



**Pentecost  
Sunday  
May 22<sup>nd</sup> & 23<sup>rd</sup>, 2021**

**Pastor:** Fr. Henry Smolenaars  
**Hospital Chaplain:** Fr. Wieslaw Papuga 902-746-8233  
**Parish Deacon:** Rev. Mr. Stephen Bourque  
**Fr. Henry Email:** frhenrys@gmail.com  
**Office hours:** Monday to Friday  
 from 9:30 am to 1:00 pm  
**Church email :** stambrosemail@gmail.com  
**Bulletin email:** stambrosebulletin1@gmail.com  
**Tabitha Centre:** 902-742-8960  
**Reconciliation/confession** is available by appointment only at this time please call the office or email Fr. Henry directly for an appointment.

**LIVE STREAMED MASS INTENTIONS---May 16<sup>th</sup> -26<sup>th</sup>, 2021**

**Sun. May 23 10am Parishioners**

**Wed. May 26 9am** Ernie & Madeline Landry and Pius & Celia Landry

**Sun. May 30 10am Parishioners**

**Wed. June 2 9am** John, Sandy & Mary Mclsaac and Sister Ricarda

Please note we will not be carrying the gifts for the offertory until further notice.

*Please note:* The weekday Mass will be cancelled in the event of a funeral Mass. The Mass intention scheduled for that day will be offered at a later date.

**LIVE STREAM MASS AT ST. AMBROSE:** We live stream mass every Wednesday at 9:00 am and on Sunday at 10:00 am. The next scheduled mass is always posted on our website's main page. If you want to watch, go to our web site at [www.stambroseymouth.ca](http://www.stambroseymouth.ca) or go to our YouTube channel [www.youtube.com/c/SaintAmbroseParish/videos?view=57](https://www.youtube.com/c/SaintAmbroseParish/videos?view=57)

**EMAIL TRANSFERS:** are available. Please send to [stambrosemail@gmail.com](mailto:stambrosemail@gmail.com) Please add your

envelope number or personal information for income tax purposes.

**REFLECTION: The Coming of the Holy Spirit  
Pentecost Sunday**

And suddenly there came from the sky a noise like a strong driving wind, and it filled the entire house in which they were. Then there appeared to them tongues as of fire, which parted and came to rest on each one of them. And they were all filled with the Holy Spirit and began to speak in different tongues, as the Spirit enabled them to proclaim. [Acts 2:2-4](#)  
 Do you think there was really a “noise like a strong driving wind” at this first outpouring of the Holy Spirit? And do you think there really were “tongues as of fire” that came and rested on everyone? Well, there most likely was! Why else would have it been recorded that way in the Scriptures?

These physical manifestations of the coming of the Holy Spirit were made present for numerous reasons. One reason was so that these first recipients of the full outpouring of the Holy Spirit would have concretely understood that something amazing was happening. By seeing and hearing these physical manifestations of the Holy Spirit they were more properly disposed to understand that God was doing something awesome. And then, upon seeing and hearing these manifestations, they were touched by the Holy Spirit, consumed, filled and set on fire. They suddenly discovered within themselves the promise Jesus made and they finally began to understand. Pentecost changed their lives!

We most likely have not seen and heard these physical manifestations of the outpouring of the Holy Spirit, but we should rely upon the witness of those in the Scriptures to allow ourselves to arrive at a deep and transforming faith that the Holy Spirit is real and wants to enter our lives in the same way. God wants to set our hearts on fire with His love, strength and grace so as to effectively live lives that effect change in the world. Pentecost is not only about us becoming holy, it's also about us being given all we need to go forth and bring the holiness of God to all those we encounter. Pentecost enables us to be powerful instruments of the transforming grace of God. And there is no doubt that the world around us needs this grace.

As we celebrate Pentecost it would be helpful to ponder the primary effects of the Holy Spirit in a prayerful way. Below are the Seven Gifts of the Holy Spirit. These Gifts are the primary effects of Pentecost for each and every one of us. Use them as an examination of your life and let God show you where you need to grow more deeply in the strength of the Holy Spirit.

*Lord, send forth Your Spirit in my life and set me on fire with the Gifts of Your Spirit. Holy Spirit, I invite You to take possession of my soul. Come Holy Spirit, come and transform my life. Holy Spirit, I trust in You. – My Catholic Life*

**RESOURCE: AMORIS LAETITIA VEDIO SERIES**

On March 19, 2021 the Church celebrated five years since the release of Pope Francis’ apostolic exhortation *Amoris Laetitia* on the beauty and joy of life in the family. To mark this occasion, the Pope launched the Year “*Amoris Laetitia Family*,” which concludes on June 26, 2022, at the 10<sup>th</sup> World Meeting of Family in Rome with the Holy Father.

In light of this, the Dicastery for Laity, Family and Life at the Vatican has produced a resource for individuals, families, and smalls groups to delve deeper into the document. Over the course of ten monthly episodes, Pope Francis will discuss each chapter of *Amoris Laetitia*, paired with testimonies of different families who will share some aspects of their daily lives. Each video is accompanied by a free downloadable guide to encourage the reading of *Amoris Laetitia* among families and ecclesial (diocesan, parochial, community) groups. Videos and accompaniment guides will be uploaded as they become available each month. For more information on this video series please go to <http://www.stambroseymouth.ca/>

**FOOD BANK:** The weekend of June 5<sup>th</sup> and 6<sup>th</sup> would



normally be a food bank collection time. Please consider making a donation during the next few weeks. The food bank is only collecting donations of money at this time. You can make a donation in one of the following ways:

1. You can place your donation in an envelope marked FOOD BANK and drop it off at the Parish Centre mail slot between the hours of 9:30 to 1:00.

2. You can mail your donation directly to the food bank treasurer, Art McPhee at 4624Hwy 1, Woodvale NS, B5A 5B1.

**QUOTE OF THE WEEK:** A person’s rightful due is to



be treated as an object of love, not as an object for use. -St. John Paul II

**SEVEN GIFTS OF THE HOLY SPIRIT:**

**Fear of the Lord:** With this gift the Christian becomes keenly aware of anything that may hurt his/her relationship with God. There is a holy “fear” of hurting this relationship and grace is given to avoid these things at all cost.

**Wisdom:** With this gift the Christian is given a special grace to “ponder divine realities” in his/her speculative reason. We are able to see the big picture and know how best to be an instrument of peace and harmony in our world.

**Understanding:** This is the ability to have a supernatural assurance of the matters of faith. Life makes sense. We can make sense of the deeper parts of revelation, make sense of suffering and understand those things that tempt us to doubt. With this gift we come to see how everything in life can work for good in accordance with God’s plan.

**Knowledge:** With this gift the Christian knows, more in the practical intellect, what God’s will is in this or that situation. We know how to live, how to discern God’s will and what decision to make in our daily life. It also enables us to learn from our past mistakes.

**Counsel:** With this gift the Christian sees him/herself as a link in a chain which makes up the entire Church. God uses each one of us to help and support one another on our journey. We know what to say and how to act so as to do our part to build up one another.

**Fortitude:** Simply put, it is a firmness of mind and spirit to do good and avoid evil. It’s a sort of Christian courage. The Gospel will call all of us to a radical life of love. Fortitude gives us the strength we need to follow through.

**Piety:** This gift enables us to first reverence and love God, but also to see the dignity of one another and reverence each other as children of God.