



## Epiphany January 4th & 5th, 2020

**Pastor:** Fr. Henry Smolenaars  
**Parish Deacon:** Rev. Mr. Stephen Bourque  
**Fr. Henry Email:** frhenrys@gmail.com

**Office hours:** Monday to Friday  
 from 9:30 am to 1:00 pm

**Church email :** stambrosemail@gmail.com  
**Bulletin email:** stambrosebulletin1@gmail.com  
**Tabitha Centre:** 902-742-8960

**Reconciliation/confession** is available every Saturday 11 am-noon at St. Ambrose Co-Cathedral.

**MASS INTENTIONS January 4<sup>th</sup>-12<sup>th</sup> , 2020**

**Sat. 4pm** Anniv. Georgina Frotten **and** Edward Muise  
**(Melbourne)** Linda, Aubury and David Muise

**Sun. 9am** Jamie McDonnell **and** Dora Jacquard  
**11:15am** Parishioners

**Mon.** No Mass

**Tues. 6:30pm** Anniv. Cecilia Landry **and** Lois Armstrong

**Wed. 6:30pm** Special Intentions **and** Intentions of Kay & Bill Olsen

**Thur. 9am** Intentions of Jean Bourque **and** Intentions Sheila D'Eon

**Fri. 9am** Intentions Adeline Cook **and** Intentions Sharon Trefry

**Sat. 4pm** Anthony Jacquard **and** George Nixon  
**6pm (Melbourne)** Delphine Doucette

**Sun. 9am** Anniv. Helena Quinn **and** Anniv. Louis Robinson  
**11:15am** Parishioners

**IF YOU WOULD LIKE TO BRING UP THE GIFTS** in the offertory procession at a weekend Mass (if you are a family member of the person the Mass is for) please see the greeters **at least 20 minutes before Mass begins.**

*Please note:* The weekday Mass will be cancelled in the event of a funeral Mass. The Mass intention scheduled for that day will be offered at a later date.

**COFFEE SOCIALS:** The coffee socials will be held next weekend after the Saturday 4pm Mass and the Sunday 9am Mass. The pot luck is taking place on Sunday following the




11:15am Mass at the Parish Center Dining Hall. Please bring a dish to share with the community and bring a friend. The Catholic Women's League will be there to accept items.

**FOOD BANK:** This weekend, January 4<sup>th</sup> & 5<sup>th</sup>, is our turn to support the Yarmouth Food Bank. Non-perishable goods and monetary donations are appreciated. The Knights of Columbus will be on hand to receive your donations.



**KNIGHTS OF COLUMBUS NEWS: Monthly Meeting:** Tuesday January 14<sup>th</sup>, all members invited.

 5:30pm executive meeting  
 6:30pm supper  
 7:30pm general meeting

**Community Breakfast:** Sunday, January 19<sup>th</sup> from 9am -noon at the Knights of Columbus Hall. Adults - \$7.00 and children under 12 -\$3.50. Eat in or take out.

**PILGRIMAGE: Apr 30-May 10: Pilgrimage to Medjugorje where Our Lady has been appearing daily for 38 years.** Cost of \$2135 (+ \$675 taxes/security/fuel surcharges) includes airfare from the Maritimes, (twin or triple) accommodation, daily breakfast & dinner and experienced local guide. (Optional single room supplement, \$200/p.) The accompanying priest is yet to be determined. **INFO:** Hector Caissie at [hectorcaissie@hotmail.ca](mailto:hectorcaissie@hotmail.ca) or (506) 857-2295.

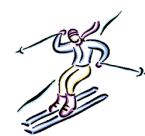
**CATHOLIC WOMEN'S LEAGUE:** -The January meeting will be held on the 13<sup>th</sup>, 2020 at 7:00 p.m. Executive will meet at 6:30. It will be election night. Please bring stamps, cards and yarn. Juniper House and Shyft were very appreciative for the donations from our December social.



**STEUENVILLE ATLANTIC MEETING:** There will be an information session for all youth ages 14 and up who are interested in attending the youth conference this summer in Halifax. Please join us Sunday January 26<sup>th</sup> in the Jubilee Room following the 11:15 Mass.




**ST. AMBROSE SKI TRIP** to Martock is coming up on Saturday, February 22<sup>nd</sup>. The cost is \$25.00 a person. We have a limited number of spots so it will be first come first served. The Church has very limited transportation if needed. The event is for youth and families ages 8 and up. We will chaperone youth over the age of ten and for those under ten, you must be accompanied by a parent/guardian. For more information please contact the parish office 902-742-7151.



**QUOTE OF THE WEEK:** "We must speak with our hands by giving, before we try to speak to them with our lips." - St. Peter Claver



**SITTING IN THE SIDE PEW:** -a retreat on Saint Elizabeth Ann Seton. Saturday, January 25, 2020. 9:00am to noon in the Jubilee Room. Why does the Church canonize saints? It doesn't help *them*; after all, they are already in heaven. It's meant to help *us*! The saints' amazing spiritual maturity reminds us of **where we are going**, and the stories of their spiritual journeys remind us that God's grace truly can get us there. The saints inspire us. They intercede for us. They accompany us. In this month's Retreat, *Sitting in the Side Pew*, we look at the shining example of **North America's first native-born canonized saint**, Elizabeth Ann Bayley Seton. No fee or registration. Sponsored by Regnum Christi - Yarmouth. For further information please call Coleen 902 742-4924 or Helen 902 742-6216

God's abundant blessings upon Jacob Todd Muise and Lauren Nicole Smith who were married on December 31<sup>st</sup>, 2019 at St. Ambrose Co-Cathedral.

As you begin your married life together, may you trust and rely on God's Holy Presence for guidance, direction and strength.

**REFLECTION:** [John] said: "I am 'the voice of one crying out in the desert, 'Make straight the way of the Lord,' 'as Isaiah the prophet said.'" [John 1:23](#) John the Baptist is alive! Yes, he is alive in Heaven receiving his eternal reward. But he's also alive in another way. He's alive in his ongoing proclamation, calling us to repentance and calling us to prepare the way for the Lord in our lives. His message is just as relevant for us today as it was some 2,000 years ago. At the time he walked the earth, he preached so as to prepare the immediate way for Christ. He prepared the way for the Messiah to physically enter into our world and present us with the gift of eternal salvation. But St. John continues to prepare the way for the Lord, if we are willing to listen.

We learn from John that the first step to a life of holiness is to "make straight the way of the Lord." How do we do this? How do we make straight the way of the Lord? We do it by humbly admitting those sins which get in the way of Jesus coming to us and transforming our lives. Reflect, today, upon the year that is past as well as the year to come. What is it that you need to let go of from the past and what is it that you need to focus on for the coming year? Make a clear resolution to identify any obstacle to the coming of Christ into your heart and let yourself discover the new life that awaits you this coming year.

*Lord, You came into this world out of perfect love for me. You came to save me from all sin and You came to deliver me from all evil. Help me to see that which has kept me from You this past year and to surrender it to You. Help me also to have hope and vision for all that awaits and all that You are calling me to. May I heed the words of the Baptist and make the road ahead straight so that I can follow Your perfect will. Jesus, I trust in You. -My Catholic Life*

**WEEKDAY MASSES:** Please note starting this Tuesday January 7<sup>th</sup>, 2020 the weekday masses will now take place in the Jubilee Room for the winter months.



**HAPPY NEW YEAR:** May the almighty God strengthen your bond with family and friends this new year. Wishing you a happy and prosperous one.