



The Solemnity of the Most Holy Trinity June 15th & 16th, 2019

Pastor: Fr. Henry Smolenaars
Parish Deacon: Rev. Mr. Stephen Bourque
Fr. Henry Email: frhenrys@gmail.com

Office hours: Monday to Friday
from 9:30 am to 1:00 pm
Church email : stambrosemail@gmail.com
Bulletin email: stambrosebulletin1@gmail.com
Tabitha Centre: 902-742-8960

Reconciliation/confession is available every Saturday 11 am-noon at St. Ambrose Co-Cathedral.

MASS INTENTIONS – June 15 – June 23, 2019

Sat. 4pm Anniv. Frances Surette and Lillian Jacquard
6pm (Melbourne) Anniv. Elize Saulnier
Sun. 9am Special Intentions
11:15am Parishioners
Mon. No Mass
Tues. 6:30pm Special Intentions and Celeste Saulnier
Wed. 6:30pm Josephine Surette and Clarisse Pothier
Thur. 9am Roger Doucette and Carmel McIntosh
Fri. 9am Anniv. Walter Muise and Vera & Dennis Boudreau
Sat. 4pm Parishioners
6pm (Melbourne) Dennis Fitzgerald
Sun. 9am Anniv. Charles Amirault and Intentions of Bill & Rose Carroll
11:15am Anniv. Agnes Selvage and Bob Delaney

IF YOU WOULD LIKE TO BRING UP THE GIFTS in the offertory procession at a weekend Mass (if you are a family member of the person the Mass is for) please see the greeters **at least 20 minutes before Mass begins.**

Please note: The weekday Mass will be cancelled in the event of a funeral Mass. The Mass intention scheduled for that day will be offered at a later date.

COFFEE SOCIAL: The coffee socials will be held next weekend after all of the Masses.



NEW FURNACES FOR PARISH CENTER: I recently applied for a seniors grant from New Horizons. We were approved for this



grant of \$25,000 which is the exact amount we need to replace the furnaces. The two existing ones were steam converted over to hot water a few years ago. Three new furnaces have been installed which are smaller and more efficient and should keep the Parish Center warm for many years.
- Fr. Henry

KNIGHTS OF COLUMBUS NEWS:



Assembly 1428 meeting: Tuesday June 18th at 7pm. All members invited.

Annual Awards Dinner: Saturday June 22nd. Reception 6:00 pm, Dinner 7:00 pm, Price \$10.00. For tickets contact: Philippe Doucet, Jim Sweeney or Roger Champdoizeau. Deadline for purchasing tickets: June 14

VACATION BIBLE SCHOOL: July 15th-19th from



9am to noon at the Parish Centre. \$20.00. The registration form is available at the entrance of the church, the parish office and on the website.

CATHOLIC SUMMER CAMP: August 11th - 16th at



Johnston Christian Park, South Range, Digby County. \$200.00 early bird fee if registered by June 28th. After June 28th, the registration will be \$225.00.

You can get a registration form at the entrance of the church, the parish office or on the website.

SPONSORSHIP OPPORTUNITY: Every summer, we



run a Summer Camp and a Vacation Bible School for the youth. Some of the youth struggle to find financial resources to participate in these activities. If you are able and would like to make a contribution to help send a youth to VBS or camp, please submit your donation into the collection at Mass (with pertinent information) or stop by the parish office. Please mark for which activity you are sponsoring.

HACHÉ GALLANT REUNION INVITATION to all



Haché Gallant families and individuals. Come celebrate your heritage and culture with your international family during two days this summer as part of the World Acadian Congress 2019.

The reunion will be held at Skmaq-Port-La-Joye-Fort-Amherst National Historic Site on Saturday and Sunday, **August 17 and 18, 2019**. There are activities for all ages, provided in English and French. There is also a Sunday Mass under the big tent. All the information is on the World Acadian Congress website at CMA2019.ca under the heading of Family Reunions and the tab Haché Gallant Family Reunion. Registration forms in English and French are available on the website and all registrations are made on the site. For anyone not using internet and wishing to register, please contact Ernest Gallant 1-902-566-3463 and/or email: reuniongallant@gmail.com

BE EQUIPPED FOR MISSION: EQUIP is a new Arch-



diocesan formation process, designed to help prepare you for the mission of New Evangelization – the mission to bring the Gospel to all those you meet in your daily life.

This is a 3-year program which includes courses from the Diploma in the New Evangelization, two retreats per year, webinars designed to give you skills in evangelization, and small groups where you can share your experience with others journeying through the program with you.

Applications are now open for the Archdiocesan formation process. Ten new EQUIP participants are accepted every year from all across the diocese, and almost the entire program can be done via distance education.

Do you want to learn more about our Catholic faith and be better equipped to share it? Consider applying for next year's round of EQUIP. For more information see www.halifaxymouth.org/equip

ADORATION CHAPEL: There is a very special place



where Jesus actually resides where you can go and be alone with him. Quiet your soul in prayer or in silence with Jesus in the Blessed Sacrament. He is literally waiting for you in our little Adoration Chapel.

If you want a radical change in your life, this may be what you are looking for. This is an opportunity to be still and hear the voice of God. If interested, please call Debbie Murphy-Payie at 902-742-4313

QUOTE OF THE WEEK: Take care of your body as if



you were going to live forever, and take care of your soul as if you were going to die tomorrow.
- St. Augustine

REFLECTION: During times of great distress or major



changes in our lives, we have all had some well-meaning person come up and say something like, "there, there, God never gives us more than we can handle," or "where God closes one door he opens a window."

Personally, during rough times, I like to hold on to Julian of Norwich "All shall be well." When we are in the midst of turmoil it does feel like we are being stretched beyond our limits. Yet how wonderful it is that our God knows our strengths and weaknesses. God is merciful and does not dump it all on us at once.

If we knew what our lives would be like, and all the moments of pain, confusion and uncertainty, then we would be paralyzed and unable to even begin. What couples would have children, or even get married to begin with if they knew all the hard times they would have? Which of us would begin our liturgical Ministries if we knew about the rough moments?

But if we had never begun, we would never experience the moments of great joy . . . Sacred memories, laughter, and divine revelation. As Gilbrant said, "joy and sorrow come from the same cup."

Like the Holy Trinity, much of life is difficult to explain. We need to trust in the sacred wisdom of God who sees a larger picture, who holds the master plan.
- NPM 2019



12-28
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"I'm gonna say my prayers, Daddy. Do you have any requests?"