, nor do any of our senses reveal to us the great reality before us. We cannot rationally deduce what just took place. Instead, we come to know and believe that the Son of God, the Savior of the World, is now present before us in His fullness, under the veil of mere bread and wine. In addition to the divine presence of our Lord and our God, the entire Mystery of our Redemption is made present. Saint Pope John Paul II tells us that in this moment there is a “oneness in time” that links the *Paschal Mystery*, that is, the Life, Death and Resurrection of Jesus, to every moment that the Eucharist is celebrated and made present through the words of consecration. And that unity between each Mass and the *Paschal Mystery* “leads us to profound amazement and gratitude” Do you sense and experience this profound amazement and gratitude each time you attend the Holy Sacrifice of the Mass? Do you realize as you attend the Mass and as the words of consecration are spoken that the entire Mystery of your redemption is made present before you, hidden from your eyes but visible to your soul by faith? Do you understand that it is God the Second

Person of the Most Holy Trinity Who descends to us to dwell with us in that moment of time in this glorious Sacrament? Reflect, today, upon the hidden but real Mystery of Faith. Allow yourself to be drawn into a wonder and awe at what you are privileged to attend. Let your faith in the Most Holy Eucharist grow by being open to a deepening of this gift of faith through spiritual insight and belief. Behold this great Gift of the Eucharist with the eyes of faith and you will be drawn into the wonder and awe that God wants to bestow upon you. *My ever-glorious Eucharistic Lord, I do believe that You are here, made present in our world under the form of bread and wine, every time the Holy Mass is celebrated. Fill me with a deeper faith in this Holy Gift, dear Lord, so that I may be drawn into wonder and awe every time I witness this holy Consecration. Jesus, I trust in You.* -My Catholic Life

WEEKDAY MASS IN MARIAN HALL: Mass on Thursday and Friday morning will be held in Marian Hall until further notice. (Just on those two days, all other masses will be in the church.) Fr. Henry

WHAT IS CHILDREN’S LITURGY OF THE WORD?


Children’s Liturgy is about breaking open the Word of God for young people. The Liturgy of the Word for Children is not “Sunday school” or a catechetics class. Rather, the Liturgy of the Word for Children is a component of the ritual prayer of Mass just as it is for adults. We want to thank those who have assisted in this important ministry during the past nine months during the 11:15 Mass. We will be resuming in September. If you would like to be a part of this ministry, please call the office and leave your contact information. A member of the team will call you to discuss and provide training.


ST. AMBROSE RENOVATION PROJECT: The renovation project is proceeding nicely. We are through the 3rd week. It was expected to take between 6 to 8 weeks to complete the work so we have another 3 to 5 weeks to go. As you can see, the stainless-steel cross was installed this past week and the bell tower is basically done and the staging is down. There has been a crew of about 14 people working on our church. Someone asked me recently about lightning and if all this steel being put on our church would make it more dangerous in

lightning storms. According to experts, it does not because it is a large metal surface and it is not connected to the ground. Thanks for your patience and understanding with things like parking and not being able to access the church during the day. So far, we have raised around \$97,000. Thank you for your generosity and support for this project. -Fr. Henry


MATTHEW 18: will be cancelled for the next few weeks and will resume when construction on the church is finished. We hope to see you all then!

QUOTE OF THE WEEK: If, from being created by God

 in his own image, you do not comprehend the value of your soul, learn it from Jesus Christ, who has redeemed you with his own blood. -St. Alphonsus Liguori

FOOD BANK: The weekend of July 5th and 6th, is our turn to support the Yarmouth Food Bank.  Non-perishable goods and monetary donations are appreciated. Members of the Knights of Columbus will be on hand before all the masses to receive the donations.

RELICS OF ST. ANDRÉ BESSETTE: Will be visiting

 here at St. Ambrose Co-Cathedral on Thursday July 31st, 2025.
3:00 pm -Exposition of the relic of St. Andre Bessette

3:30 pm -Glorious Mysteries of Rosary

4:00 pm -Holy Mass

4:45 pm -Veneration of the Relic and Blessings with the Oil of St. Joseph

Saint André Bessette, also known as Brother André, was a lay brother of the Congregation of Holy Cross, and is a significant figure in the Catholic Church, particularly among French Canadians. He was canonized a saint in 2010. St. André was known for his devotion to Saint Joseph and was believed to have interceded in many miraculous healings. To learn more about St. André visit: holycrosscongregation.org/holy-ones/st-andre-bessette

ULTREYA: The Yarmouth and Area Ultreya will be held July 3rd, 2025 in Marian Hall at 7pm. We hope to see you then! De Colores! 