



**April 2nd, 2023
Palm Sunday
Passion of the Lord**

Pastor: Fr. Henry Smolenaars
Fr. Henry Email: frhenrys@gmail.com
Hospital Chaplain: Fr. Wieslaw Papuga
Priest on Call: 902-746-8233 (Emergencies)
Office hours: Monday to Friday
 from 9:30 am to 1:00 pm
Church email : stambrosemail@gmail.com
Bulletin email: stambrosebulletin1@gmail.com
Tabitha Centre: 902-742-8960
Reconciliation/confession is held on Wednesday
 after mass from 7:00-8:00

MASS INTENTIONS –April 1st- 9th 2023

St. Ambrose Co-Cathedral (Yarmouth):

Sat. 4 pm Parishioners
 Sun. 9am Rose Deveau
 Sun. 11:15 am Robert & Elizabeth Trefry
 Tues. 6:30 pm NO MASS Chrism Mass Halifax
 Wed. 6:30 pm Sandy MacKinnon
 Thurs: 6:30 pm Holy Thursday Edward Deveau
 Fri. 3 pm Good Friday Service
 Fri. 6:30 Stations of the Cross
 Sat. 8 pm Easter Vigil Special Intentions
 Sun. 9 am Parishioners
 Sun. 11:15 am Special Intentions

Our Lady of Lourdes (Melbourne):

Sun. 10 am April 2 Michael & Velma Doucette
 Thurs: 6:30 pm Holy Thursday Hilda & Alfred Harris
 Fri: 3 pm Good Friday Service
 Sat. 8pm Easter Vigil Mass of Thanksgiving

OREMUS: A Guide to Catholic Prayer In this 8-week video-based study program, Fr. Mark Toups teaches you the essentials of an effective and fruitful prayer life. Come and discover how God speaks to you, even in the smallest encounters. Following the Tradition of the Catholic Church and the wisdom of

the saints, you will learn how to express yourself to God in prayer, and how to hear God’s voice. Thursday evenings 7 to 8:30 beginning April 13th, 2023 in the Jubilee Room and repeating on Friday mornings 10 to 11:30 beginning April 14th, 2023 in the parish centre.

THE SAINTS THAT SURROUND US - Our Stained



Glass Windows Come join us to hear about the lives of the saints that are portrayed in our windows and what the symbols in their windows represent. Sunday from 10:15 to 11:00 at the Parish Centre, upstairs from April 2 to April 30.

DIVINE MERCY SUNDAY: The first Sunday after



Easter (April 16th) is Divine Mercy Sunday. There will be a Divine Mercy movie starting at 1:00pm in the Jubilee room followed by a service. In the church Christ appeared to a Polish nun, Sr. Maria Faustina Kowalska, in a series of visions that took place over almost eight years. Among those visions, Christ revealed the prayer for Divine Mercy. Please come join us in praying this prayer.

ULTREYA: The Yarmouth and Area Ultreya will be



held April 13th, 2023 at Marian Hall at 7pm. Please note the change in date. We hope to see you then! De Colores!

KNIGHT OF COLUMBUS NEWS: Monthly Meeting:



Tuesday April 11th, all members invited
 5:30pm executive meeting
 6:30pm supper
 7:30pm general meeting

4th Degree Meeting: Tuesday April 18th at 7:00pm. All members welcome.

GOOD FRIDAY SEAFOOD CHOWDER OR FISH

CHOWDER: This event will be eat in or take out for \$8.00/\$6.00 per serving in the Parish Centre dining hall. Tickets will be sold prior to and can be purchased from the office or can be purchased at the door while supplies last.

OFFICE CLOSED: The office will be closed on

Tuesday April 4th. Staff will be in Halifax for the Chrism Mass.



STATIONS OF THE CROSS: will happen Good Friday at St. Ambrose Co-Cathedral at 6:30pm. This week’s



special performance will be led by a Confirmation class.

FOOD BANK: This weekend, April 1st & 2nd, is our



turn to support the Yarmouth Food Bank. Non-perishable goods and monetary donations are appreciated.

COFFEE SOCIALS: Please note the coffee socials are



being held after the 4pm & 9am masses the weekend of April 15th & 16th. Come join us for a cup. There will be a potluck being held April 16th following the 11:15 am mass in the parish centre. Please bring a dish to share!

REFLECTION: Discouragement in the Face of Sanctity Do you want to be a saint? Hopefully the

answer is “Yes.” But what about this question: Do you think you *can* become a saint? This may be more difficult to answer. It’s easy to dream of sanctity and to desire it, but when faced with the task of achieving it, discouragement can easily set in. Discouragement comes when you see the high call of holiness and conclude that you will never be able to achieve it. You may become fixated upon a certain fault and give up, thinking that you are destined to remain lukewarm and that’s it. You may feel as though you are a nice person and that will have to suffice. But God has great plans for you! He not only calls you to be a saint, He knows you can become one. The key is to allow His Mercy to become so clear to you that you begin to realize sanctity is possible. Holiness, or sanctity, is not achieved because we are good; rather, it’s achieved because God is merciful and we have chosen to fix our gaze upon that Mercy. Never doubt the truth that you are both *called* to be a saint and that you *can* become a saint.

Reflect upon these two questions today. Do I *want* to become a saint and *can* this be achieved in my life? Look for ways that you get discouraged at the thought of holiness. Whatever it is that is causing discouragement in you is false. It’s not the truth. Let the Mercy of God appear before your eyes and realize that His Mercy is able to be received by you. And when you are open to

receiving the Mercy of God, you will begin your journey to true sanctity. -My Catholic Life

GOOD FRIDAY FAST AND ABSTINENCE



RULES: Every person 14 years of age or older must abstain from (not eat) meat. Every person between the age of 18 and 59 must also fast on Good Friday meaning you can eat the equivalent of two meals that day. For example, you can choose to eat one normal meal and two other meals that add up to one meal.

HOLY WEEK AND EASTER SCHEDULE:

Tues., Apr 4-----Chrism Mass
 12pm (St. Mary’s Basilica)
 Wed., Apr.5----- Mass
 6:30pm Wednesday
 Thur., Apr 6----- Holy Thursday
 6:30pm (St. Ambrose)
 6:30pm (Melbourne)
 Fri., Apr 7----- Good Friday Service
 3pm (St. Ambrose)
 3pm (Melbourne)
6:30pm Stations of the Cross performed by the Confirmation class
 Sat., Apr 8----- Easter Vigil
 8pm (St. Ambrose)
 8pm (Melbourne)
 Sun., Apr9-----Easter Sunday
 9am (St. Ambrose)
Easter Sunday
 11:15am (St. Ambrose)



Our sympathy is extended to the family and friends of
 Murray Winston Ford
 Eternal rest grant unto him O Lord and let perpetual light shine upon him.